

# PET Developments and Progress

Y. Arnoud

Université Joseph Fourier

LPSC Grenoble, France

[yannick.arnoud@lpsc.in2p3.fr](mailto:yannick.arnoud@lpsc.in2p3.fr)



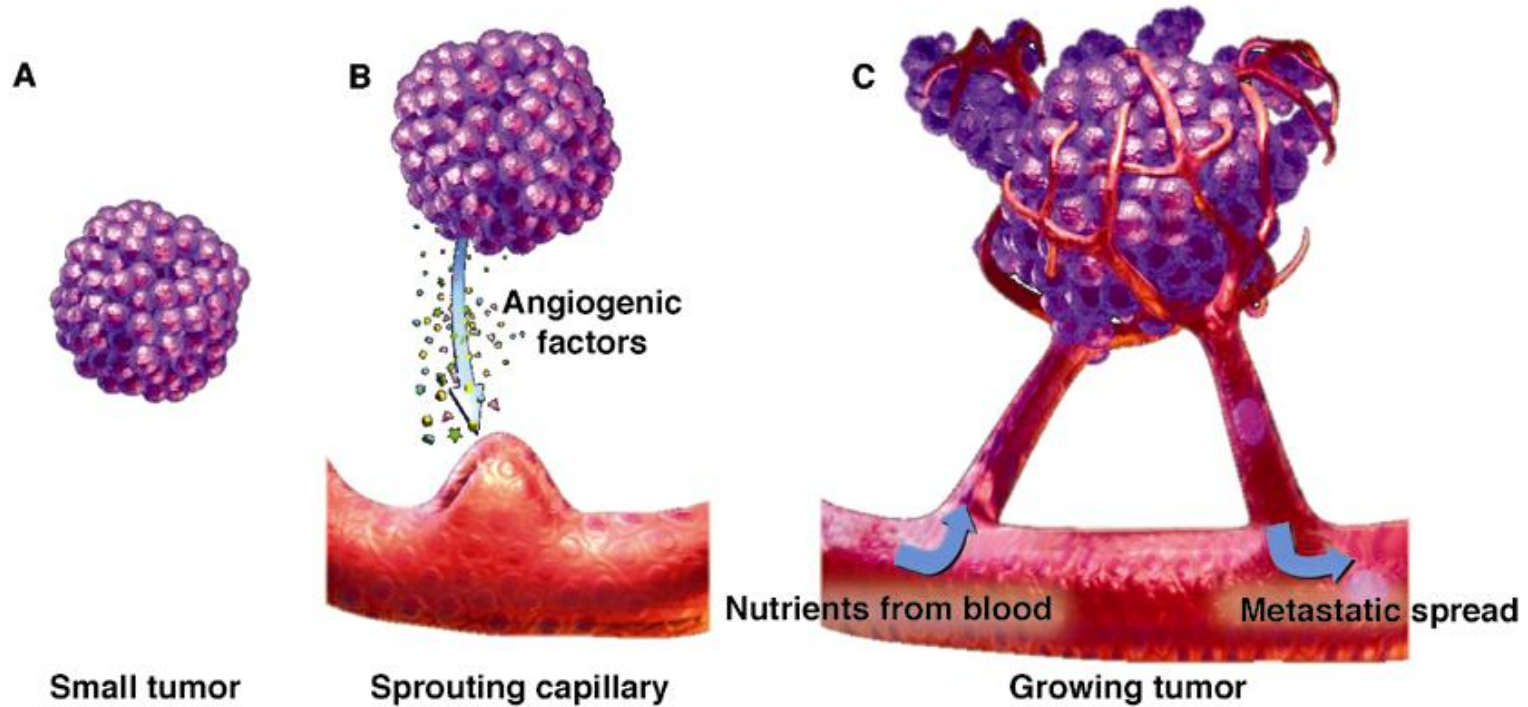
SSHEMP May 20<sup>th</sup> 2014

# Basics on Positron Emission Tomography

- Metabolism imaging
- Sinogram
- Correcting for detector effects
- Attenuation map
- Quantification

## Metabolism imaging

On the metabolism side, cancer cells are very different from normal cells. They divide much faster and need large amounts of energy to do so.

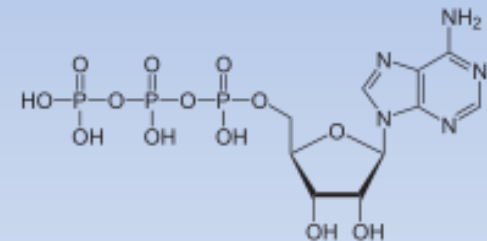
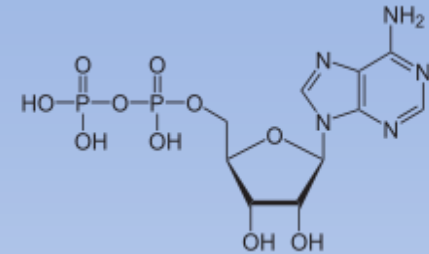
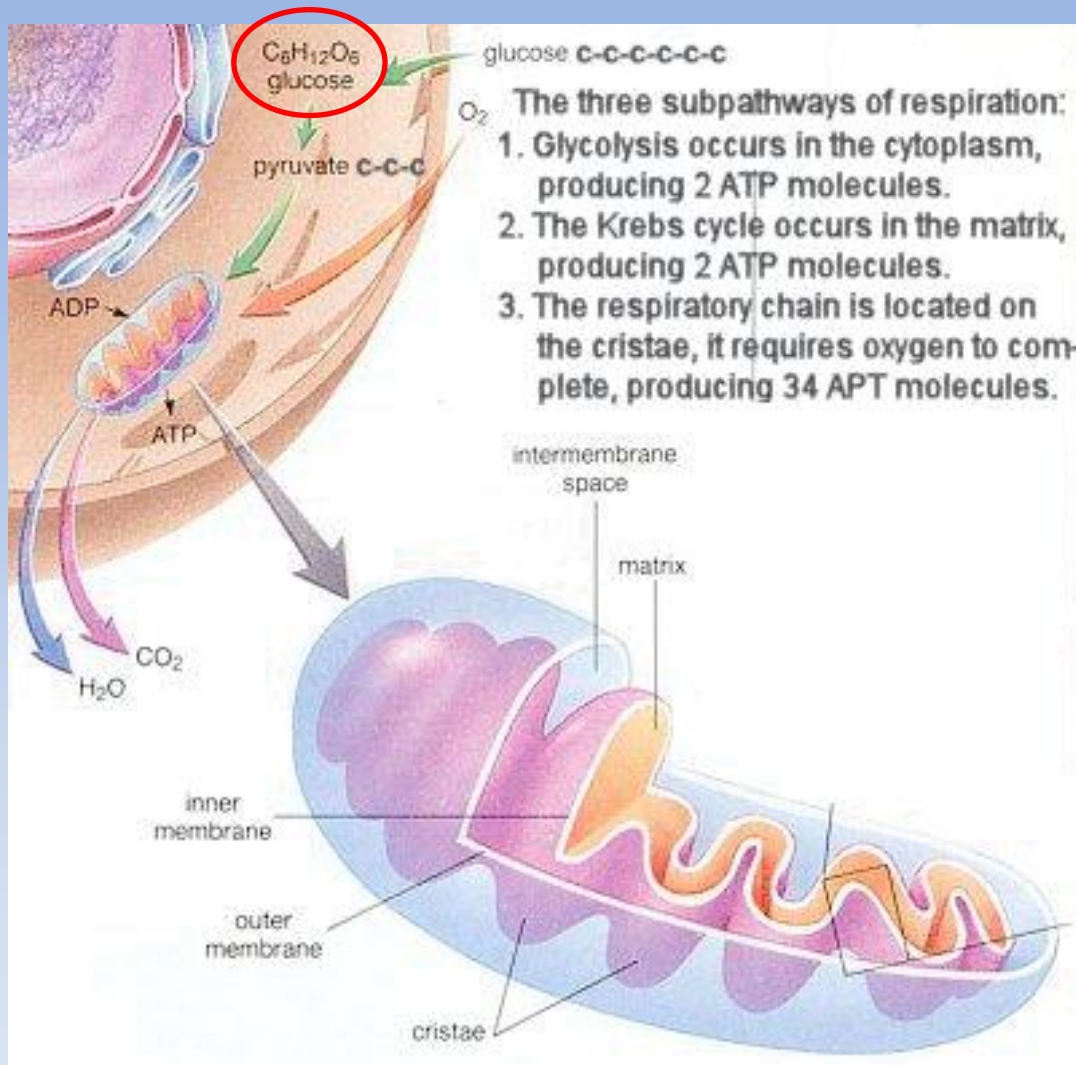


**Active tumor = need for energy**

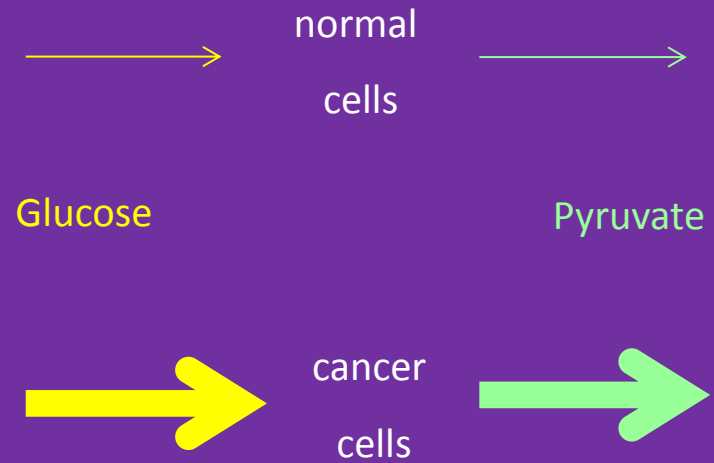
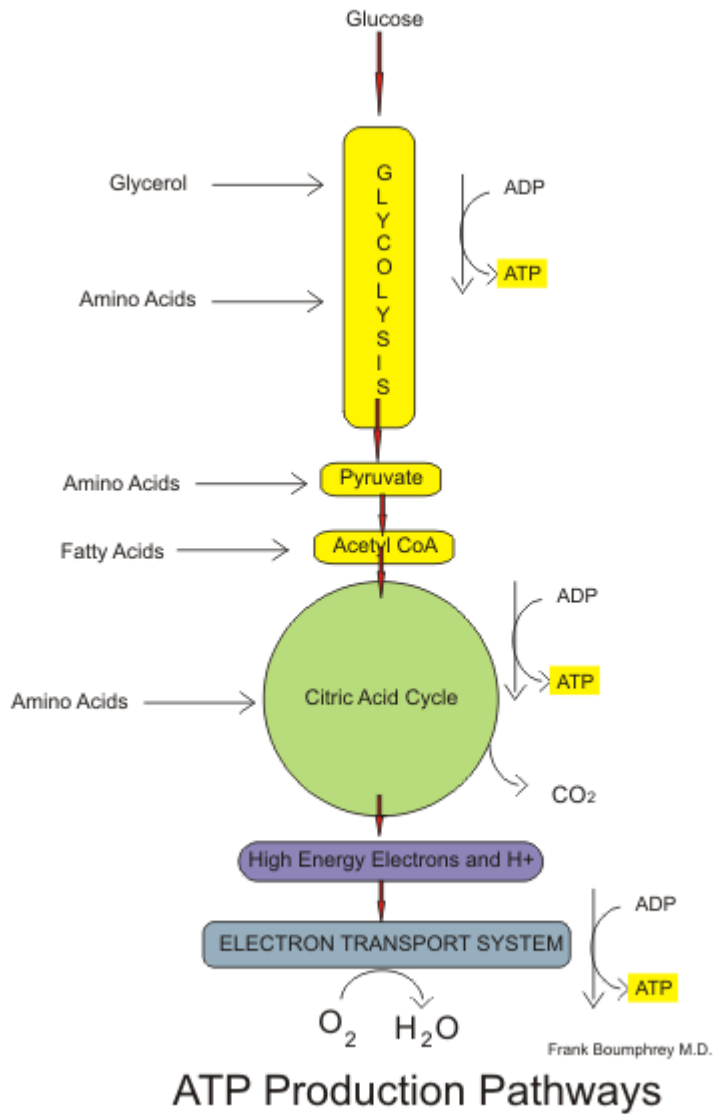
Energy comes from

ADP is "recharged" to ATP in the mitochondria

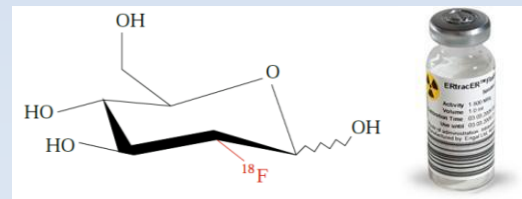
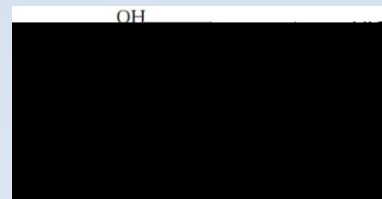
# Metabolism imaging



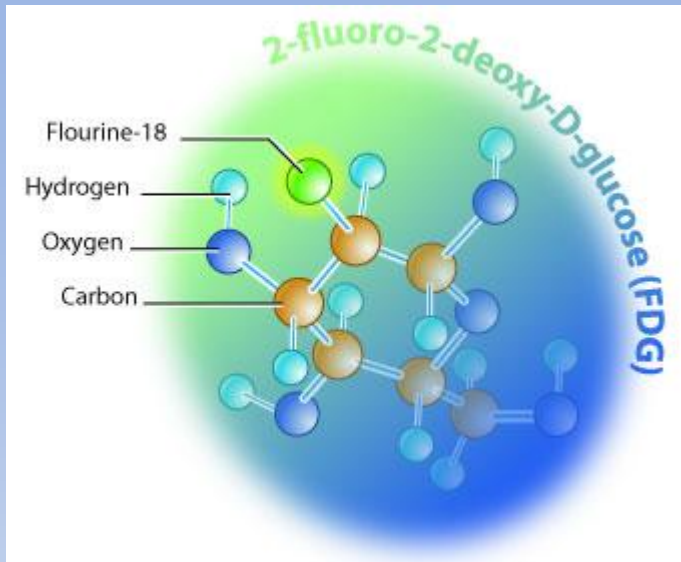
# Metabolism imaging



The tracer consists of a molecule analog to glucose associated with a radioactive beta+ emitter.



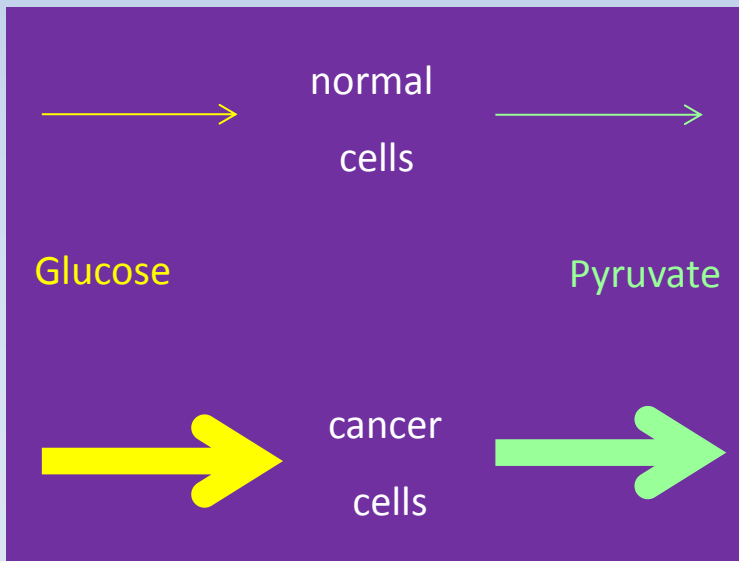
## A radiotracer for tumor cells : the $^{18}\text{F}$ -FDG



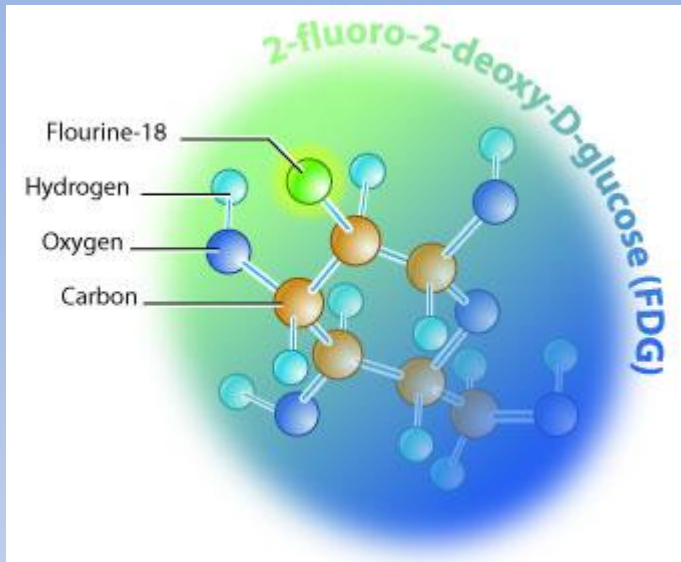
Because of its slightly different composition, the FDG cannot be metabolized into pyruvate.

The FDG is absorbed by the cells needing energy as considered as glucose, but **remains trapped until fluorine turns to oxygen**, after the beta decay.

The physiological properties are restored and the FDG can be metabolized. The concentration of FDG is an image of the glucose uptake.



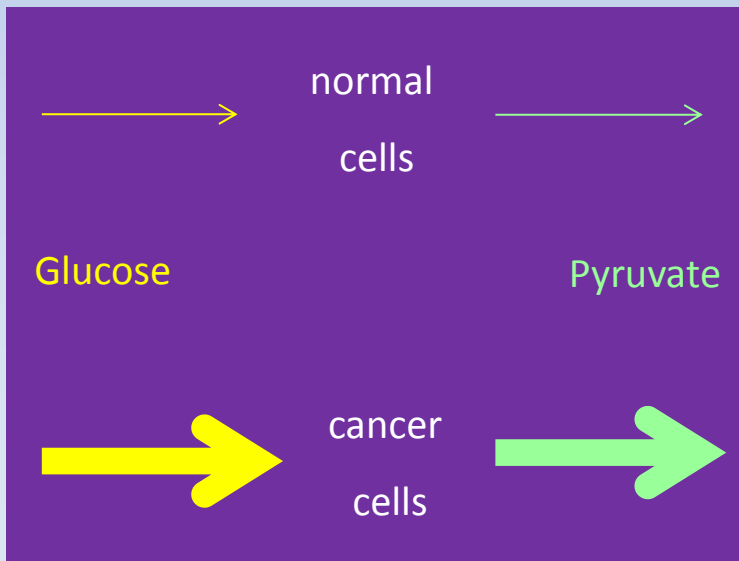
## A radiotracer for tumor cells : the $^{18}\text{F}$ -FDG



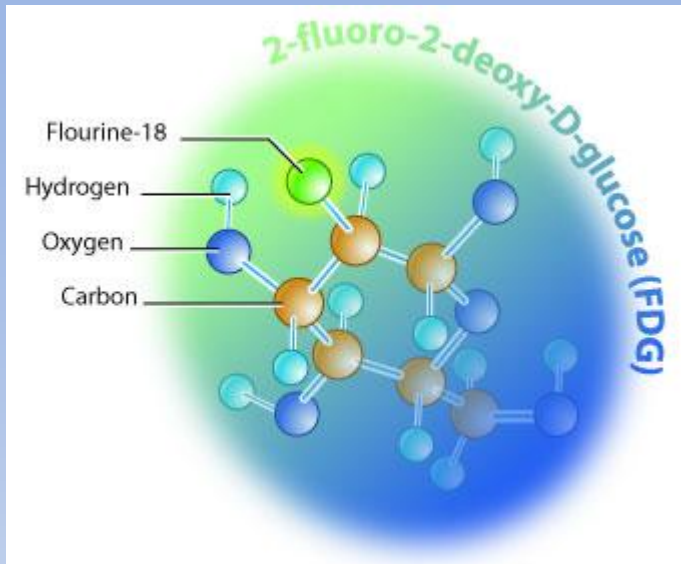
Because of its slightly different composition, the FDG cannot be metabolized into pyruvate.

The FDG is absorbed by the cells needing energy as considered as glucose, but **remains trapped until fluorine turns to oxygen**, after the beta decay.

The physiological properties are restored and the FDG can be metabolized. The concentration of FDG is an image of the glucose uptake.



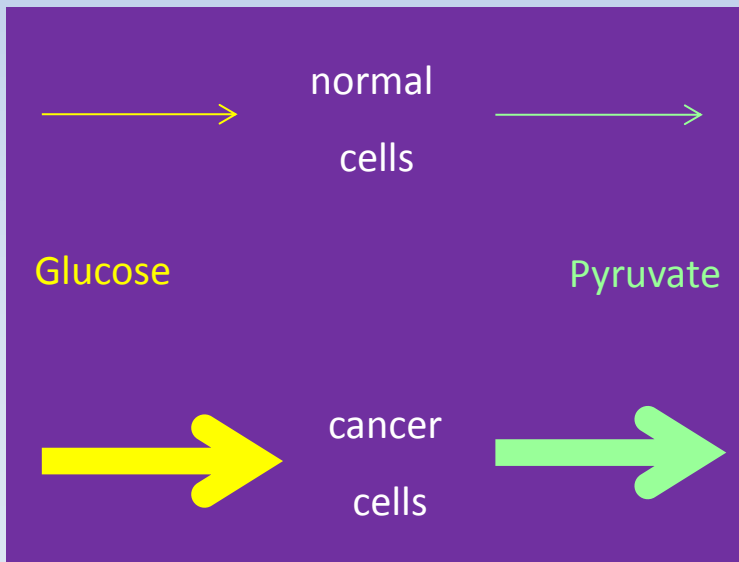
## A radiotracer for tumor cells : the $^{18}\text{F}$ -FDG



Because of its slightly different composition, the FDG cannot be metabolized into pyruvate.

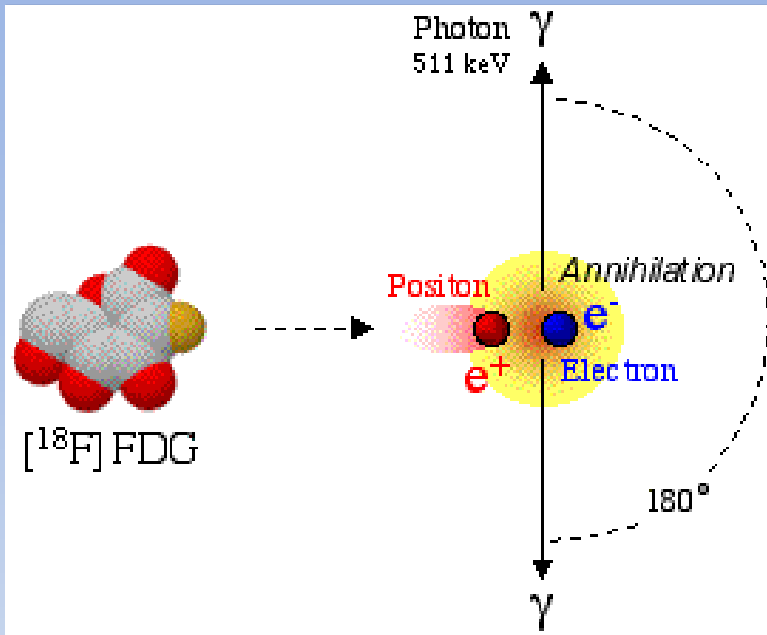
The FDG is absorbed by the cells needing energy as considered as glucose, but **remains trapped until fluorine turns to oxygen**, after the beta decay.

The physiological properties are restored and the FDG can be metabolized. The concentration of FDG is an image of the glucose uptake.



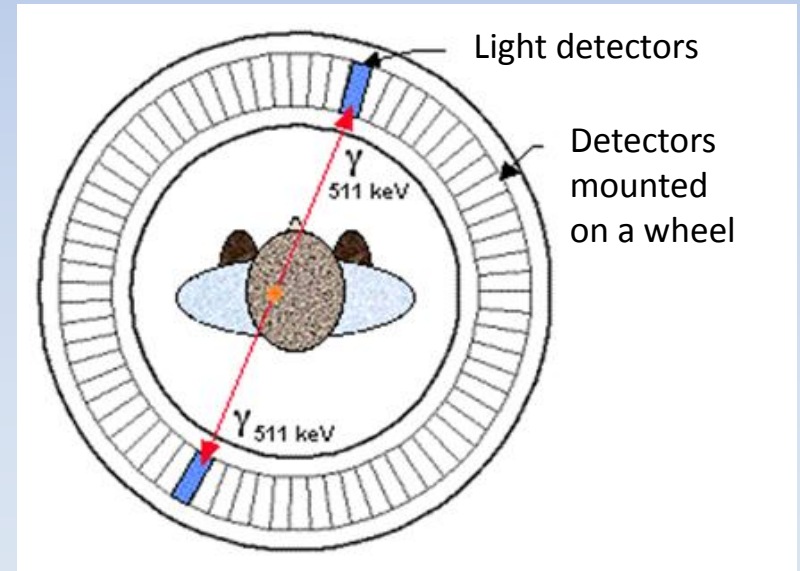


# The Positron Emission Tomography

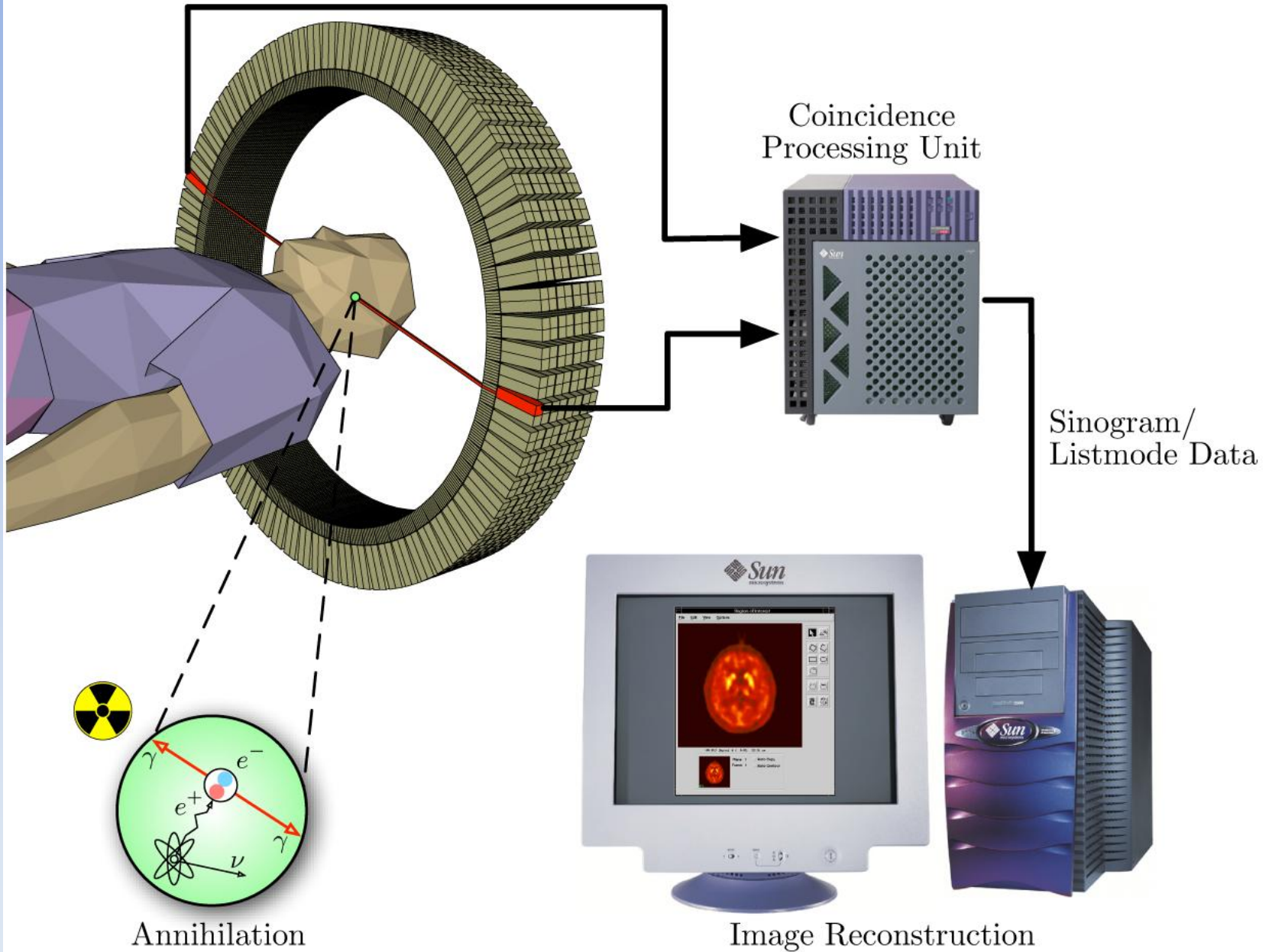


Photon detectors surrounding the patient detect pairs of 511 keV annihilation photons. Data is analyzed and allows to locate the beta+ emitters, where FDG has accumulated.

Positron from the fluor 18 nucleus decay loses its energy on a few millimeters in water, then annihilates with a nearby electron (97% of  $e^+$  annihilations happens at rest). Two 511 keV photons are emitted back to back.



# PET workflow



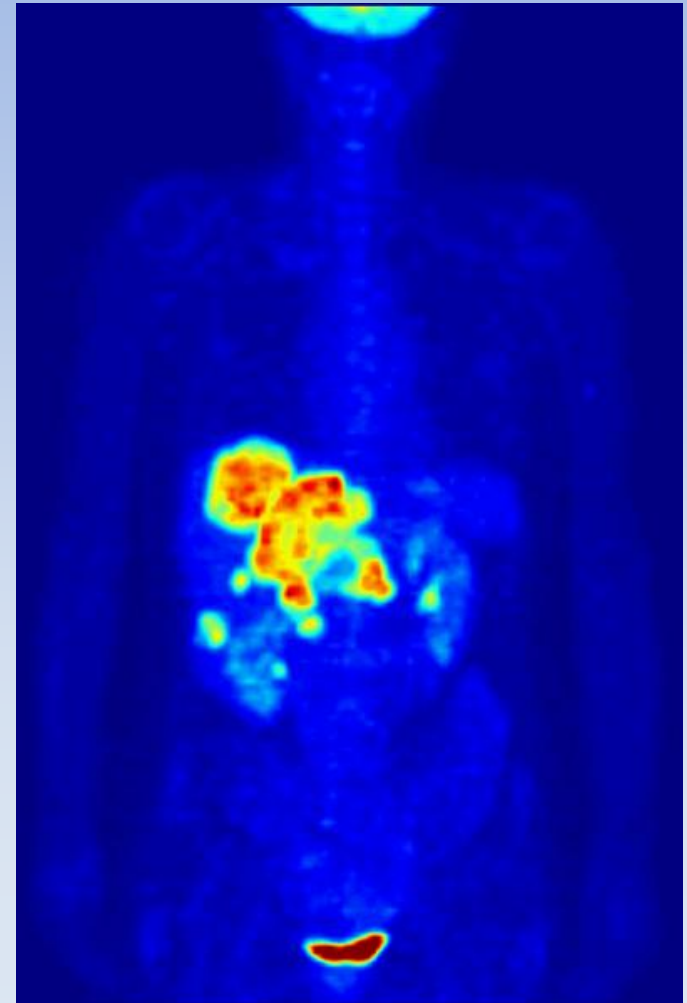
## Naïve approach :

Inject patient with specific marker (pure beta+ emitter) and reconstruct images to sign tumors.

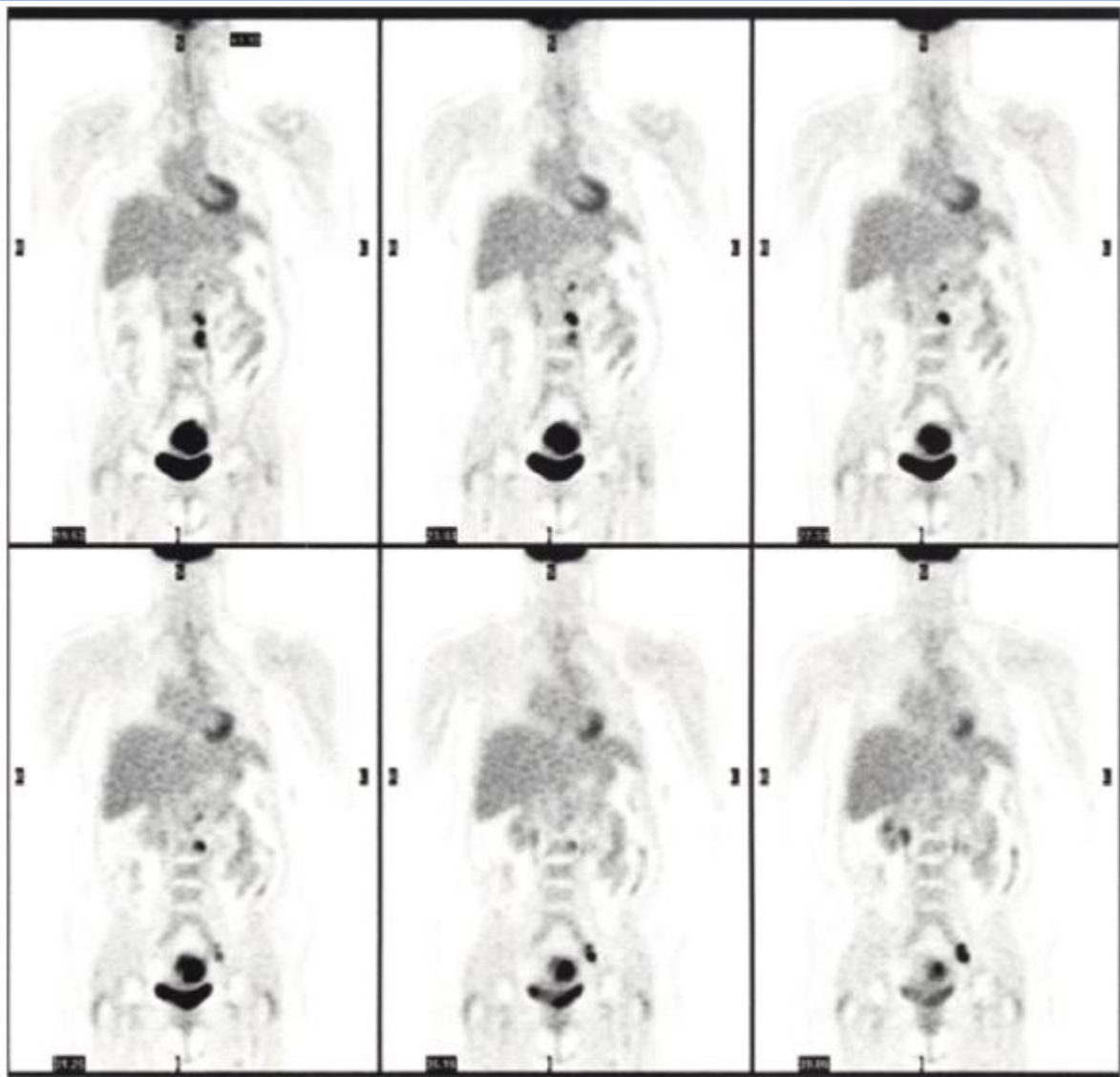
### Radiotracers & radiopharmaceuticals

### Examples of biomedical applications

[ <sup>15</sup> O]oxygen	oxygen metabolism
[ <sup>15</sup> O]carbon monoxide	blood volume
[ <sup>15</sup> O]carbon dioxide	blood flow
[ <sup>15</sup> O]water	blood flow
[ <sup>13</sup> N]ammonia	blood flow
[ <sup>18</sup> F]FDG	glucose metabolism
[ <sup>18</sup> F]FMISO	hypoxic tissue
[ <sup>18</sup> F]MPPF	serotonin 5HT <sub>1A</sub> receptors
[ <sup>18</sup> F]A85380	nicotinic acetylcholine receptors
[ <sup>18</sup> F]FLT	DNA proliferation
[ <sup>11</sup> C]SCH23390	dopamine D1 receptor
[ <sup>11</sup> C]Ro151788	central benzodiazepine receptor
[ <sup>11</sup> C]PK11195	peripheral benzodiazepine receptor
[ <sup>11</sup> C]PIB	amyloid plaque: Alzheimer's disease
[ <sup>11</sup> C]AG1478	EGF receptors
[ <sup>11</sup> C]choline	biosynthesis of phospholipids



## FDG uptake after an injection



### Time-lapse Images of 18-FDG Uptake.

Initially, the tracer has high uptake in the cardiac and renal systems.

As time goes by, 18-FDG accumulates at the site of the tumor in the lower abdomen.

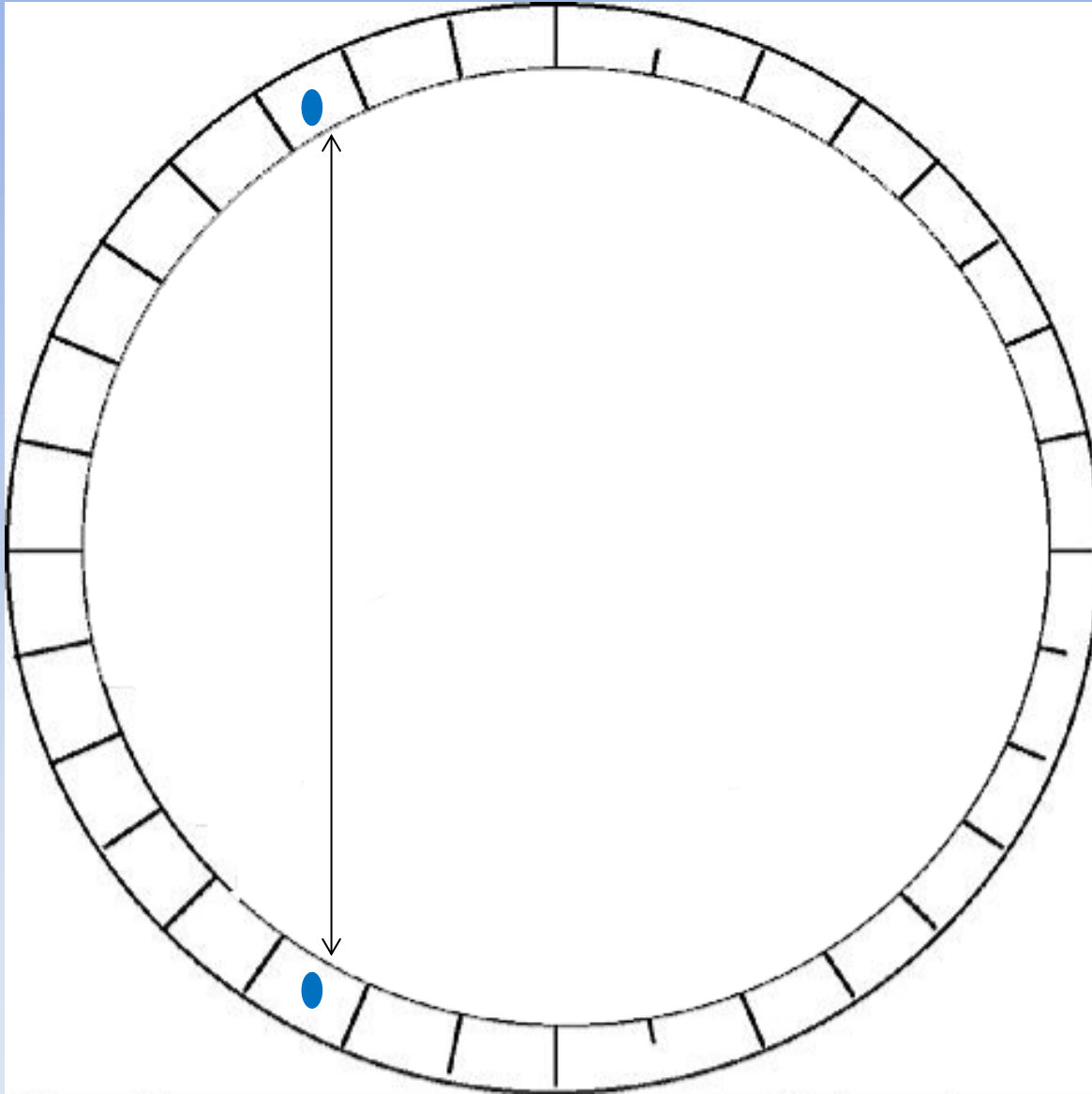
In addition, metabolic imaging detected multiple lymph node metastases along the left iliac and left para-aortic chains. (Driedger)

### Functional imaging :

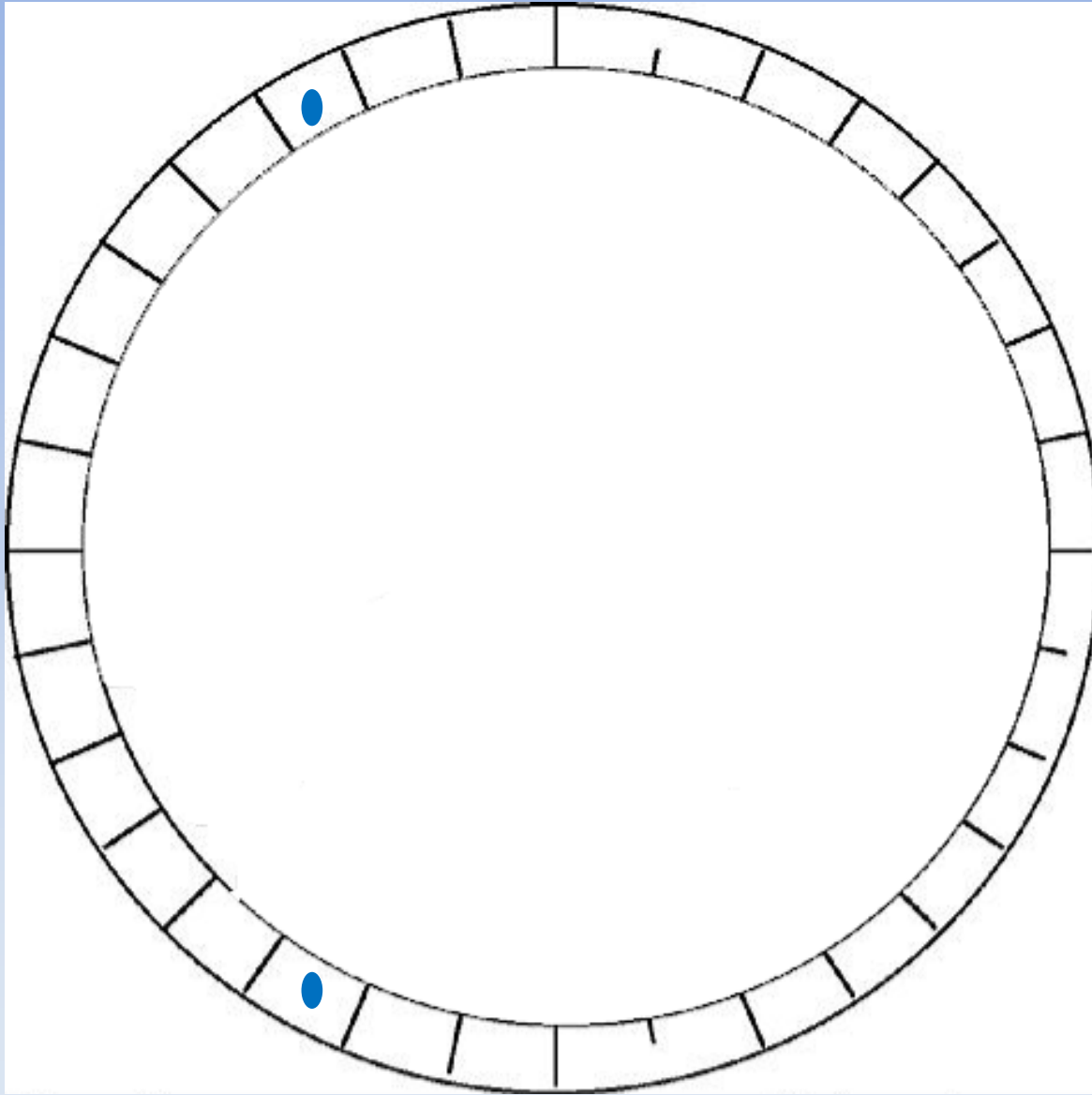
Huge amount of data (>150 Mb per second!!!) : can be “projected” on a sinogram or recorded in *listmode*.

- accumulate data (static image)
- dynamic mode (dynamic images)

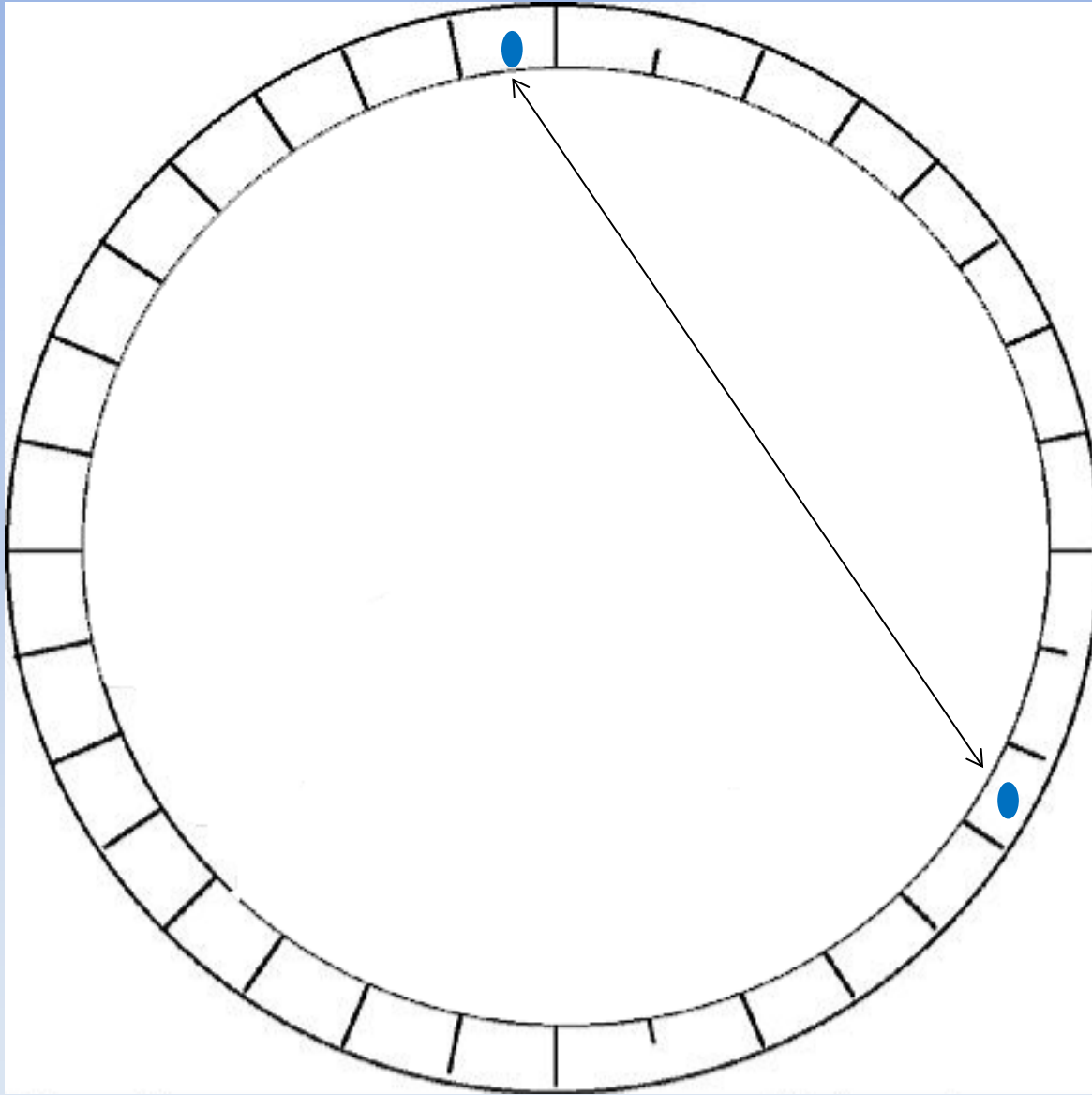
## Building a Sinogram



## Building a Sinogram

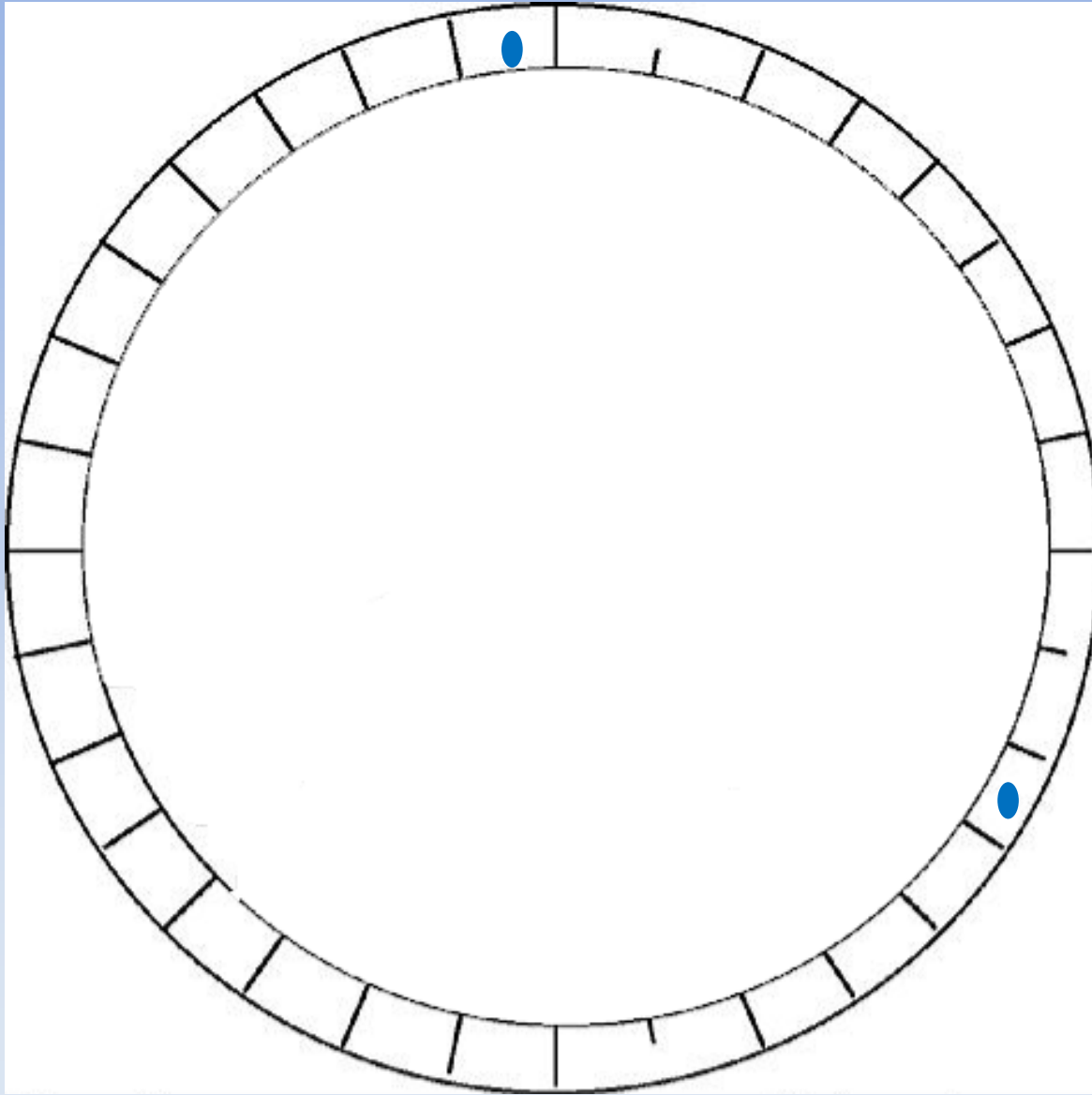


## Building a Sinogram



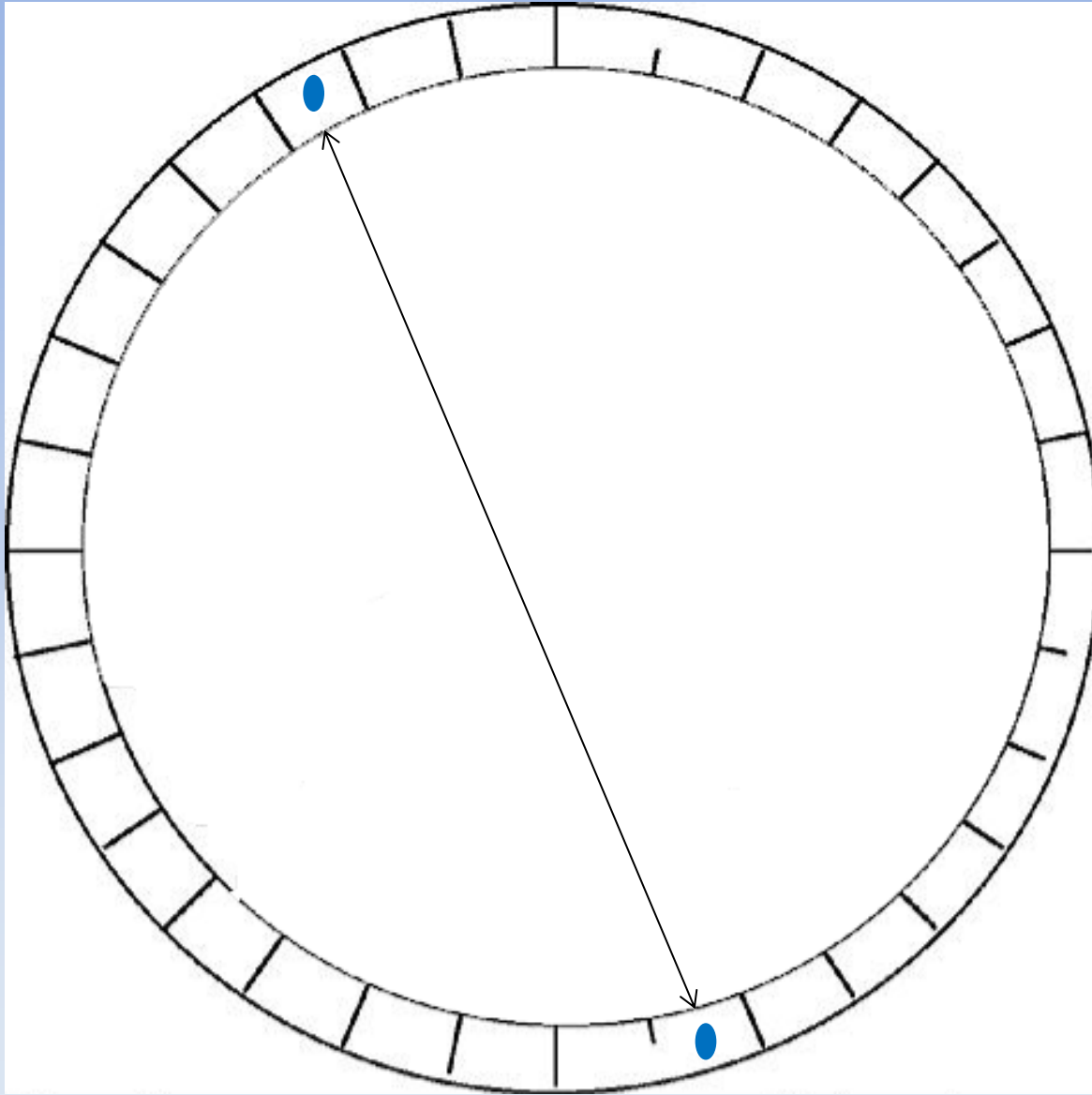


## Building a Sinogram

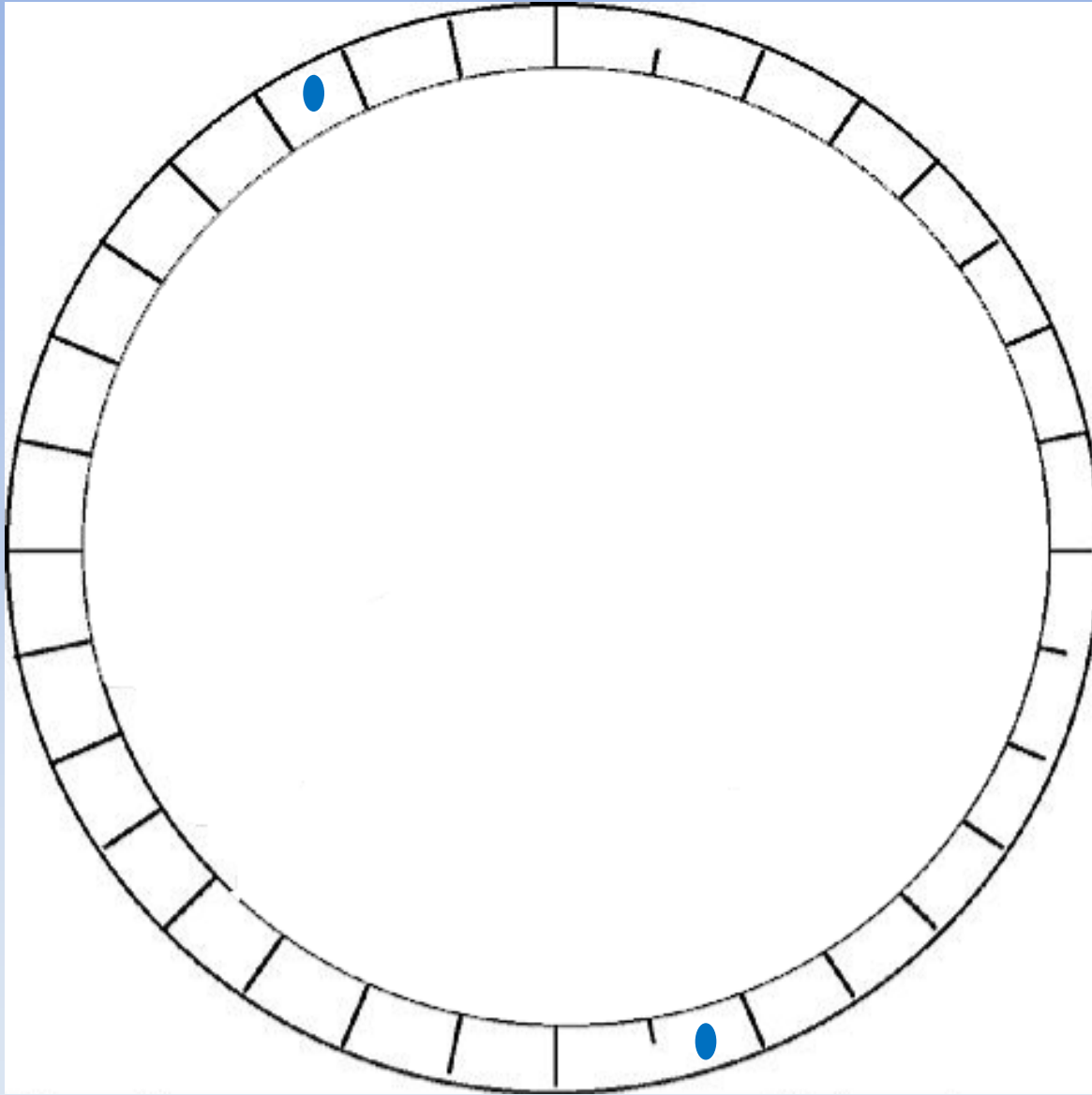




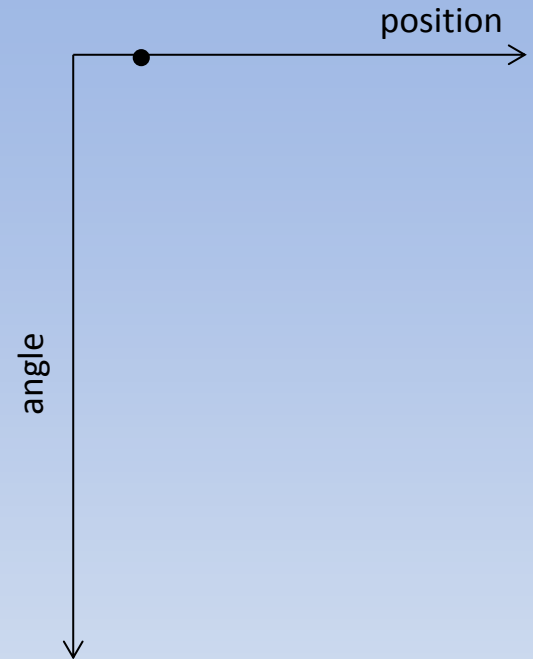
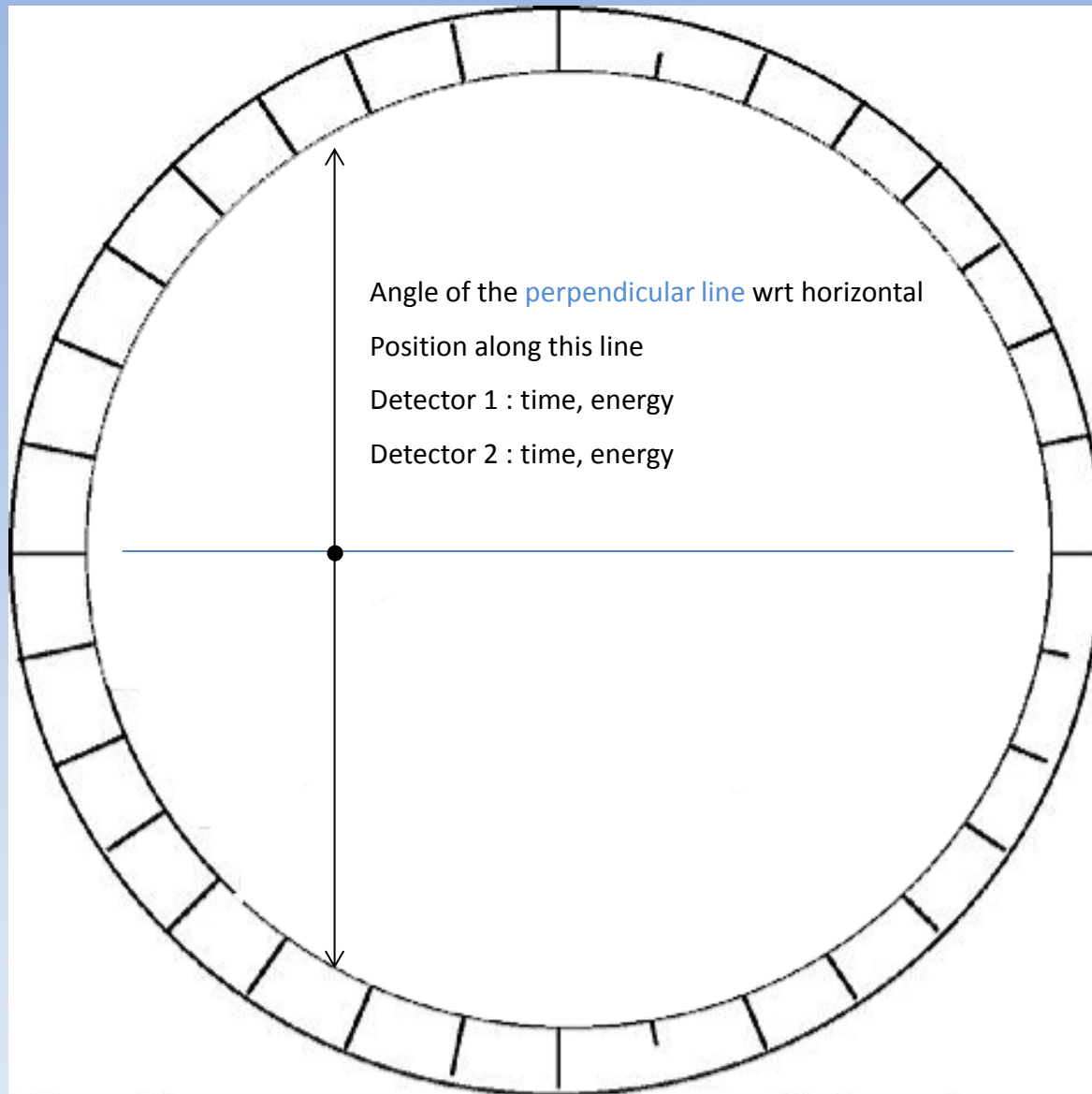
## Building a Sinogram



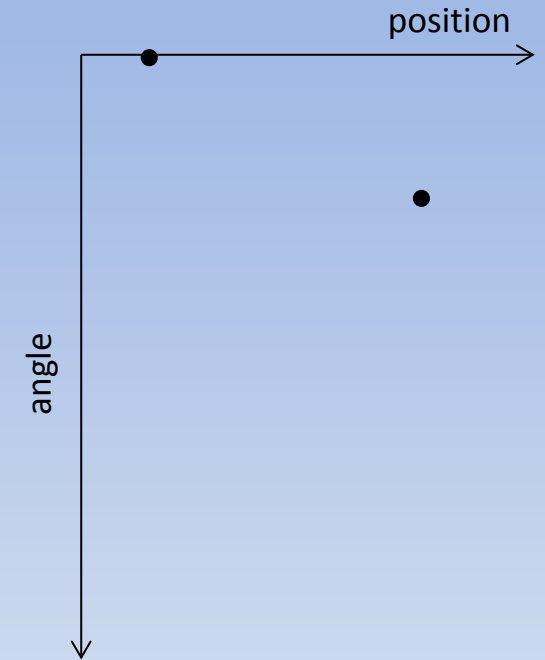
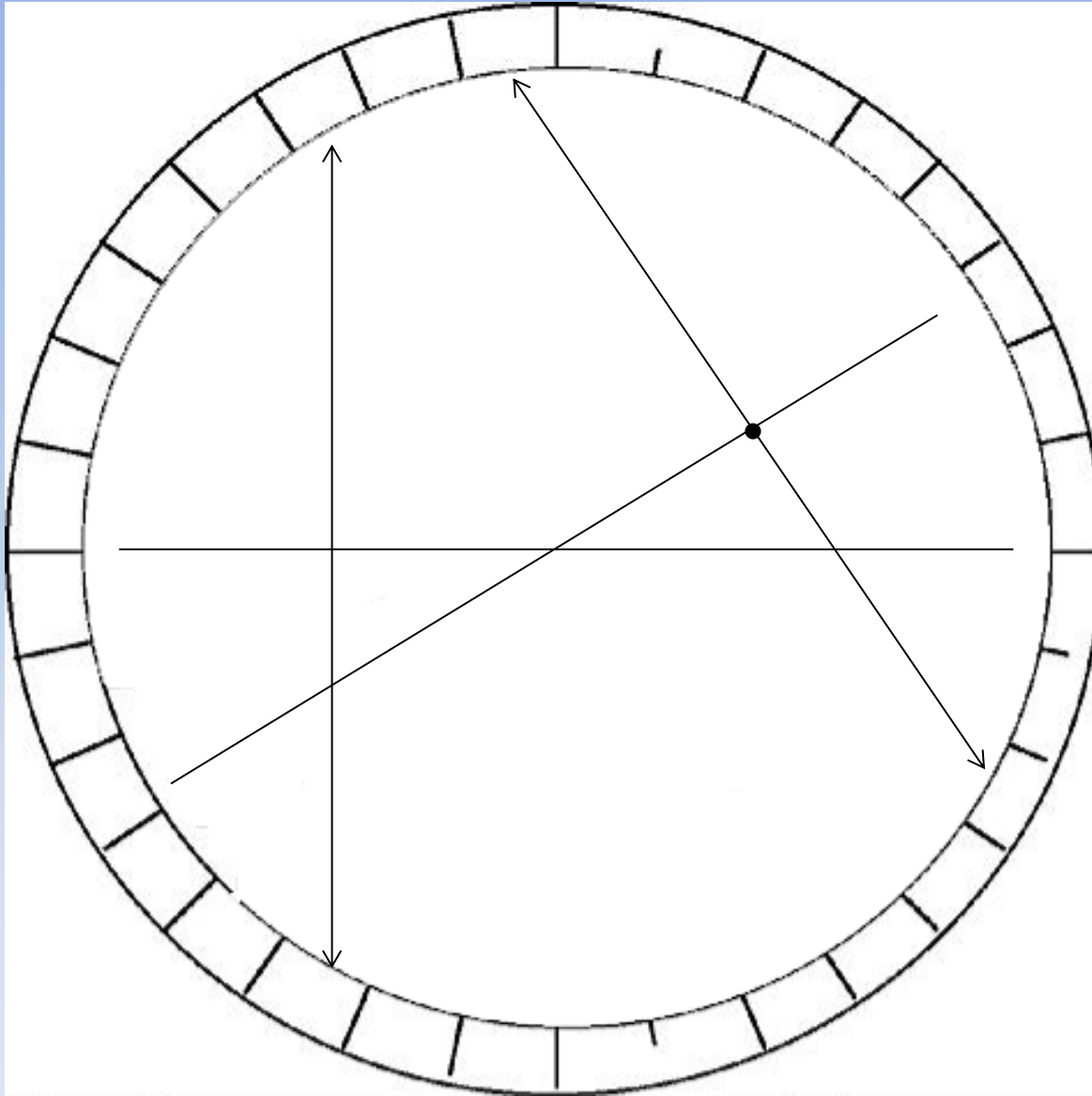
## Building a Sinogram



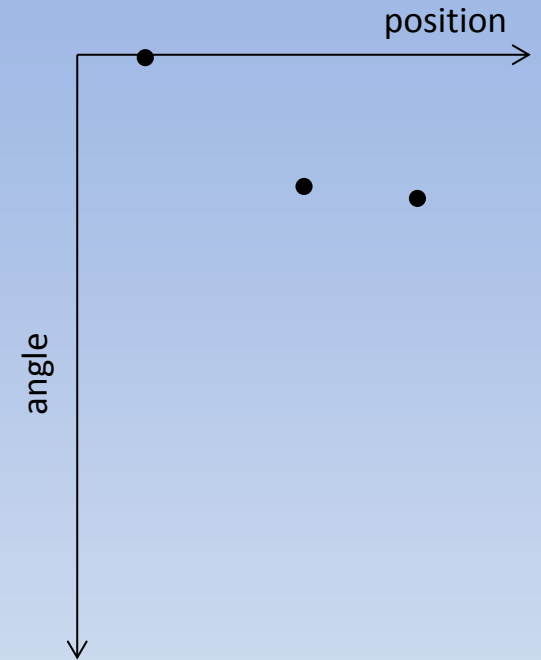
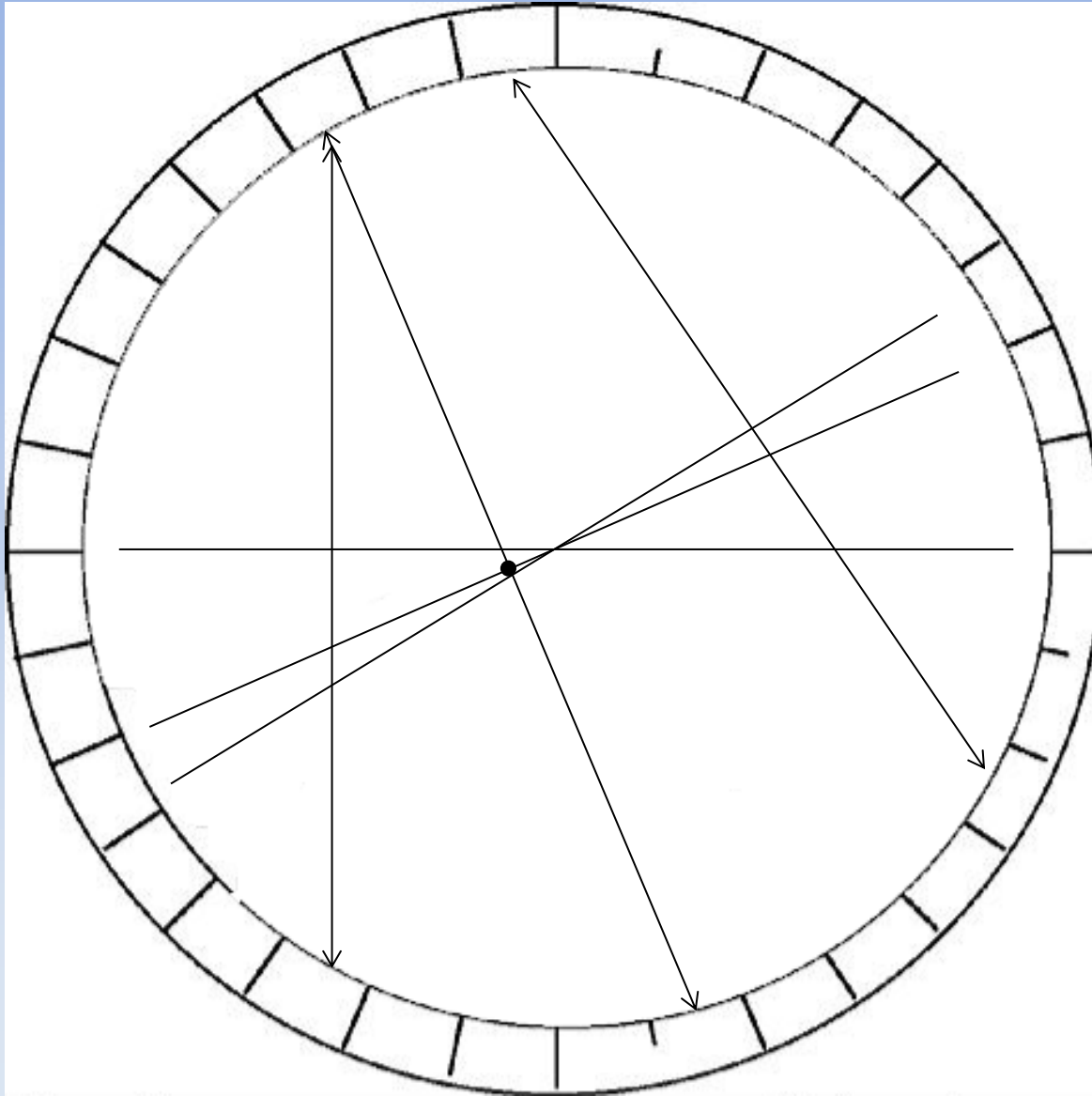
## Building a Sinogram



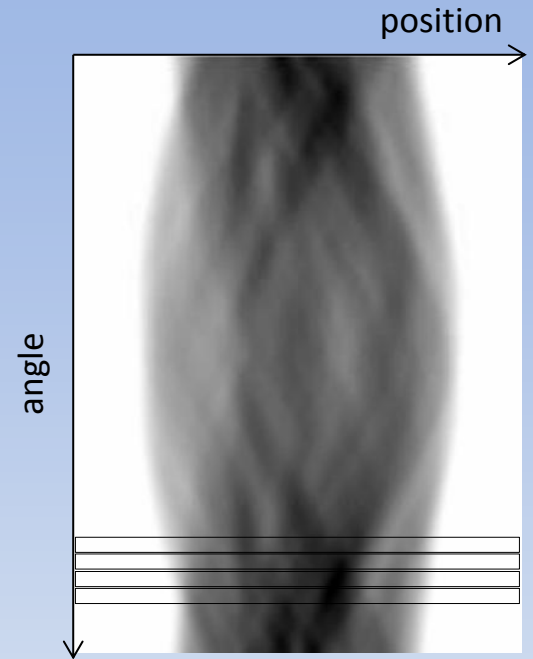
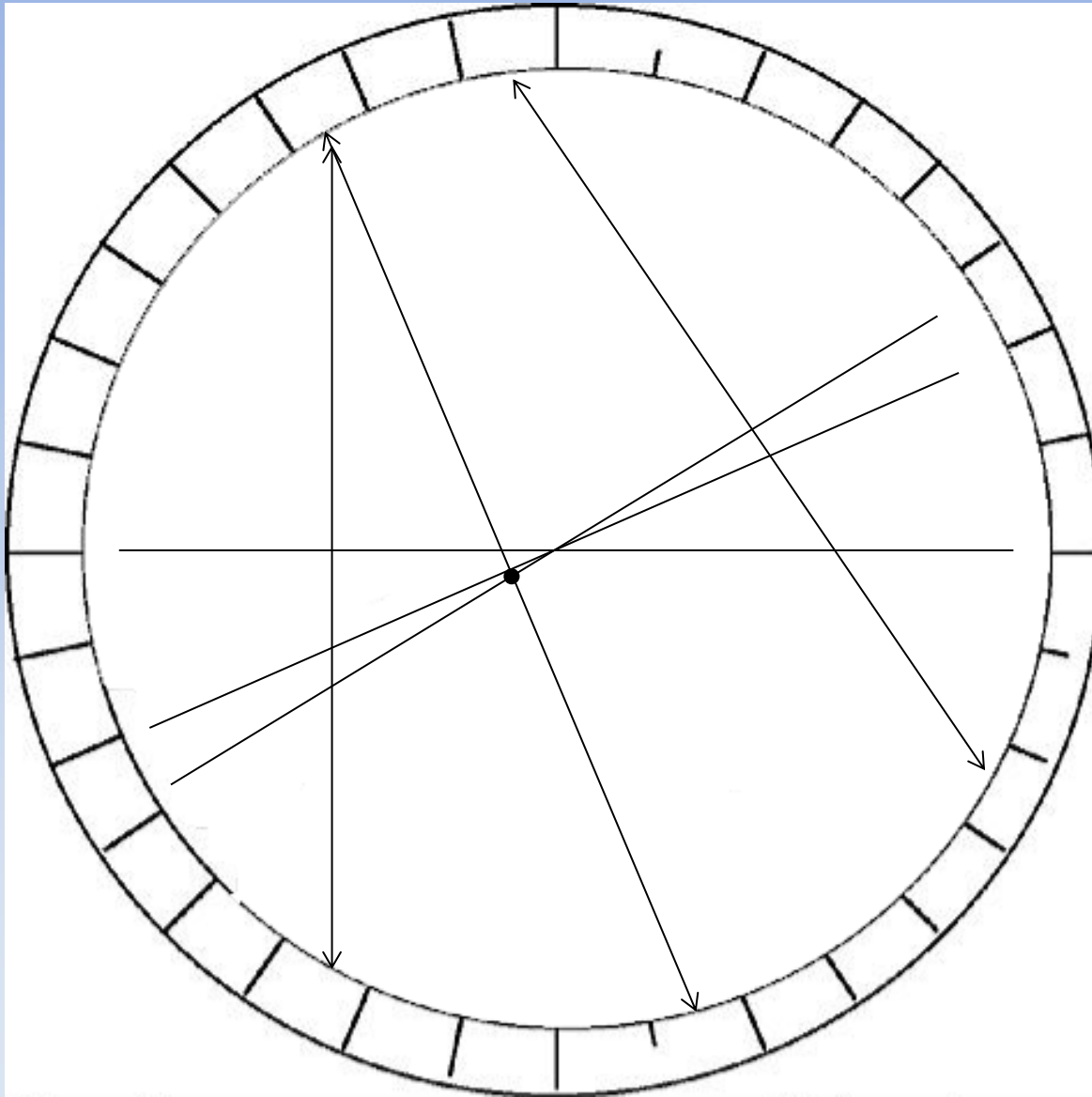
## Building a Sinogram



## Building a Sinogram



## Building a Sinogram

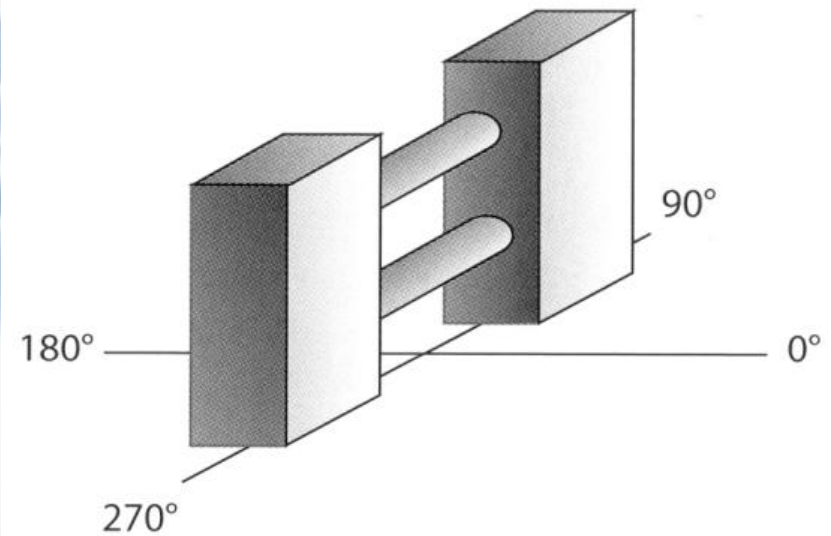
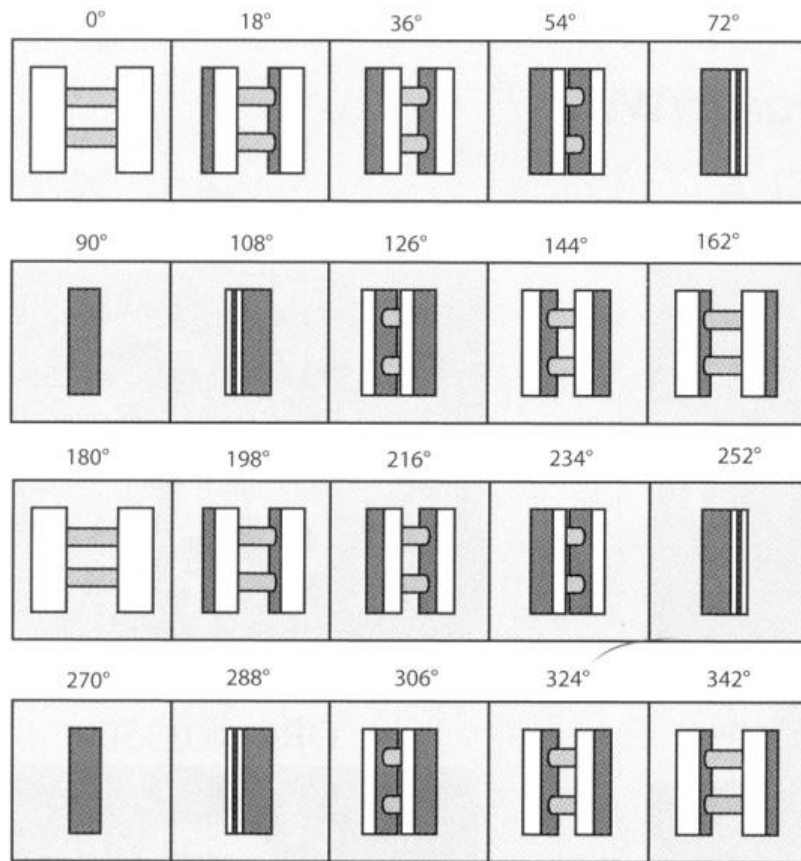


Set of 1D intensities, one for each projection angle



Location of F-18, in 2D

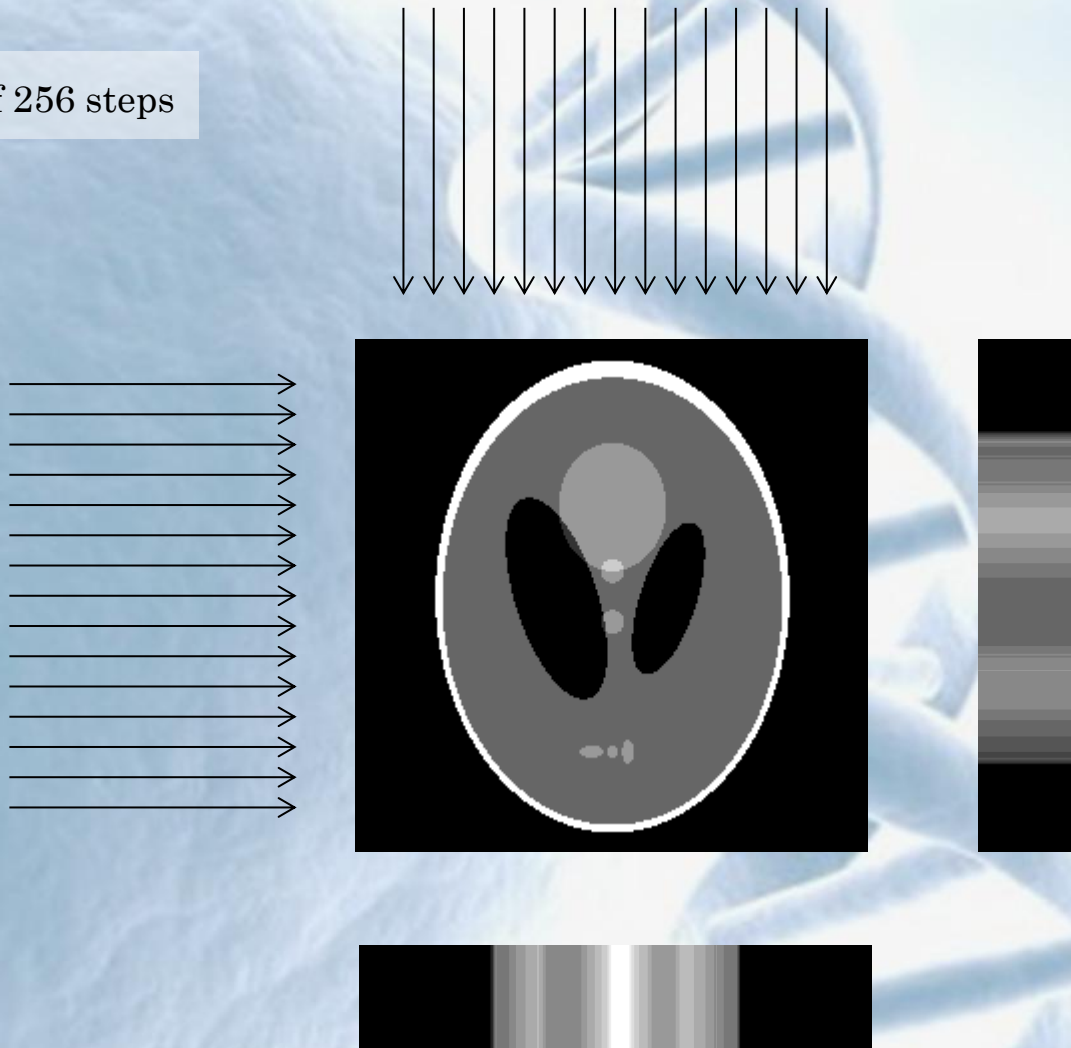
# Tomography : how to get an extra dimension (eg : 2D $\rightarrow$ 3D) ?



*J-P<sub>08</sub>*



2 projections of 256 steps

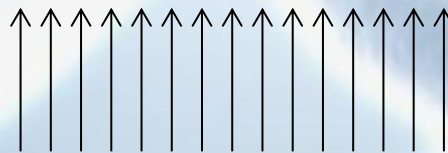
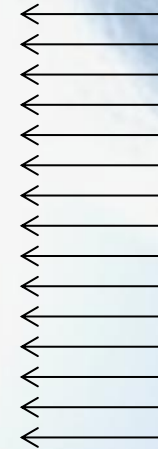
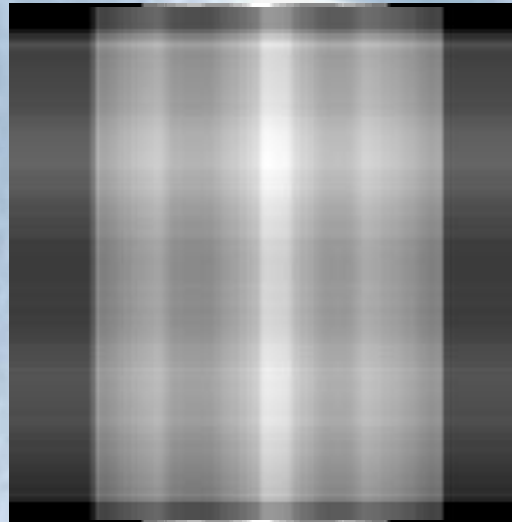
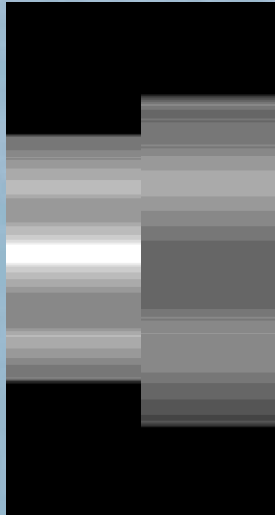




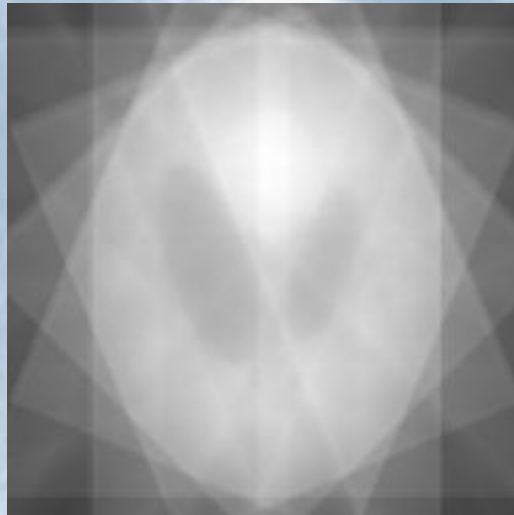
From 2 projections of 256 steps to the sinogram



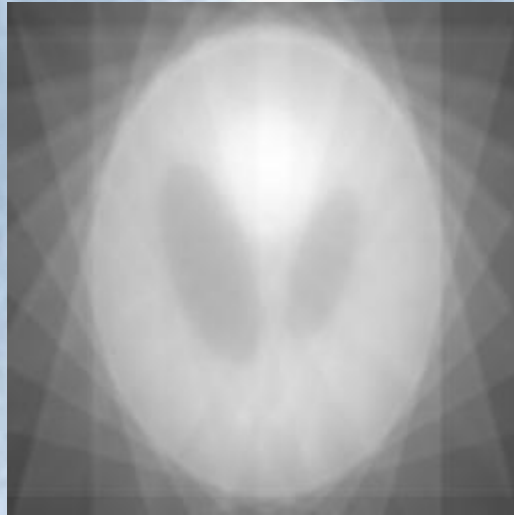
Back propagation of the sinogram with 2 projections



Back propagation of the sinogram with 8 projections



Back propagation of the sinogram with 12 projections





Back propagation of the sinogram with 24 projections



Back propagation of the sinogram with 180 projections

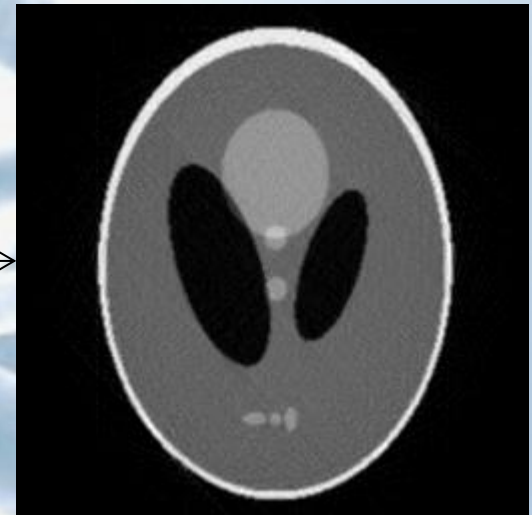
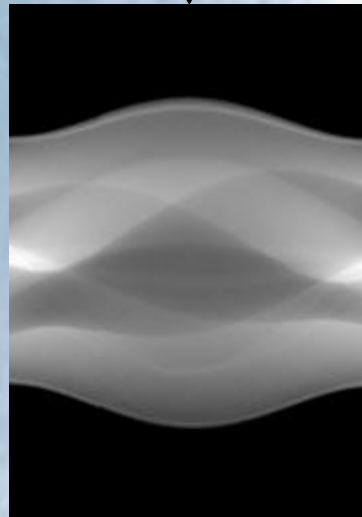


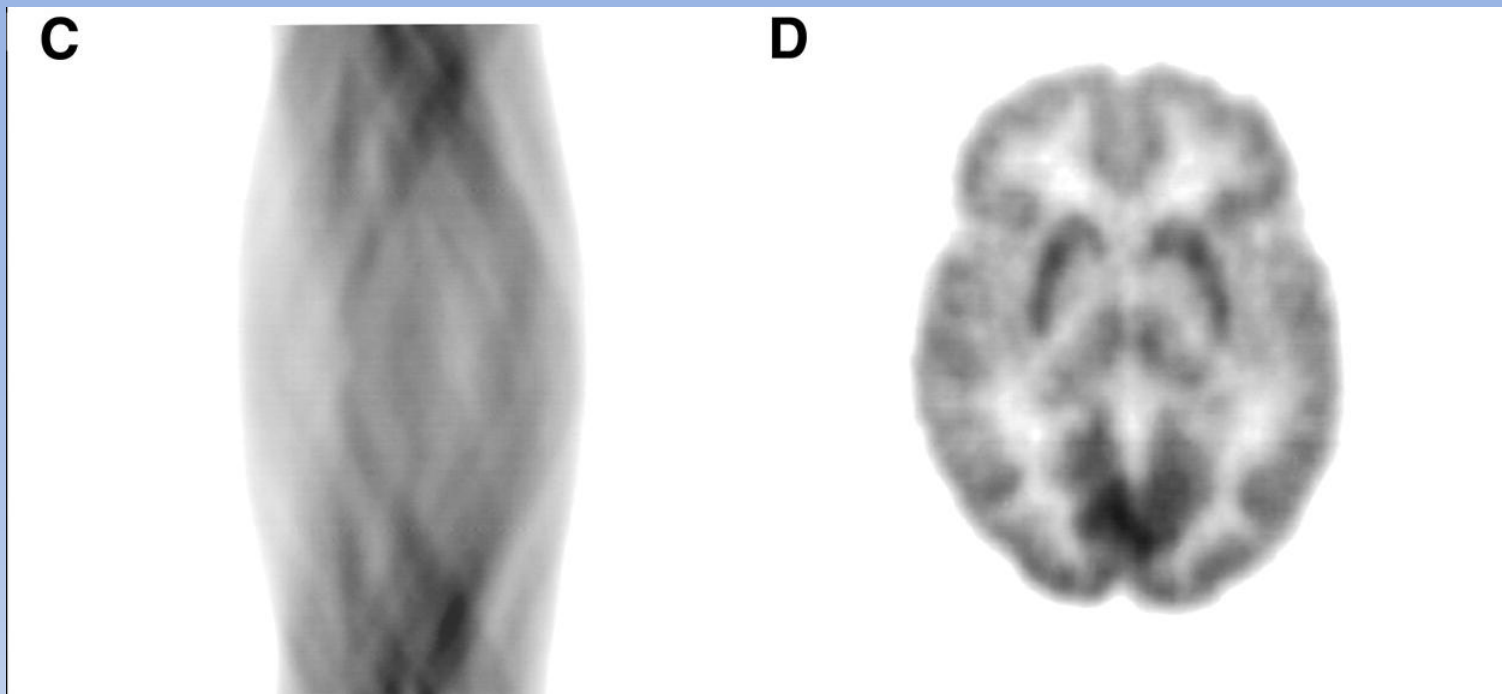
Radon transform

180 projections, 256 steps

Inverse Radon transform

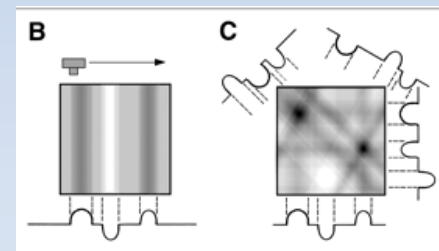
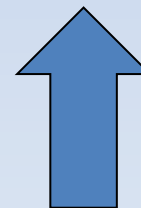
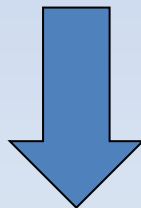
**Filtered** Inverse Radon transform





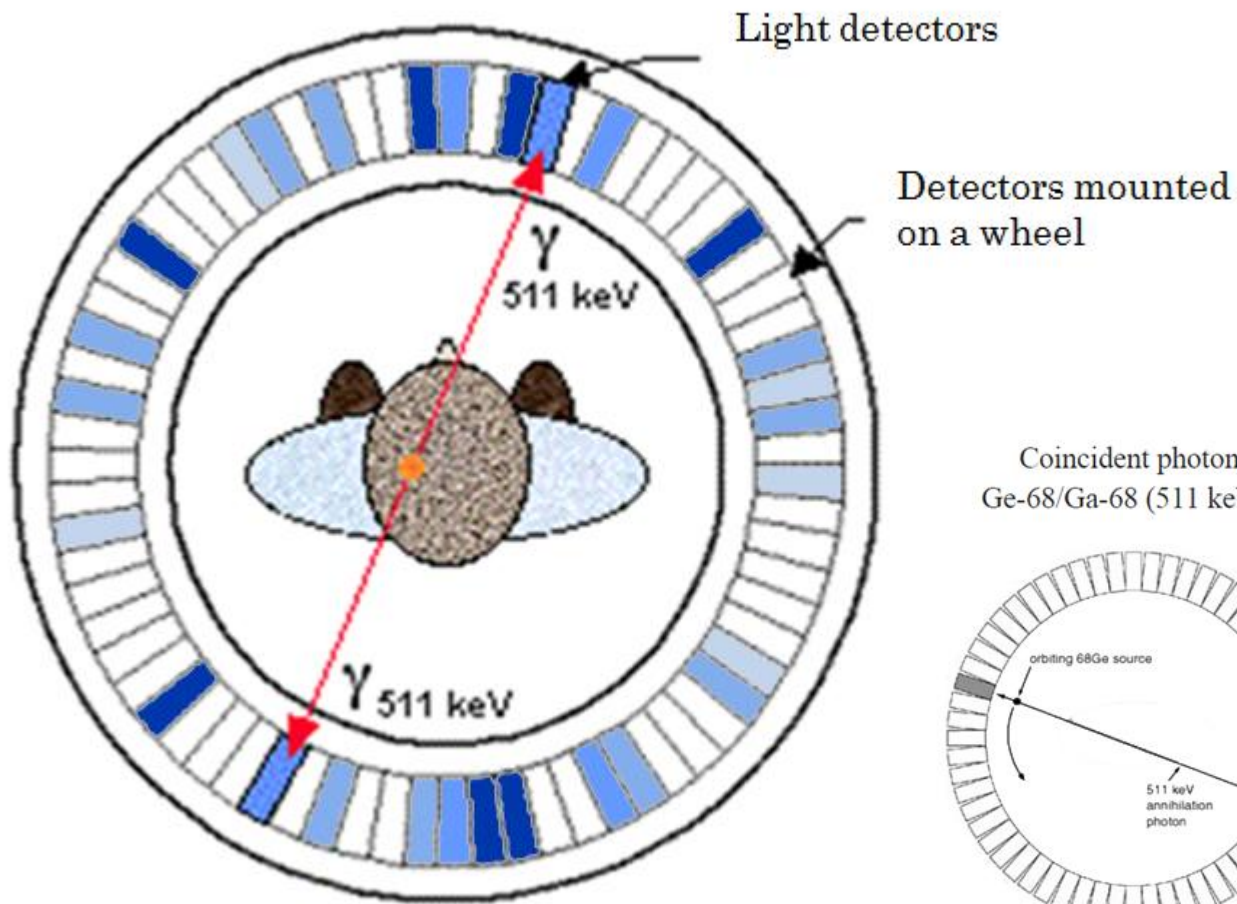
Sinogram  
(or data in listmode)

Reconstructed image

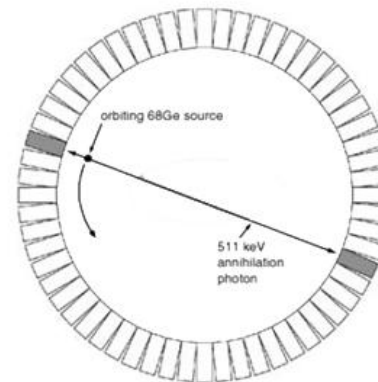


Corrections + Radon inverse transform + filtering + ...  
or corrections + OSEM 3D (ordered subset expectation maximization)

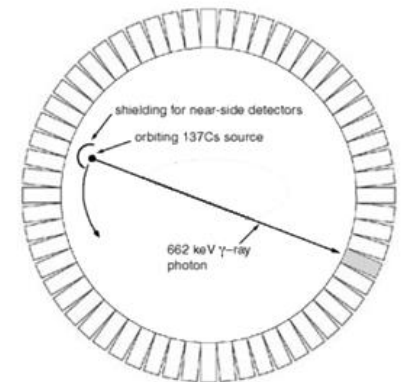




Coincident photon  
Ge-68/Ga-68 (511 keV)

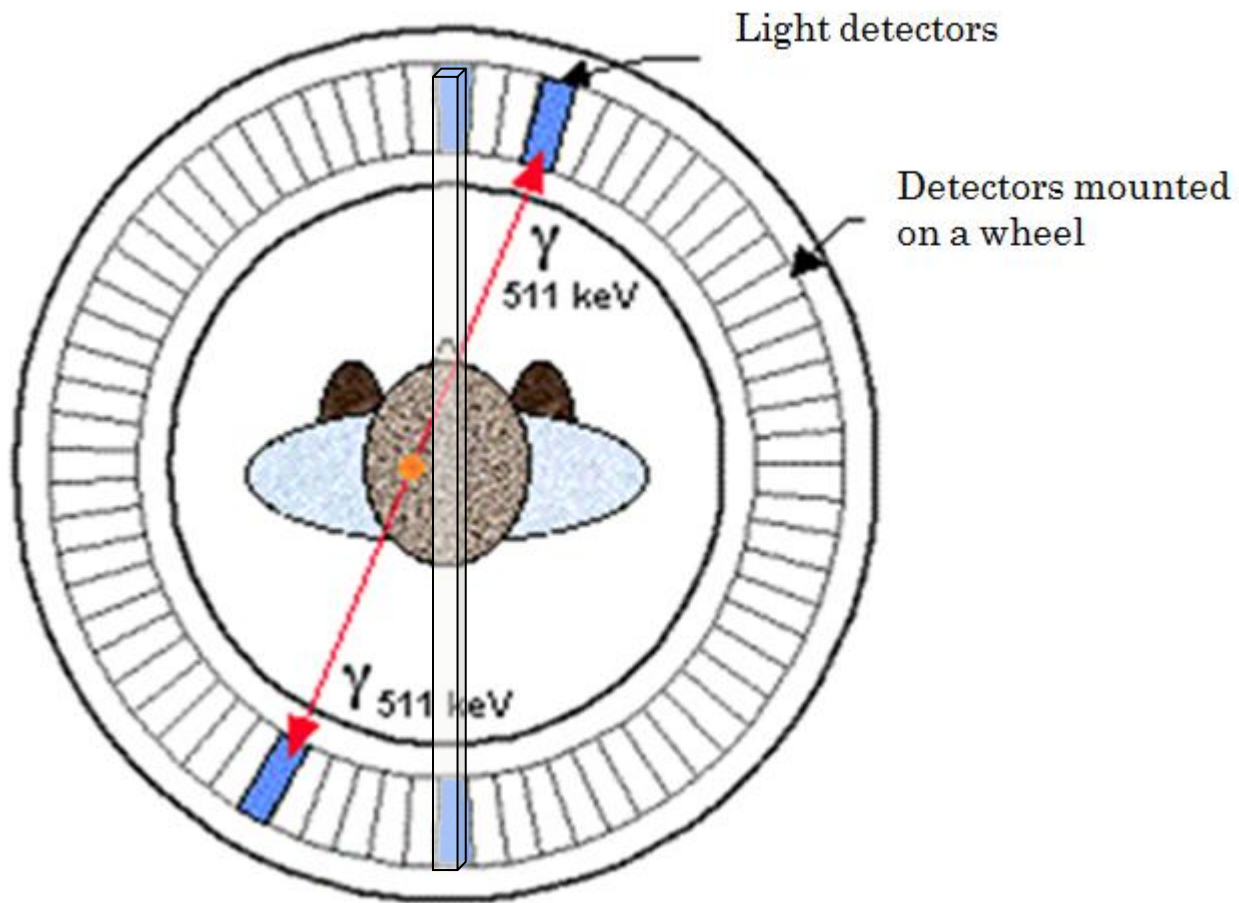


Single photon  
Cs-137 (662 keV)

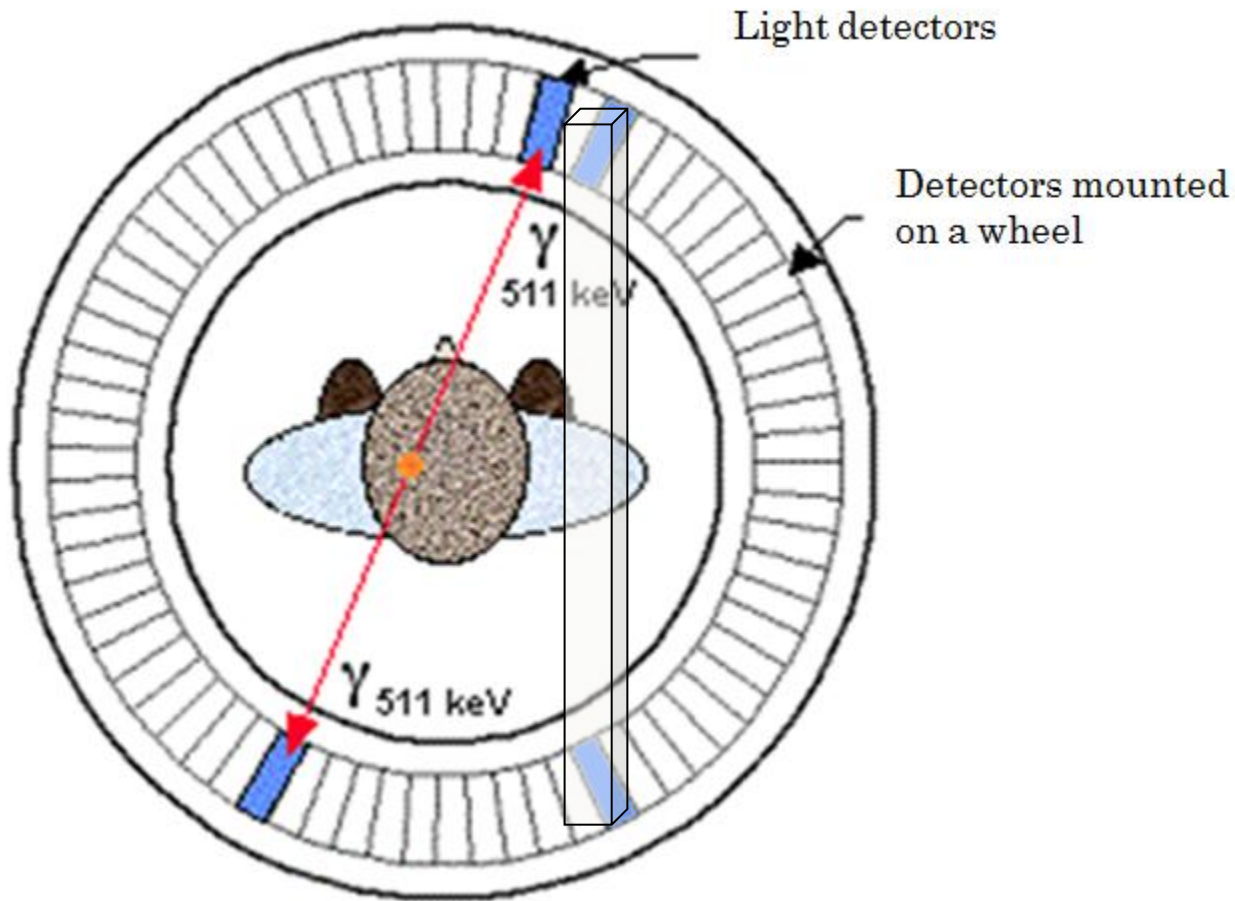


Overall detector response will depend on individual channel gain : need for calibration.

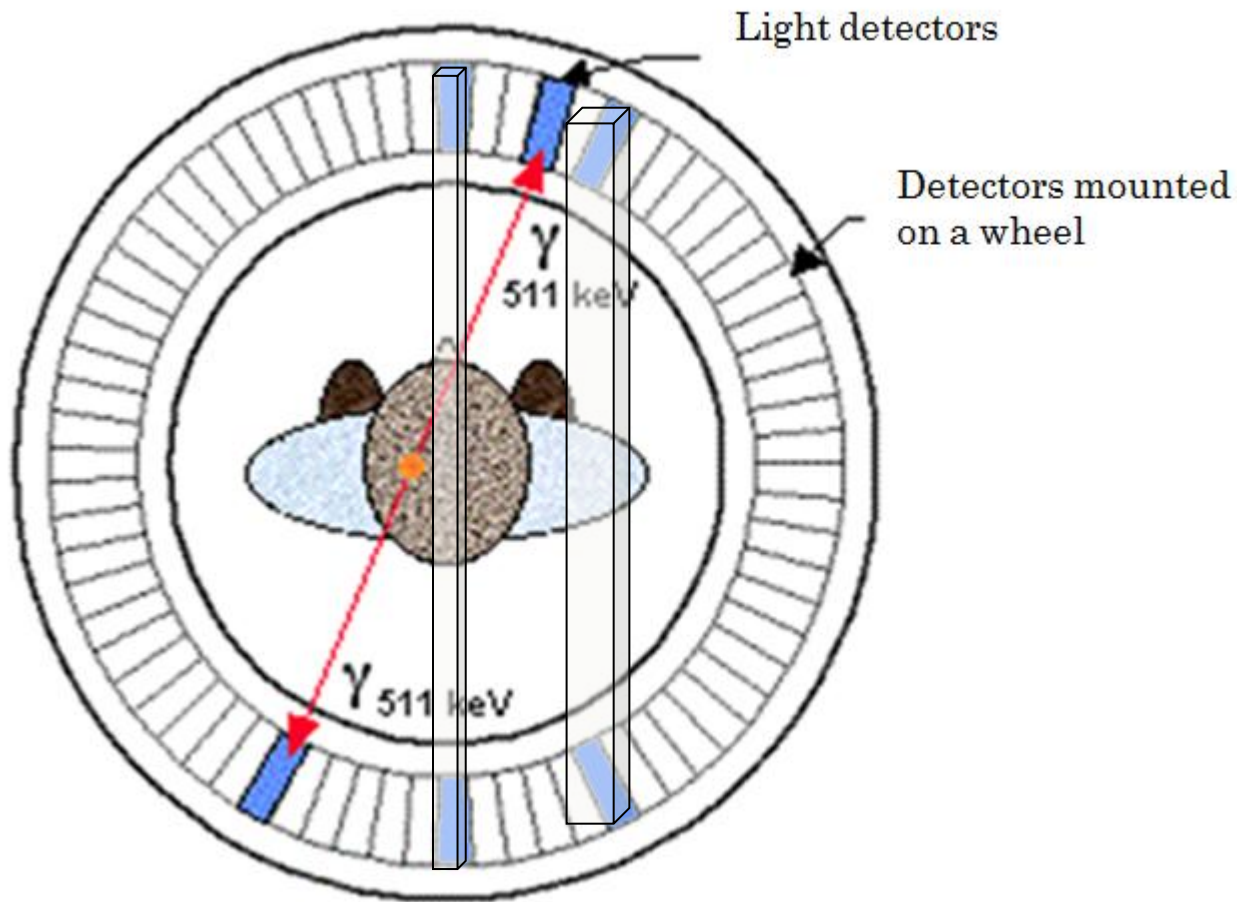
- Blank acquisition (noise)
- Calibration with a gamma emitter (energy close to 511 keV) rotating all around the detector ring



Line of response is indeed a volume of response

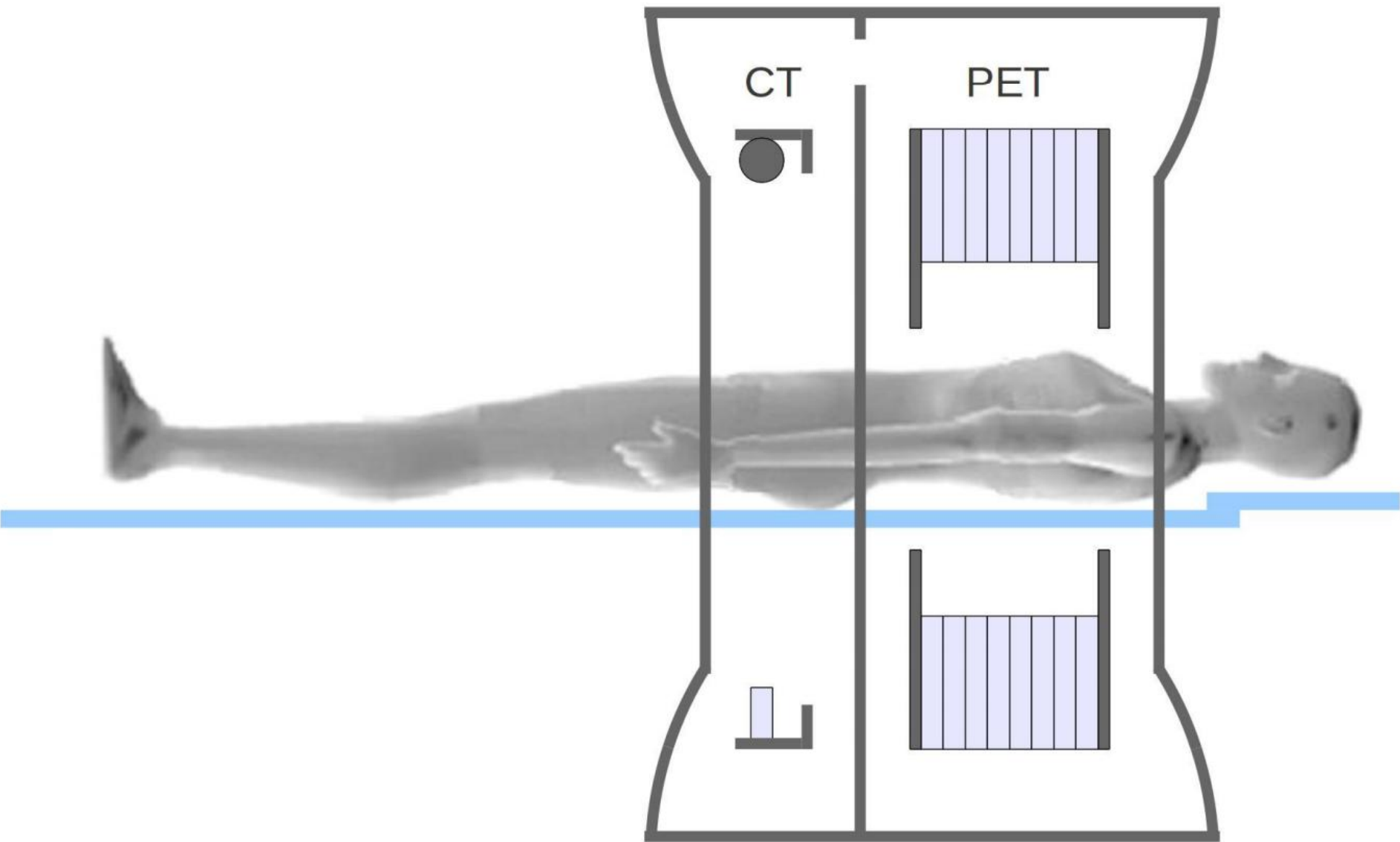


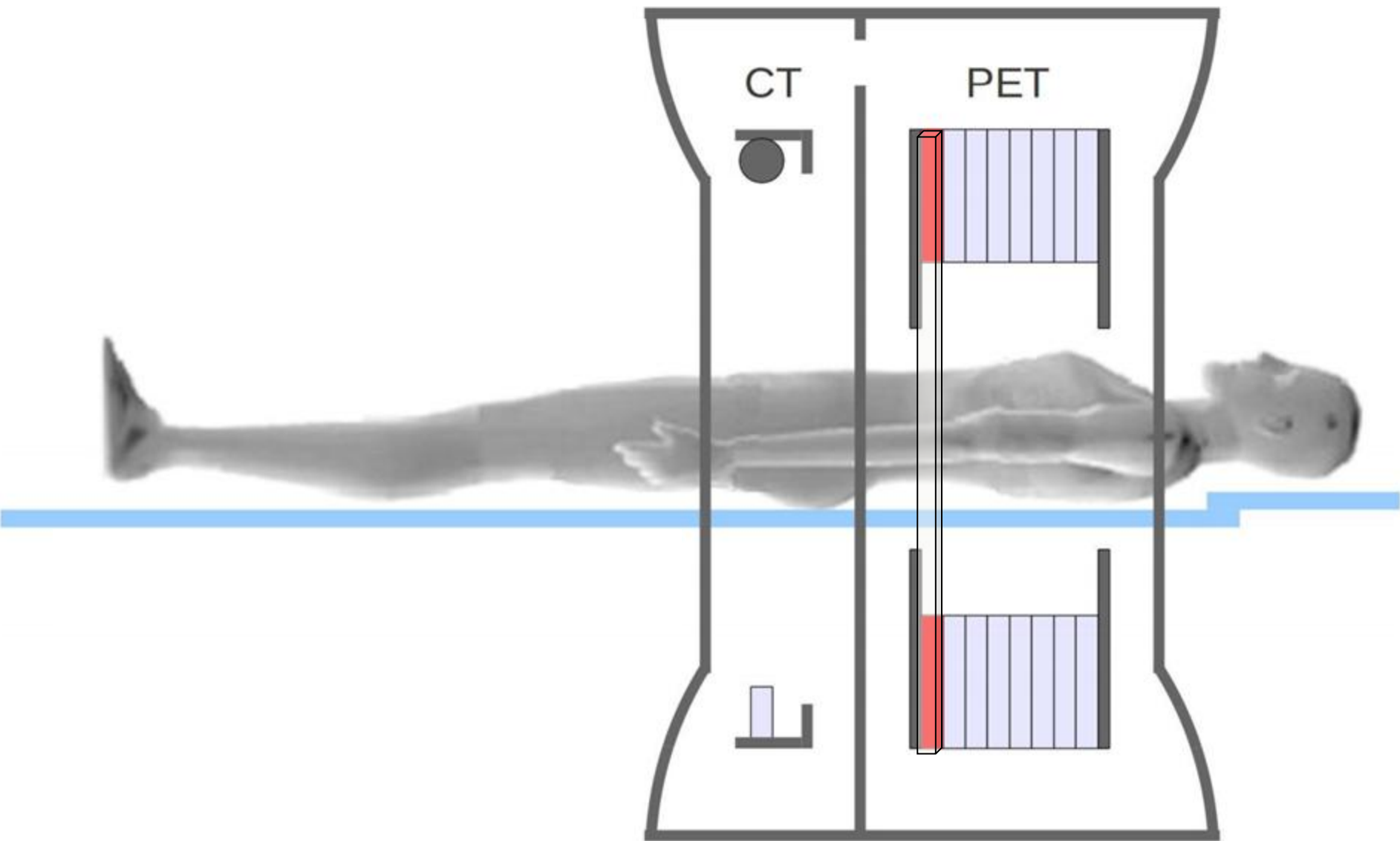
Volume of response depends on the source location w.r.t. the arc structure

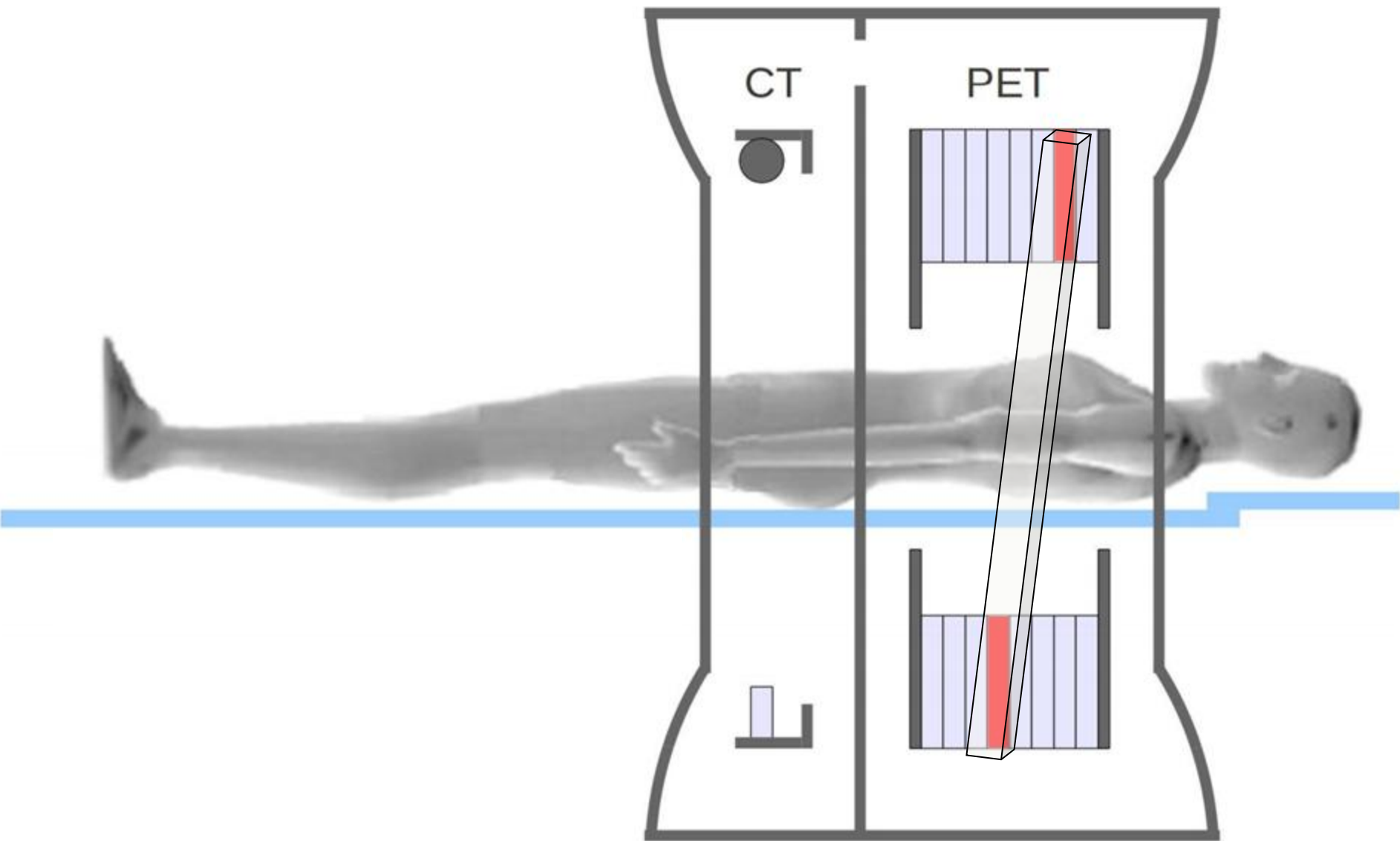


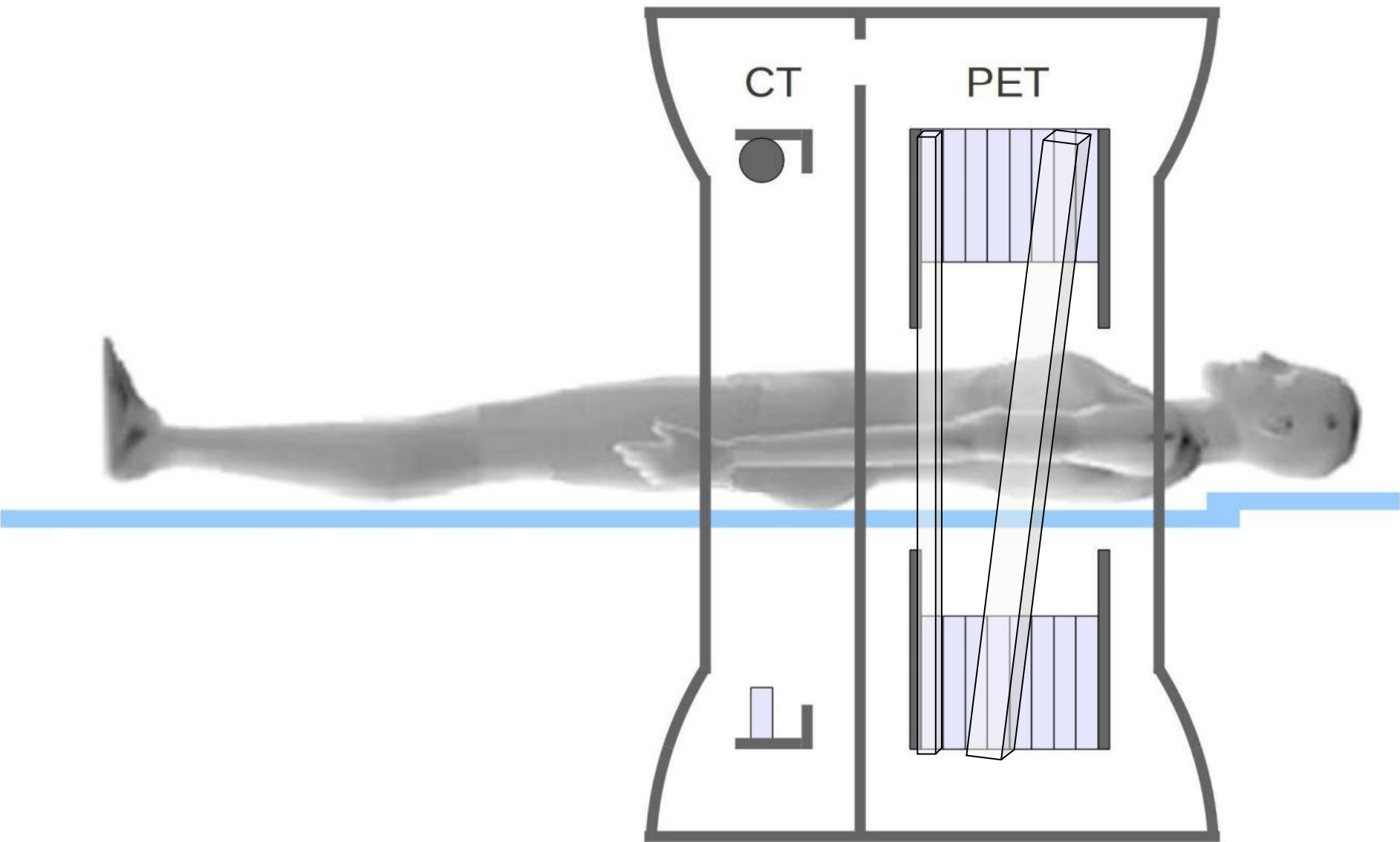
Intensity of response and spatial accuracy will depend on the off-axis position of the emitter

- Geometrical corrections : use Ge-68 to activate all possible LOR situations
- Spatial resolution could be improved by measuring the Depth of Interaction (DOI)

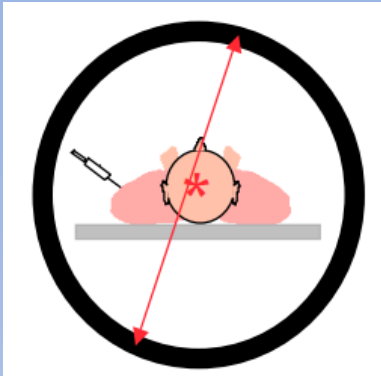




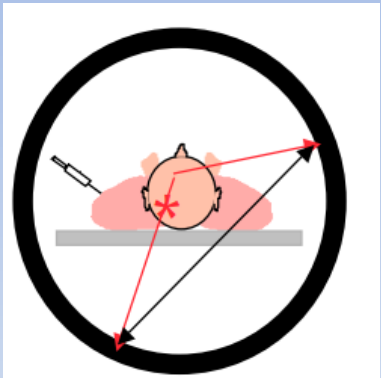








Real coincidence : useful information



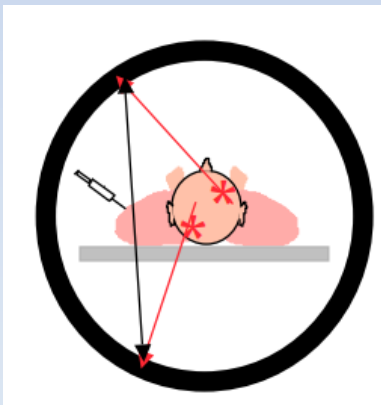
Scattered coincidence : useless information

Bad localization

Decreases contrast

Bias in quantification

**Reduced by measuring the photon energy**



Random coincidence : useless information

Bad localization

Decreases contrast

Dead time

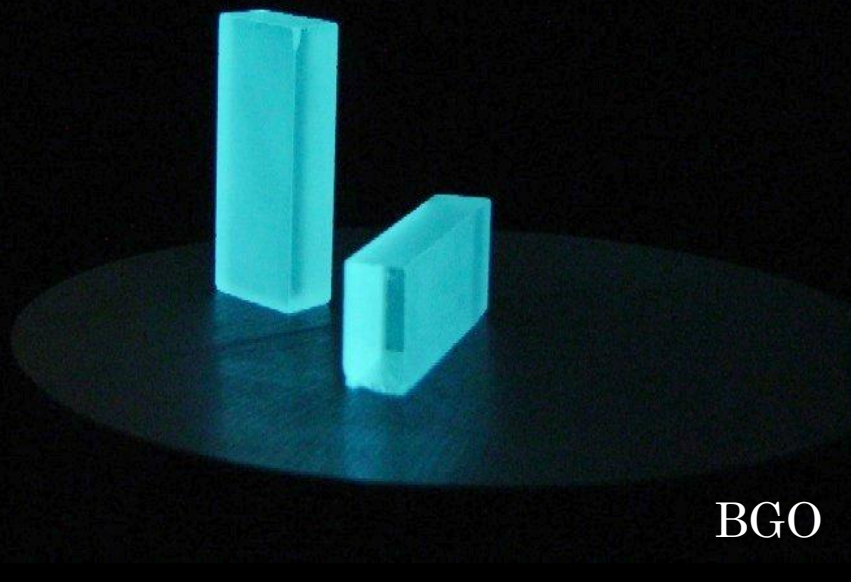
Bias in quantification

**Reduced by accurate timing measurement**

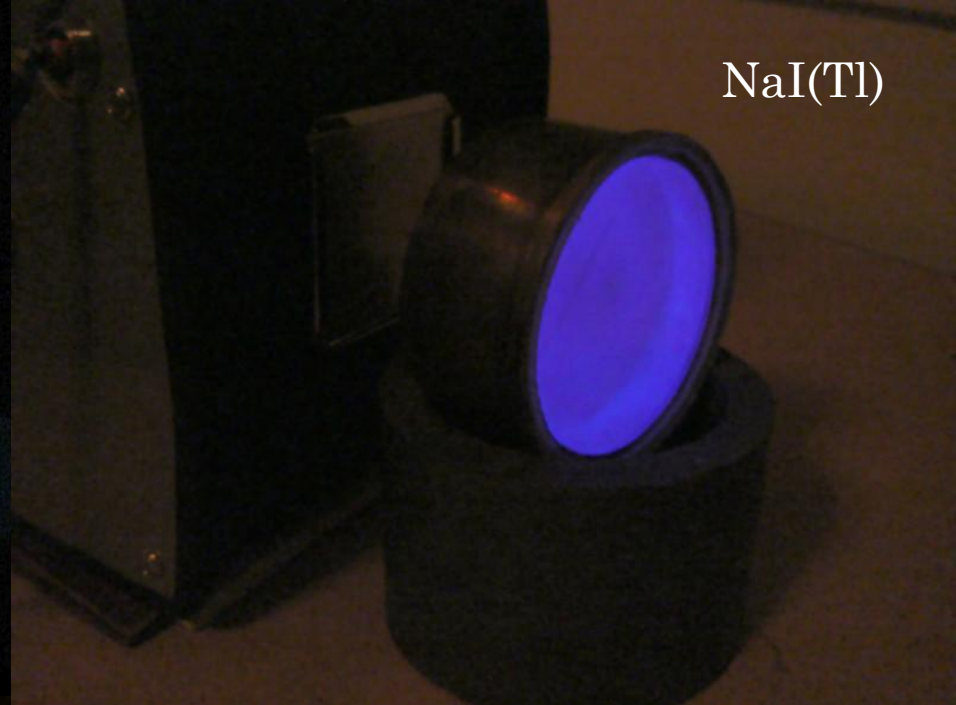
## How to get signal from 511 keV photon interactions ?

X photons cannot be directly detected : first need an interaction medium

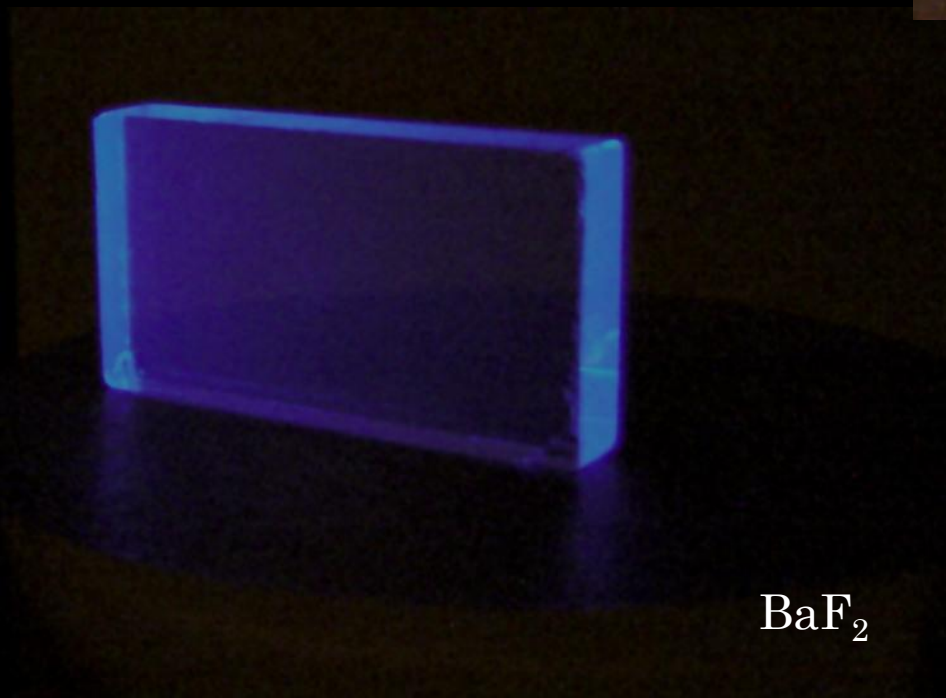
Inorganic scintillators provide visible light that can be detected



BGO



NaI(Tl)



BaF<sub>2</sub>

Inorganic crystals irradiated with a X-ray tube (dose rate in the air up to 2,5 Gy/h)

Visible light is produced

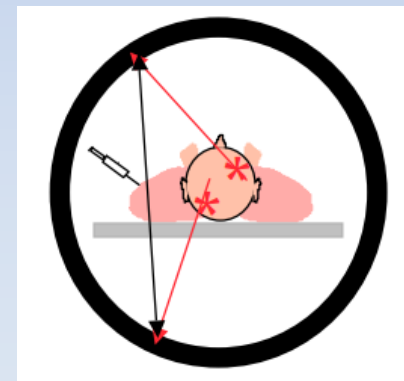
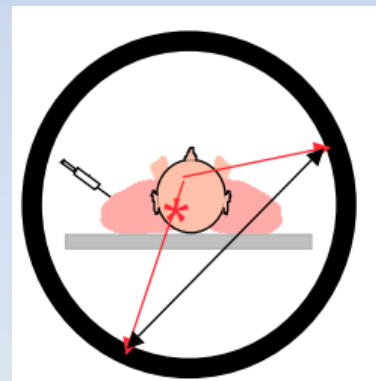
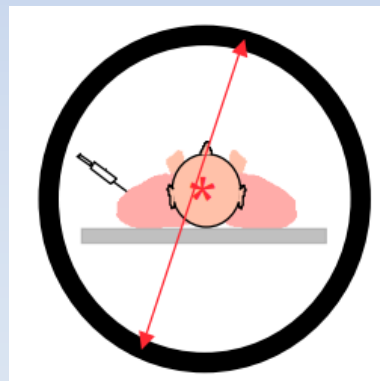
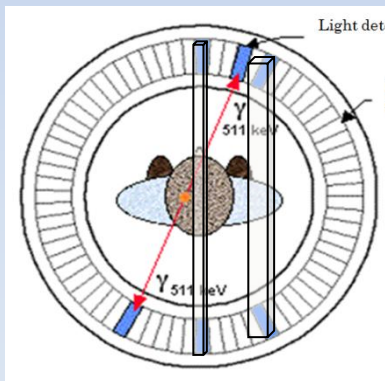
Exposure time from 5 to 15 seconds.

## Scintillator : Light production from 511 keV photon interaction

X photons cannot be detected : first need an interaction medium to generate visible photons

Specification :

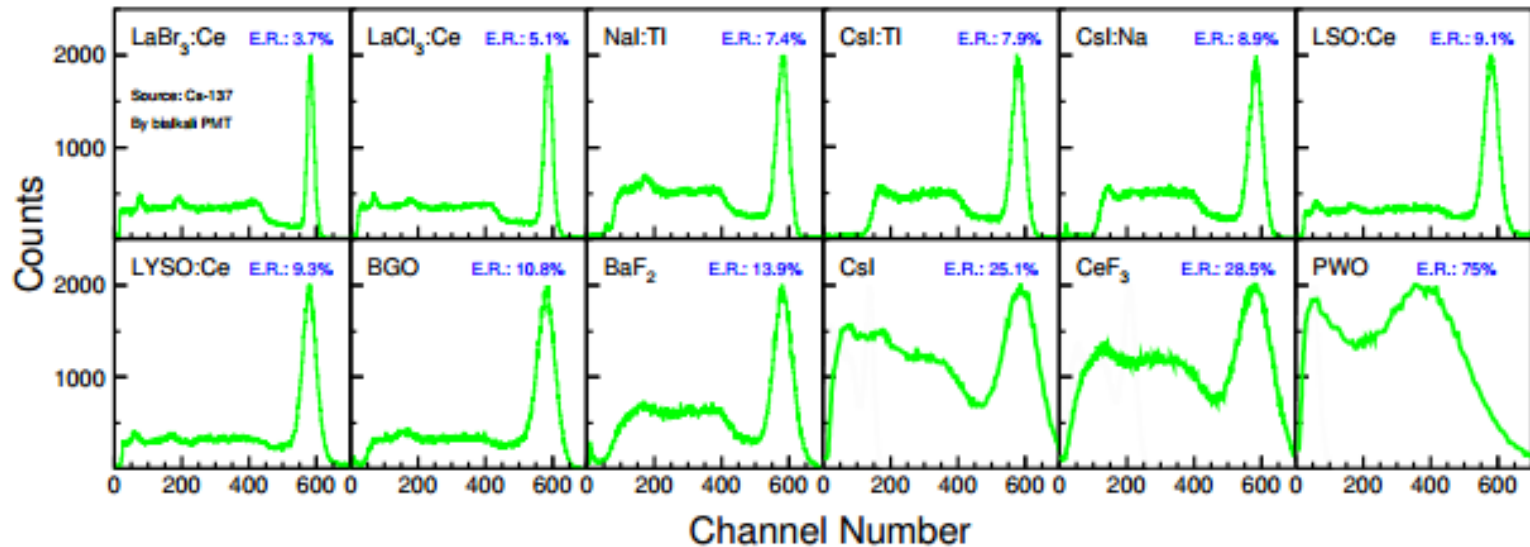
- Photon energy converted in a tiny volume : high stopping power (small  $X_0$ )
- Short light pulse : remove random coincidences and decrease dead time
- Good energy resolution : remove scattered events
- Light yield and wavelength matching with visible light detector sensitivity
- Stability versus accumulated dose
- Reasonable price



## Scintillator : Light production from 511 keV photon interaction

	NaI(Tl)	BaF <sub>2</sub>	BGO	LSO	GSO	LYSO	LaBr <sub>3</sub>
Effective atomic no. (Z)	51	54	74	66	59	60	47
Linear attenuation coeff. (cm <sup>-1</sup> )	0.34	0.44	0.92	0.87	0.62	0.86	0.47
Density (gm cm <sup>-3</sup> )	3.67	4.89	7.13	7.4	6.7	7.1	5.3
Index of refraction	1.85	–	2.15	1.82	1.85	1.81	1.88
Light yield (% NaI(Tl))	100	5	15	75	30	80	160
Peak wavelength (nm)	410	220	480	420	430	420	370
Decay constant (ns)	230	0.8	300	40	65	41	25
Hydroscopic	Yes	Slight	No	No	No	No	No

LYSO(Ce) is very similar to LSO(Ce) except that the crystal growing process is slightly different and with less impurities at the end. LYSO properties drift w.r.t. accumulated dose is reduced.



**Figure 3.**  $^{137}\text{Cs}$   $\gamma$ -ray pulse height spectra measured by a Hamamatsu R1306 PMT are shown for twelve crystal samples. The numerical values of the FWHM resolution (E.R.) are also shown in the figure.





Growth of LSO crystal

LSO crystals



Slicing and polishing

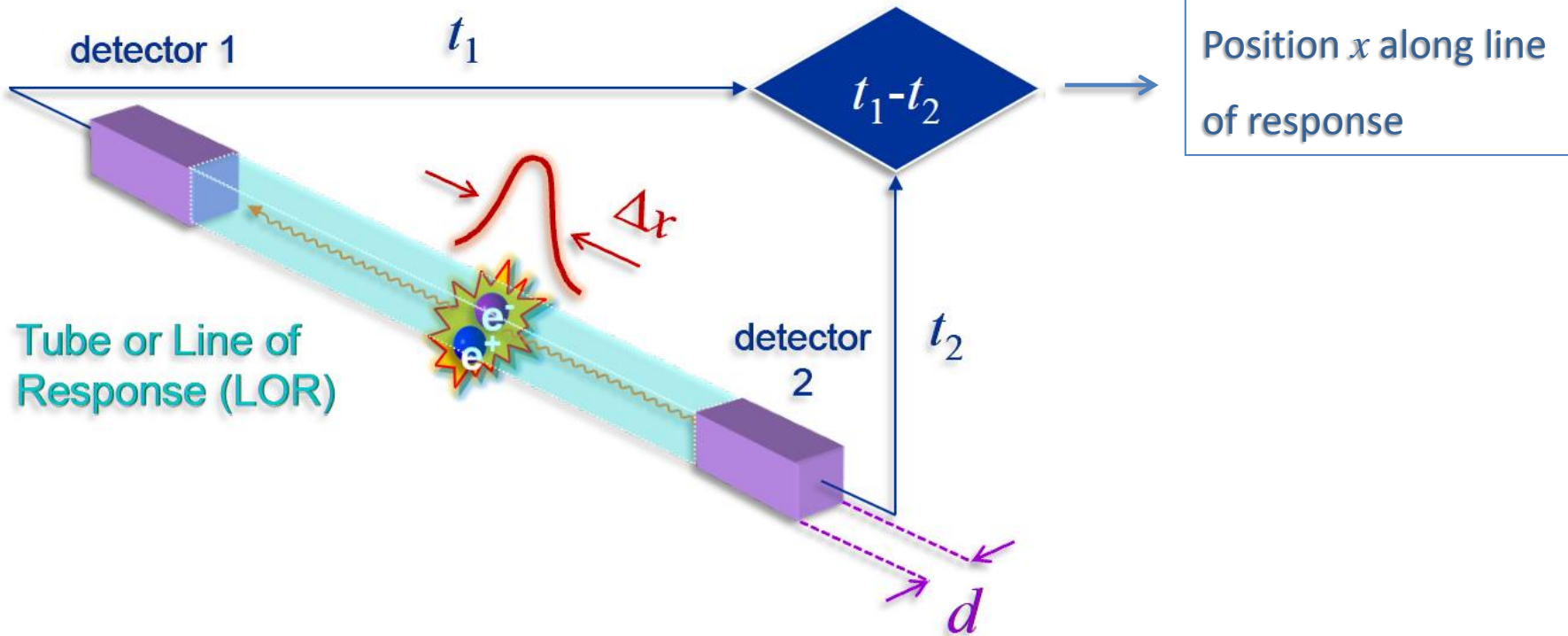


8x8 LSO  
crystals coupled  
to 4 side by side  
multi anodes  
photomultipliers

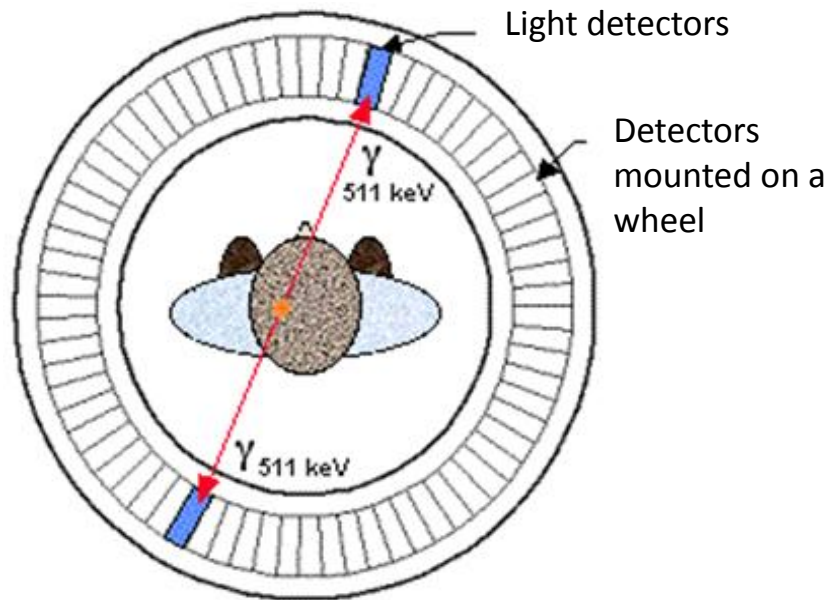
Energy resolution to reject scattered coincidences, timing to reject random coincidences

Could timing also help in image reconstruction ?

### Introducing Time of Flight



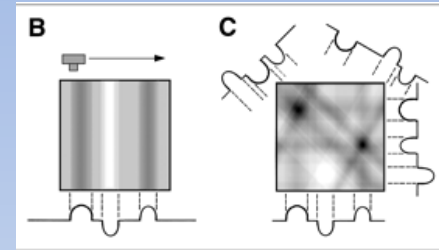




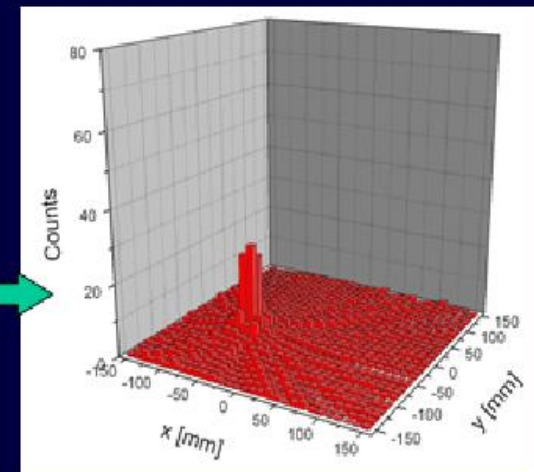
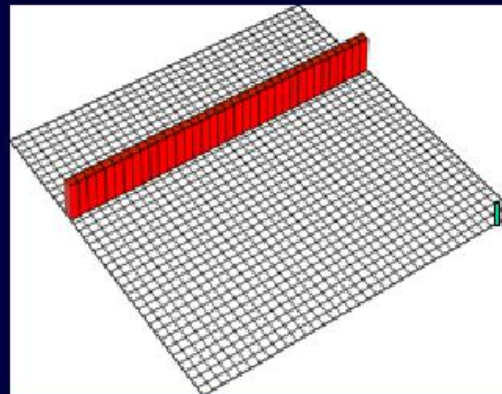
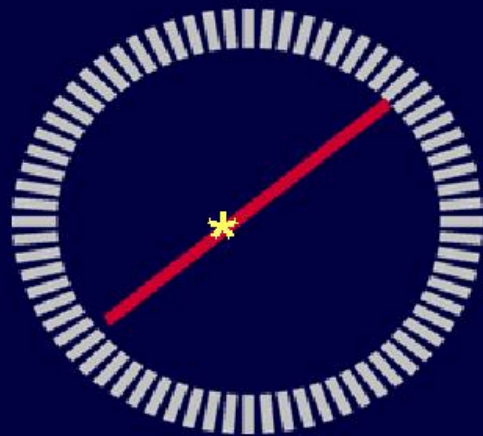
Light detectors are not (yet) fast enough :

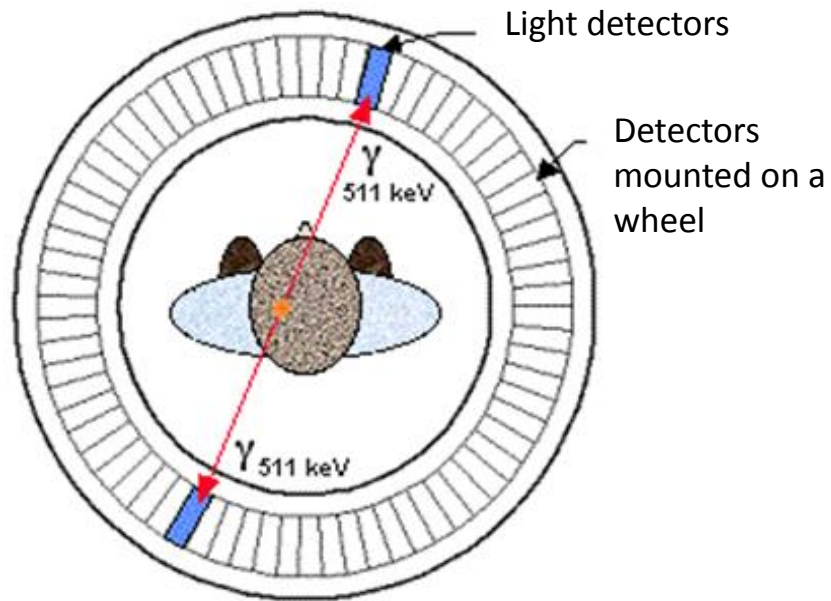
the annihilation point cannot be reconstructed...

... only lines of response are



## Conventional PET/ ToF off

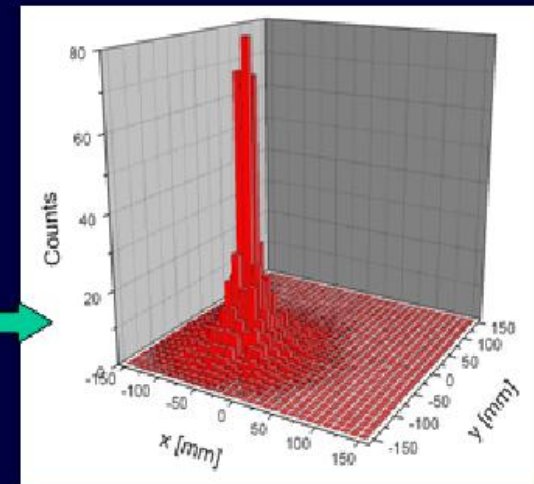
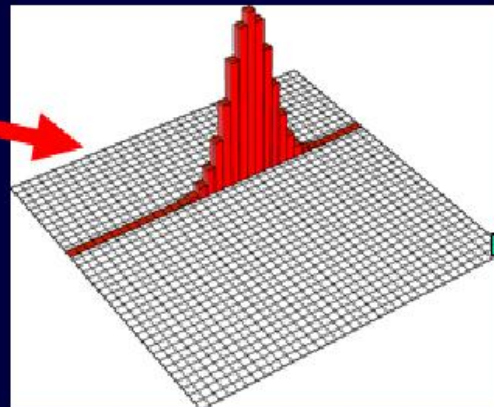
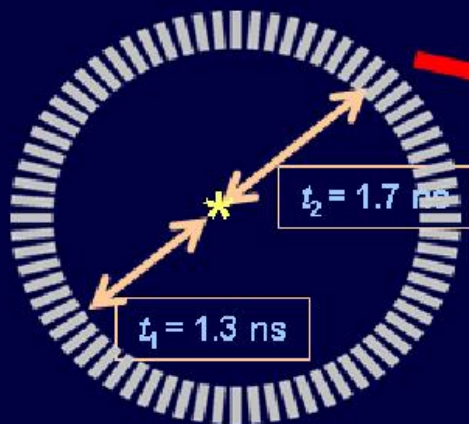




State of the art : resolution down to 500 ps

$\Delta x = 7.5$  cm

## Time-of-Flight PET



## Visible light photodetectors

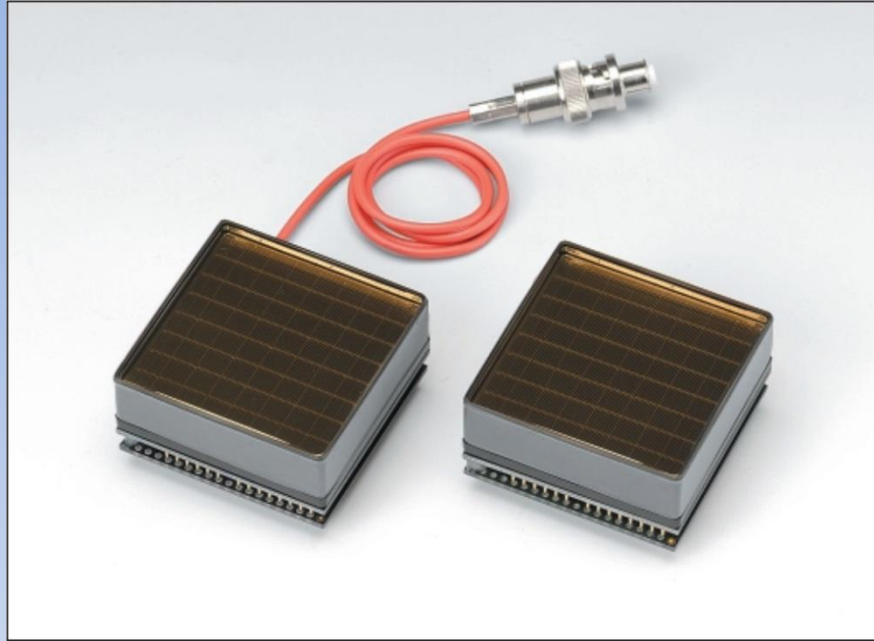
Requirements :

- Wavelength sensitivity in accordance with light from crystals
- High gain & quantum efficiency
- Small rise time
- Low noise
- behavior in magnetic field if used near magnetic devices (MRI)

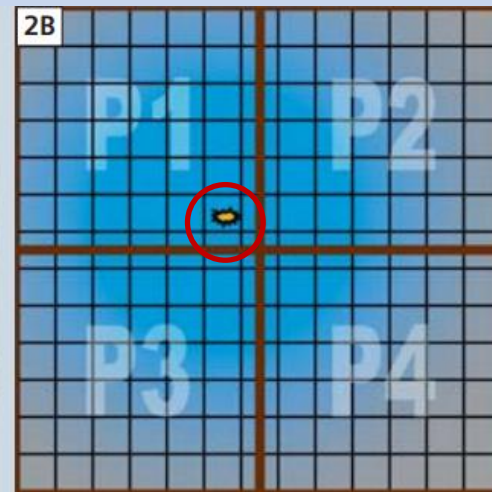
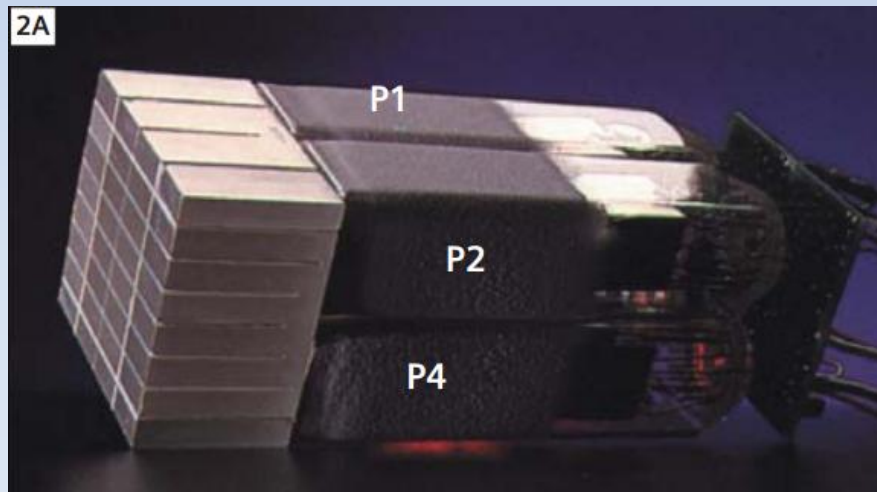
	PM	APD	SiPM*
Gain	$10^4 - 10^6$	$10^2 - 10^3$	$10^4 - 10^6$
Additional preamplifier needed	no	yes	no
Multi channels	yes	yes	yes
Timing resolution	300 ps	1 ns	190 ps
Works in B	no	yes	yes
Gain	stable	Gain	dark current, Gain
Cost			\$\$\$

\*Geiger Mode APD = Silicon PhotoMultiplier. Large gain, needs quenching after initiating the avalanche

## Multi anodes photomultipliers



Use *Anger weighting algorithm* on measured signals : position of interaction of the incoming annihilation photon

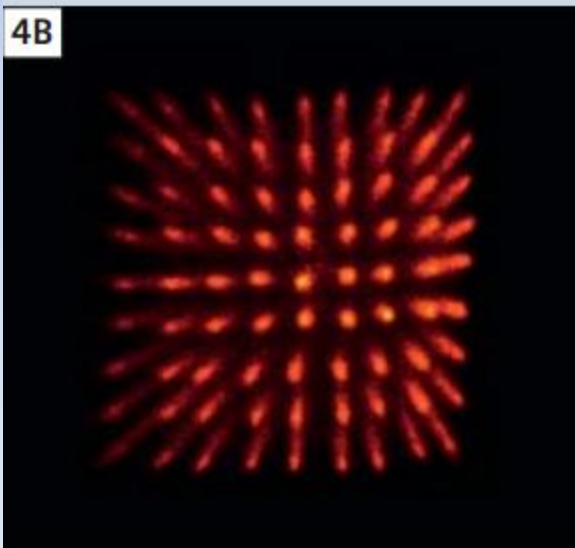


## Conventional PET detectors

4A

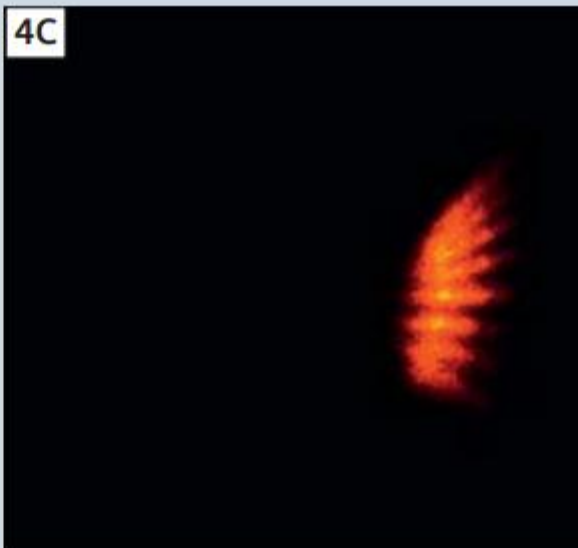


4B



$B = 0$

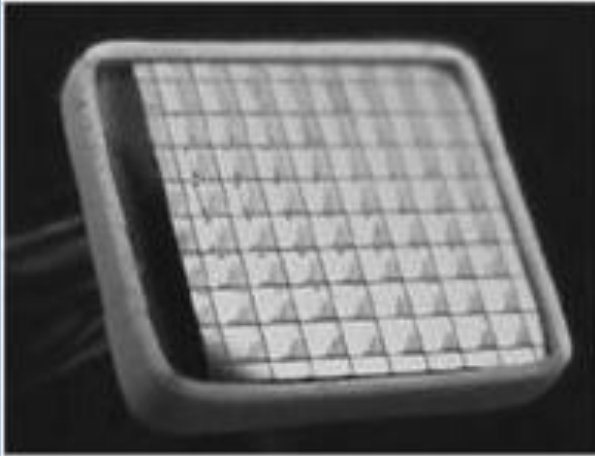
4C



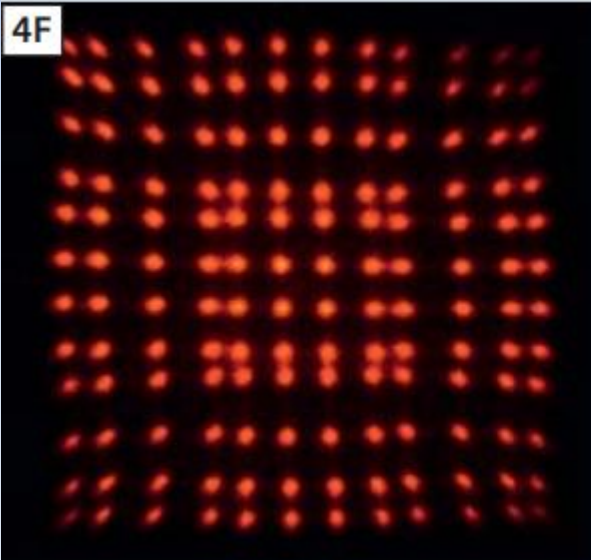
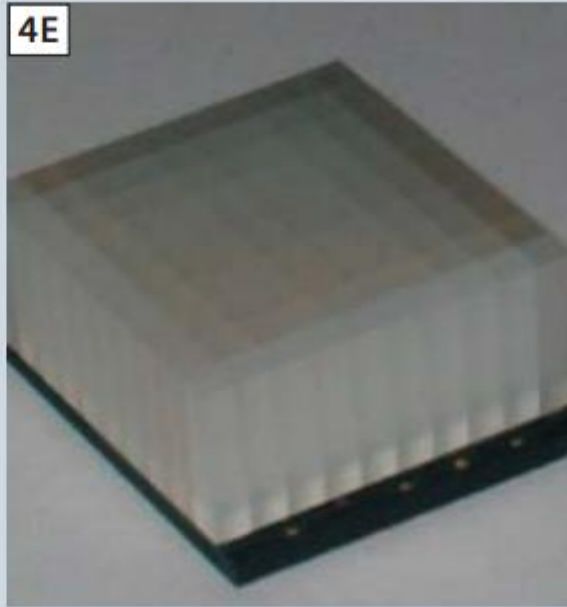
$B \neq 0$



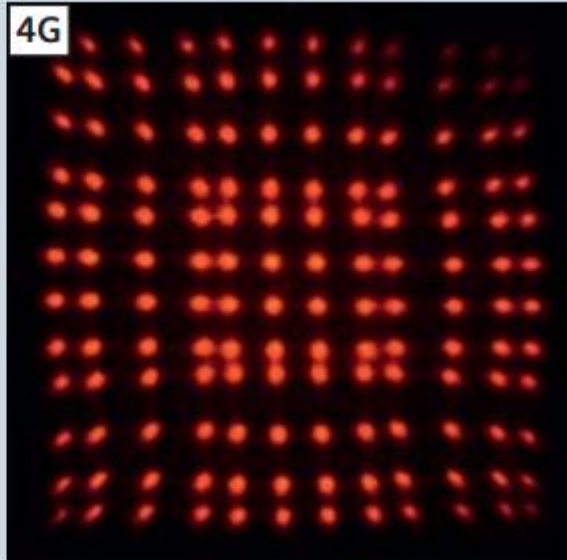
## APD-based PET detectors



4E



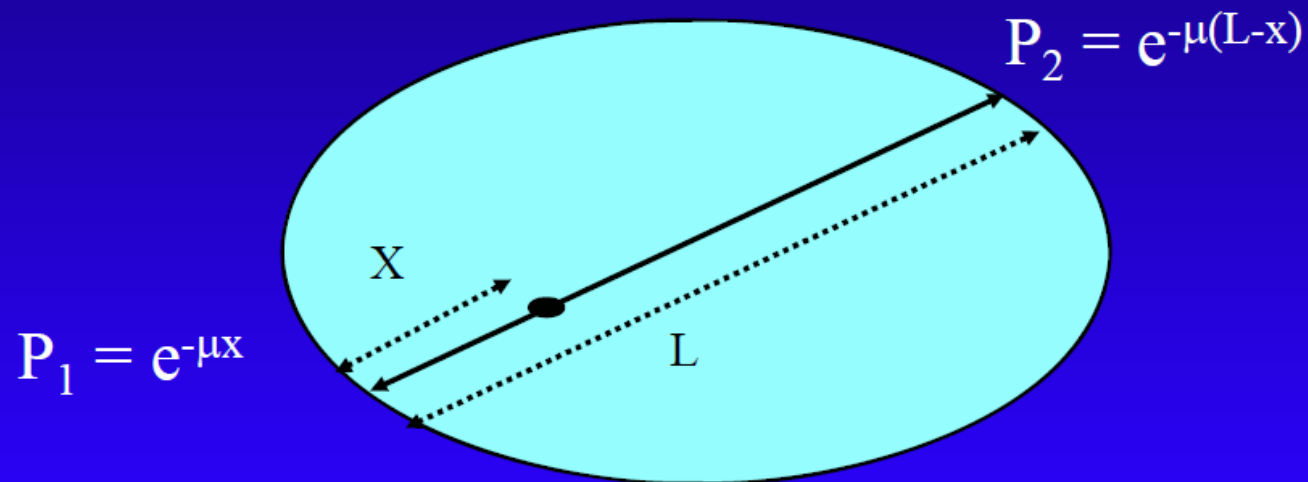
$B = 0$



$B \neq 0$

**4** Conventional PET detectors (**A**) are based on scintillation crystals and Anger-logics readout. They work only outside magnetic fields (**B**). If a PMT is operated inside a magnetic field ( $B \neq 0$ ) then the multiplier step is constricted and the readout map severely distorted (**C**). Avalanche photodiodes (APD) based detectors (**D**, **E**) are semiconductors that can be operated in magnetic fields, even at ultra-high field strengths (**F**, **G**). (Image courtesy of Prof. B. Pichler, University of Tübingen, Germany.)

# PET Attenuation Correction



Reconstruction algorithm needs  
integrated attenuation for each LOR

$$P_{\text{TOT}} = P_1 \times P_2 \\ = e^{-\mu L}$$

Photons do interact with matter : mostly with atomic electrons

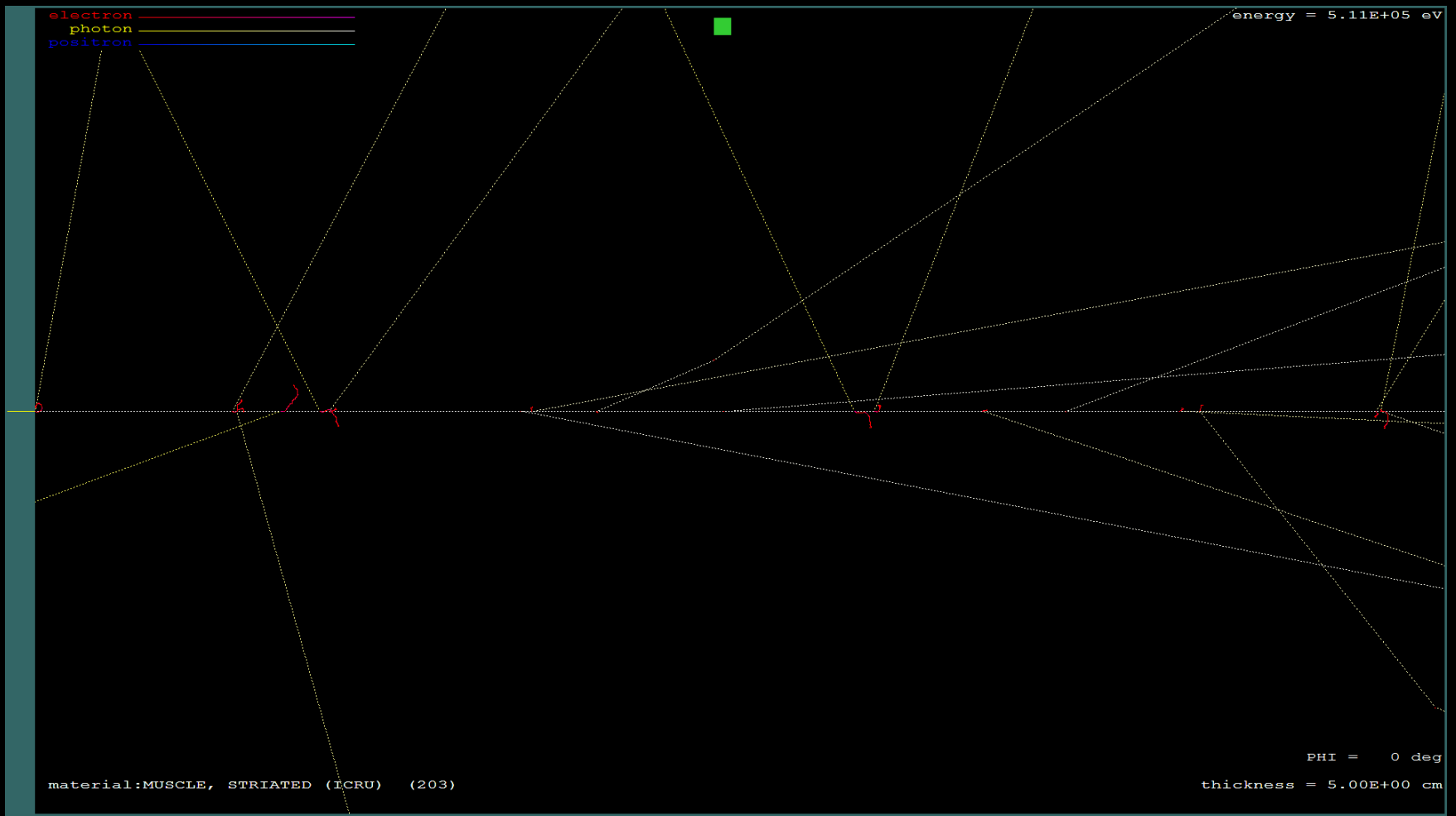
Atomic electronic concentration depends on tissue (lung)





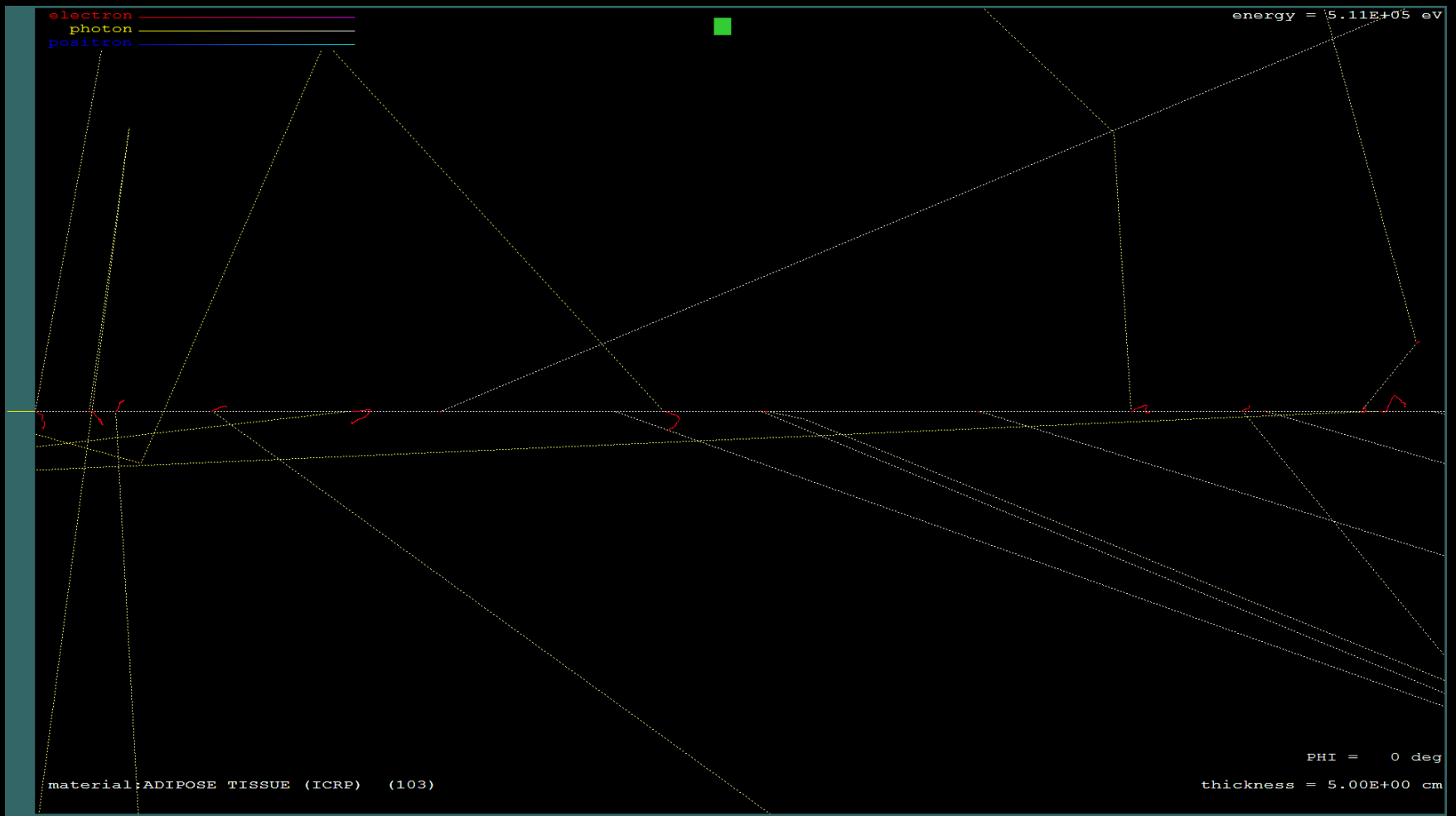
Photons do interact with matter : mostly with atomic electrons

Atomic electronic concentration depends on tissue (muscle)



Photons do interact with matter : mostly with atomic electrons

Atomic electronic concentration depends on tissue (fat)

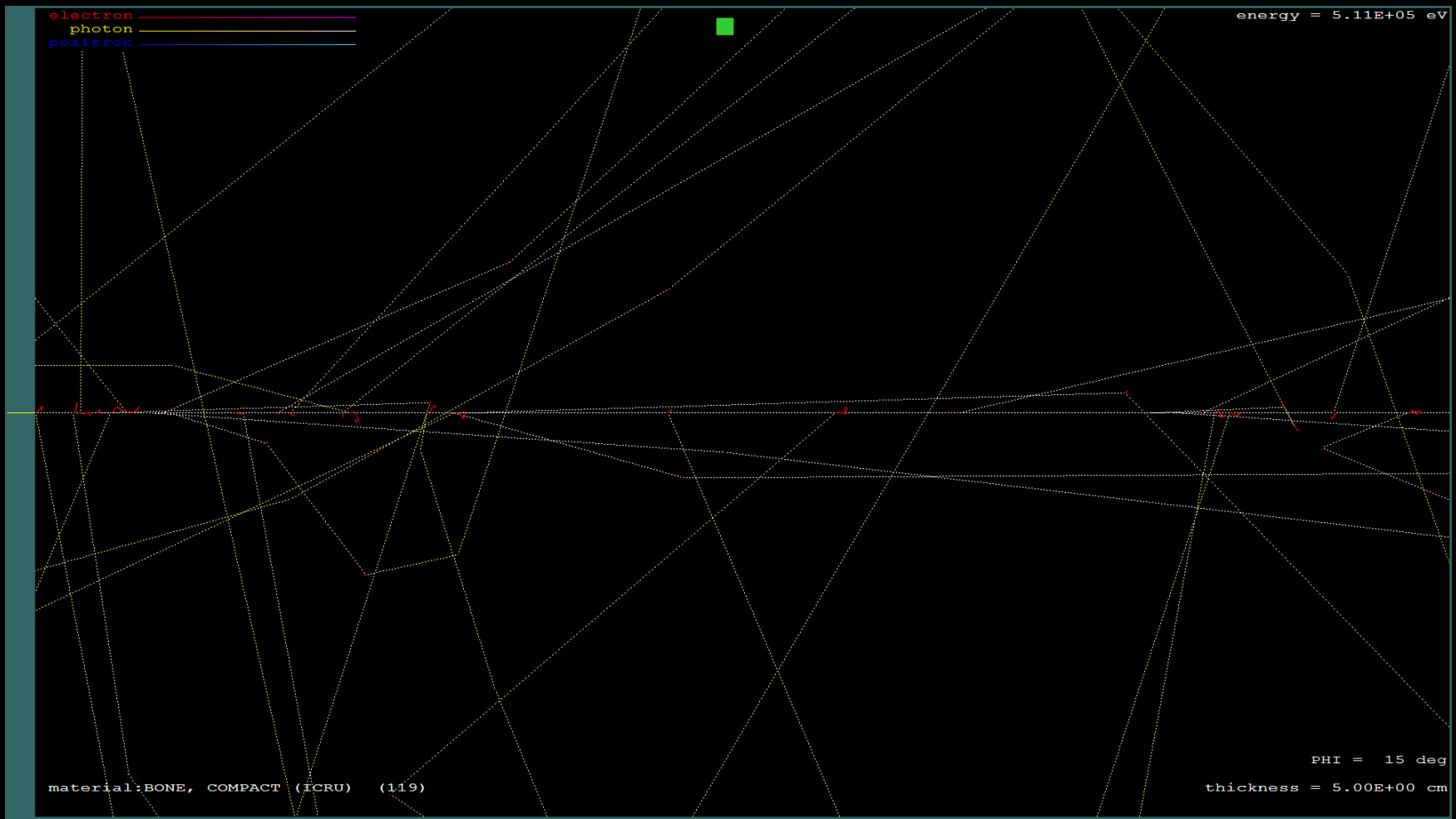


Photons do interact with matter : mostly with atomic electrons

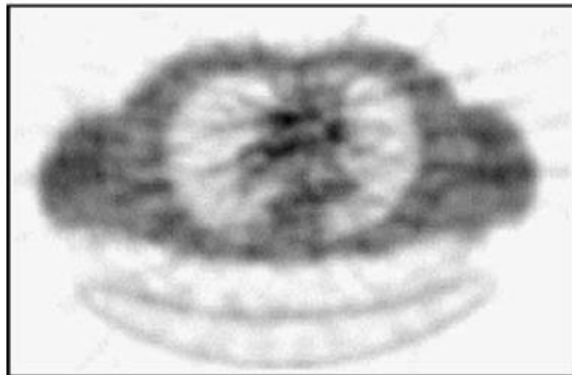
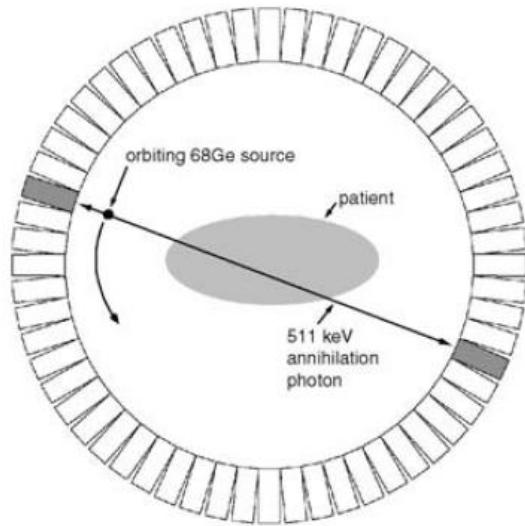
Atomic electronic concentration depends on tissue (bone / fat / muscle / lung, ...)

Atomic electronic concentration has to be measured all along the possible path of annihilation photons

**= tissue content in terms of electronic concentration has to be determined**

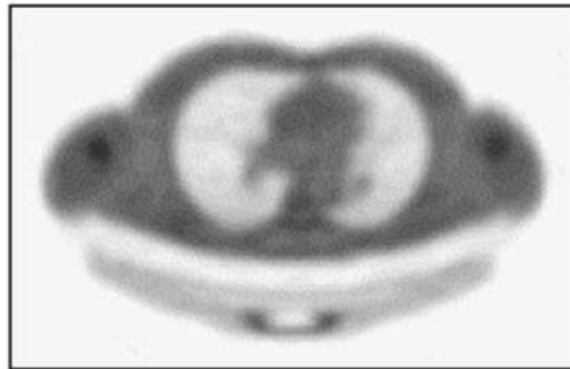
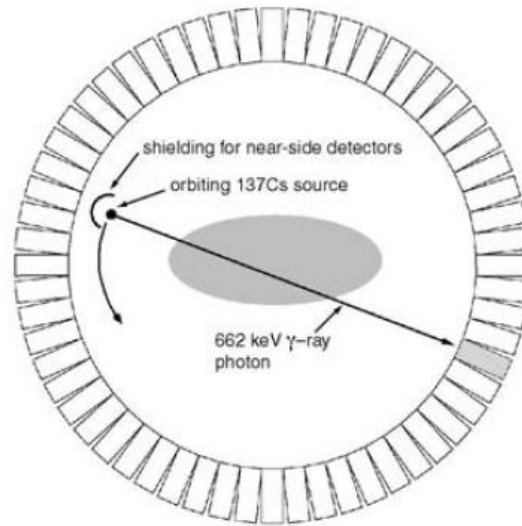


Coincident photon  
Ge-68/Ga-68 (511 keV)



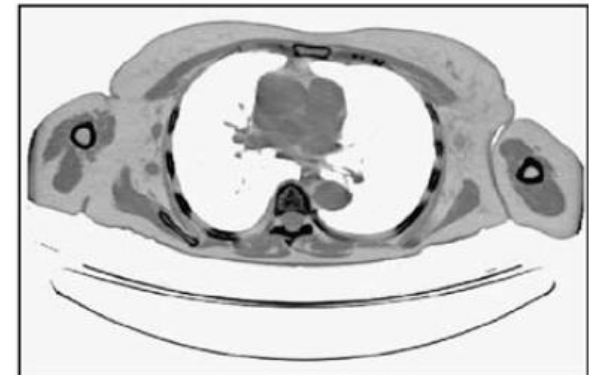
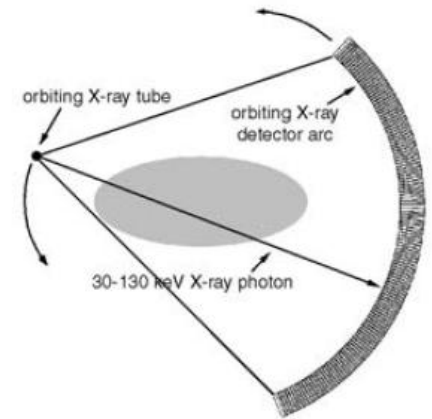
high noise  
~12-45 min scan time  
no bias  
lowest contrast

Single photon  
Cs-137 (662 keV)



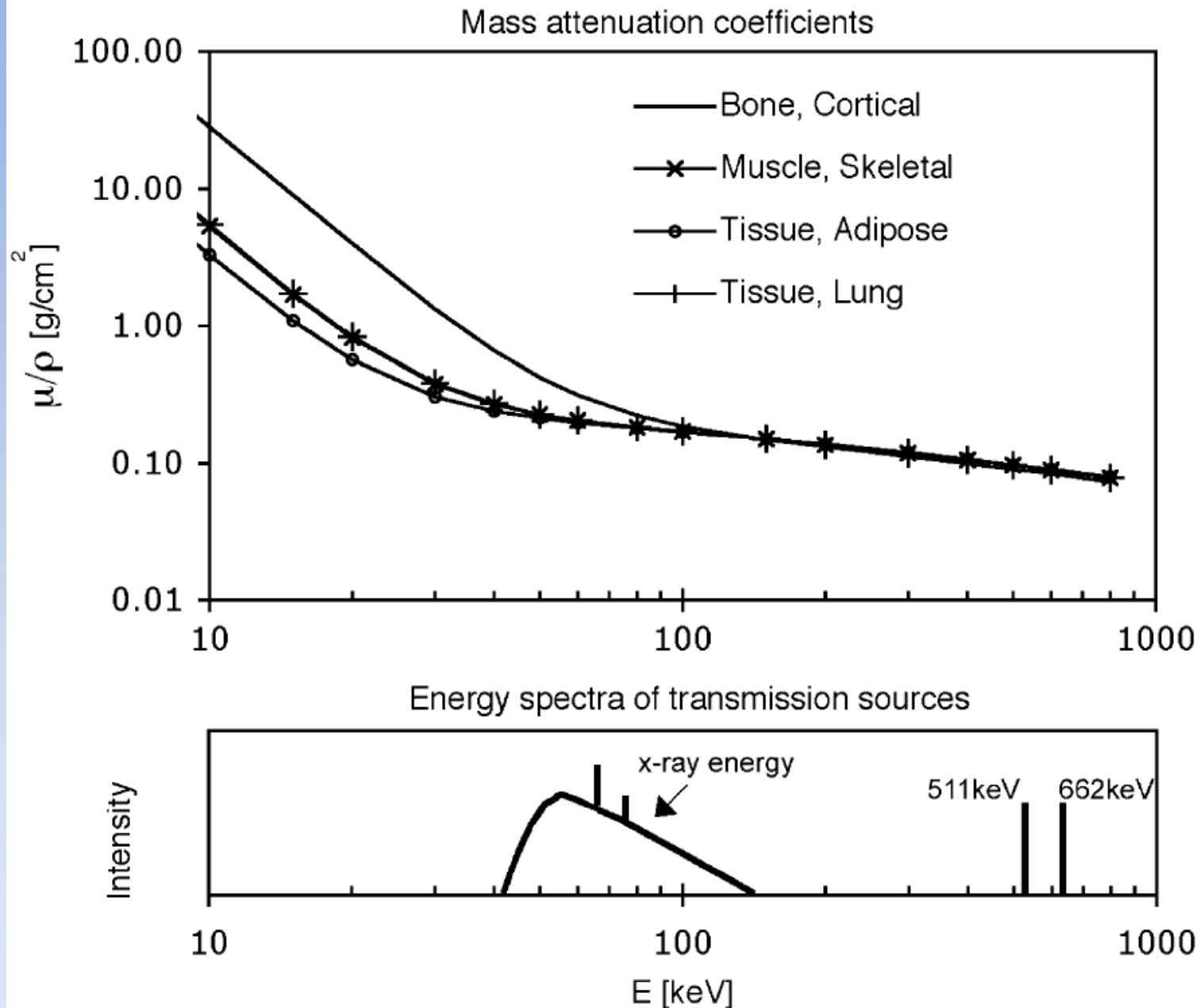
lower noise  
~4-20 min scan time  
some bias  
lower contrast

X-ray  
(~30-140kVp)



no noise  
~20 sec scan time  
potential for significant bias  
high contrast

Photons interactions probabilities depend both on the target and on the photon energy



# Haunsfield Unit scale

The Hounsfield Unit (HU) scale is a linear transformation of the linear attenuation coefficient measurement into one in which the radiodensity of distilled water (at standard pressure and temperature) is defined as zero HU, while the radiodensity of air at STP is defined as -1000 HU. For a material X with linear attenuation coefficient  $\mu_X$ , the HU value is therefore given by:

$$HU = \frac{\mu_X - \mu_{\text{water}}}{\mu_{\text{water}} - \mu_{\text{air}}} \times 1000$$

*Computed Medical Imaging  
Nobel Lecture, 8 December 1979  
Godfrey N. Hounsfield  
J Radiol. 1980 Jun-Jul;61(6-7):459-68*

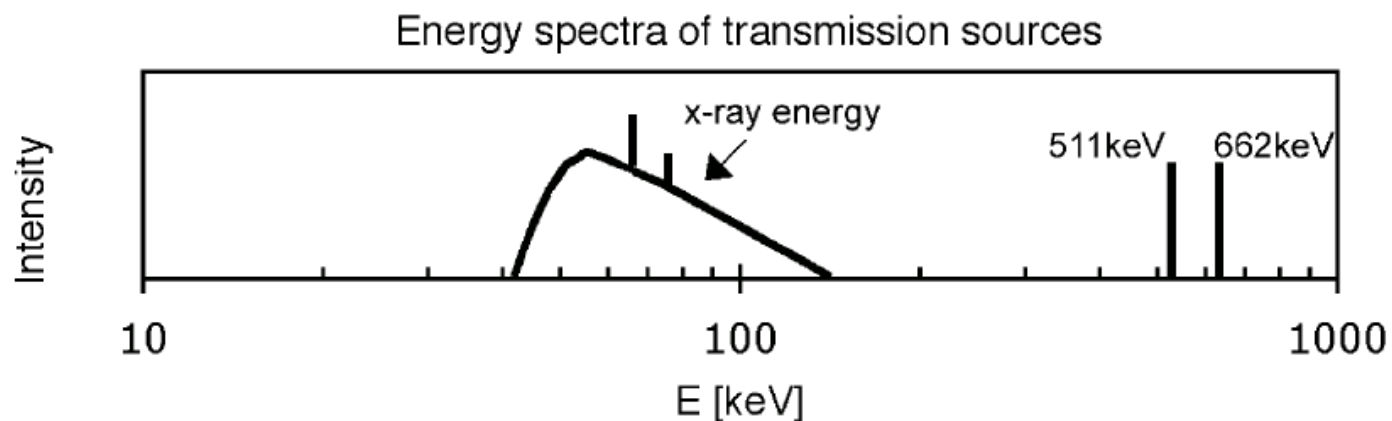
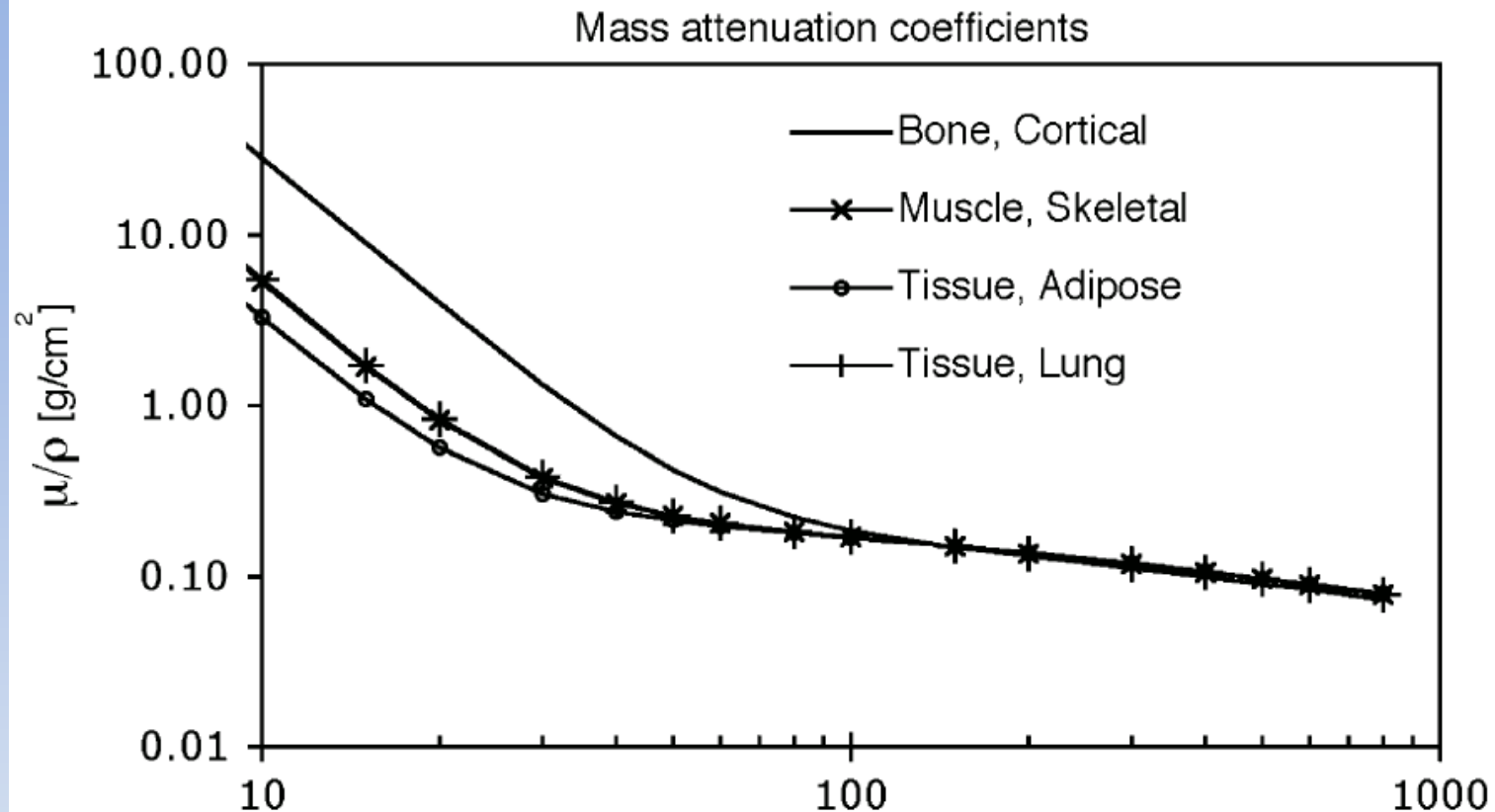
where  $\mu_{\text{water}}$  and  $\mu_{\text{air}}$  are the linear attenuation coefficients of water and air, respectively.

# HU scale (indicative values)

material	HU value	notes
air	- 1000	and vacuum as well, for all practical effects
fat	- 100	
water	0	distilled, at STP
muscle	+ 40	
Blood	+40	
bone	~ > 400	spans over a large range, i.e. up to >1200
aluminum	2640	(at 60 KeV)

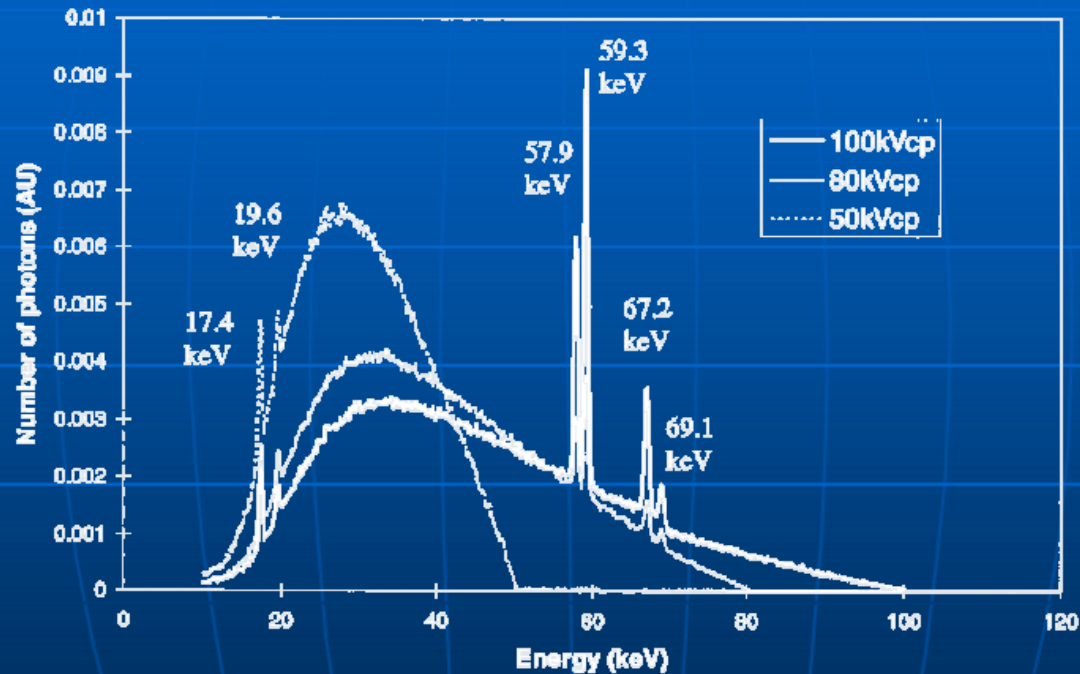


extrapolate  $\mu$ 's measured at the CT energy to  $\mu$ 's @ 511 keV



... unfortunately, real X-ray beams are  
**NOT AT ALL** monochromatic !

50, 80 and 100kVcp x-ray spectra



*Diagnostic x-ray spectra: A comparison of spectra generated by different computational methods with a measured spectrum*

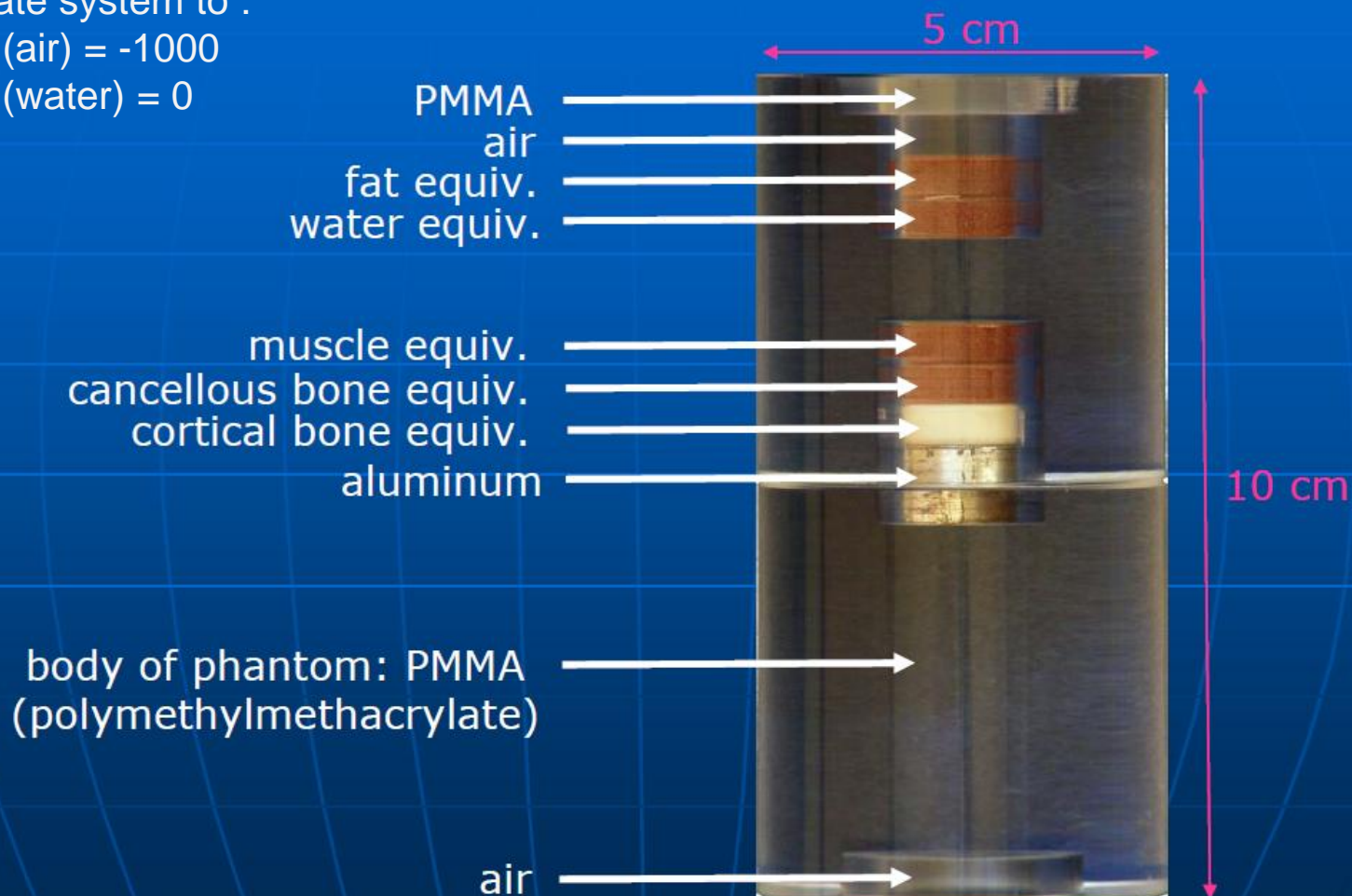
*M. Bhat, J. Pattison, G. Bibbo, and M. Caon Med. Phys. (1998) 25(1):114-120*

Specific CT energy  
spectrum

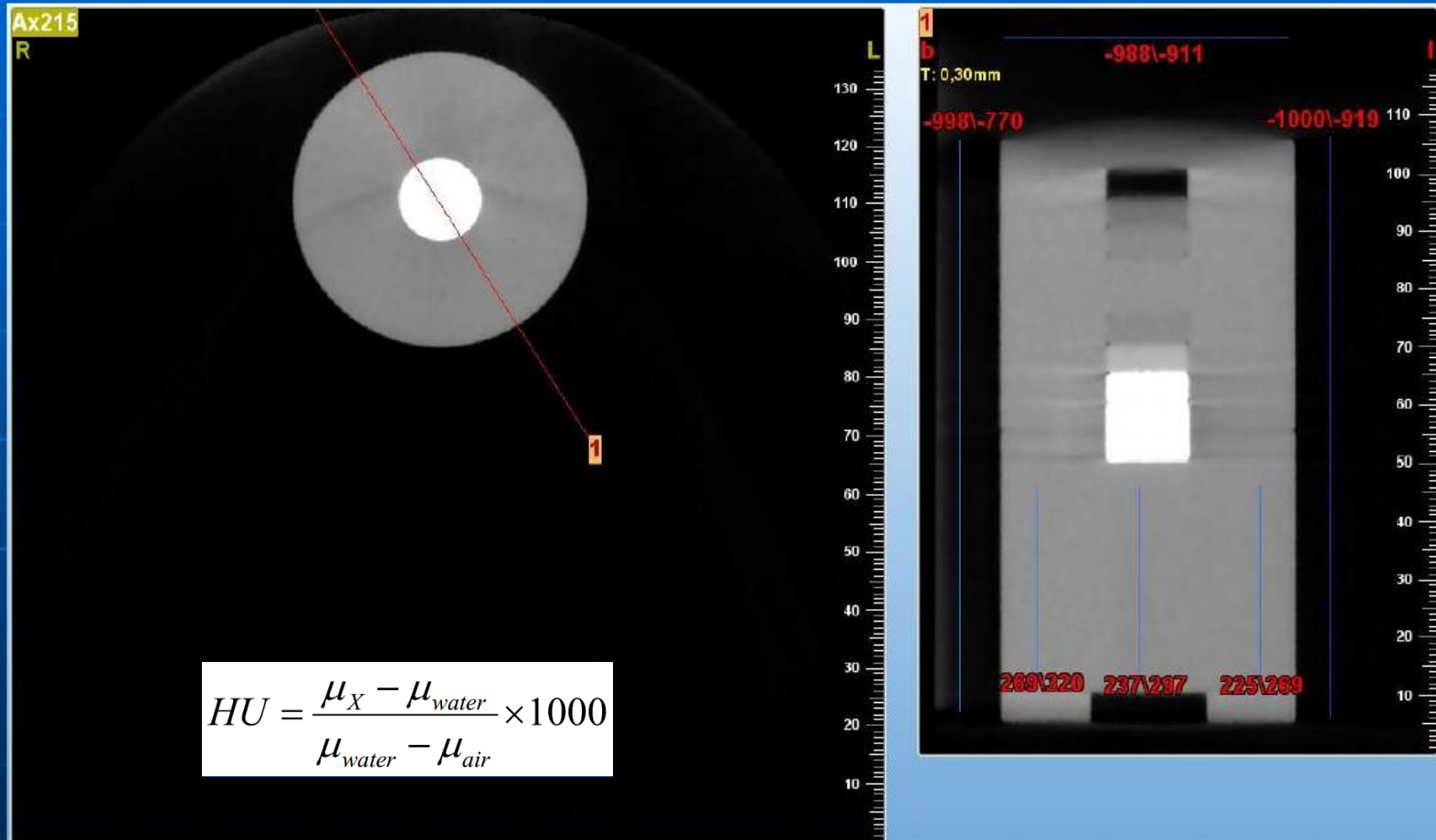
Calibrate system to :

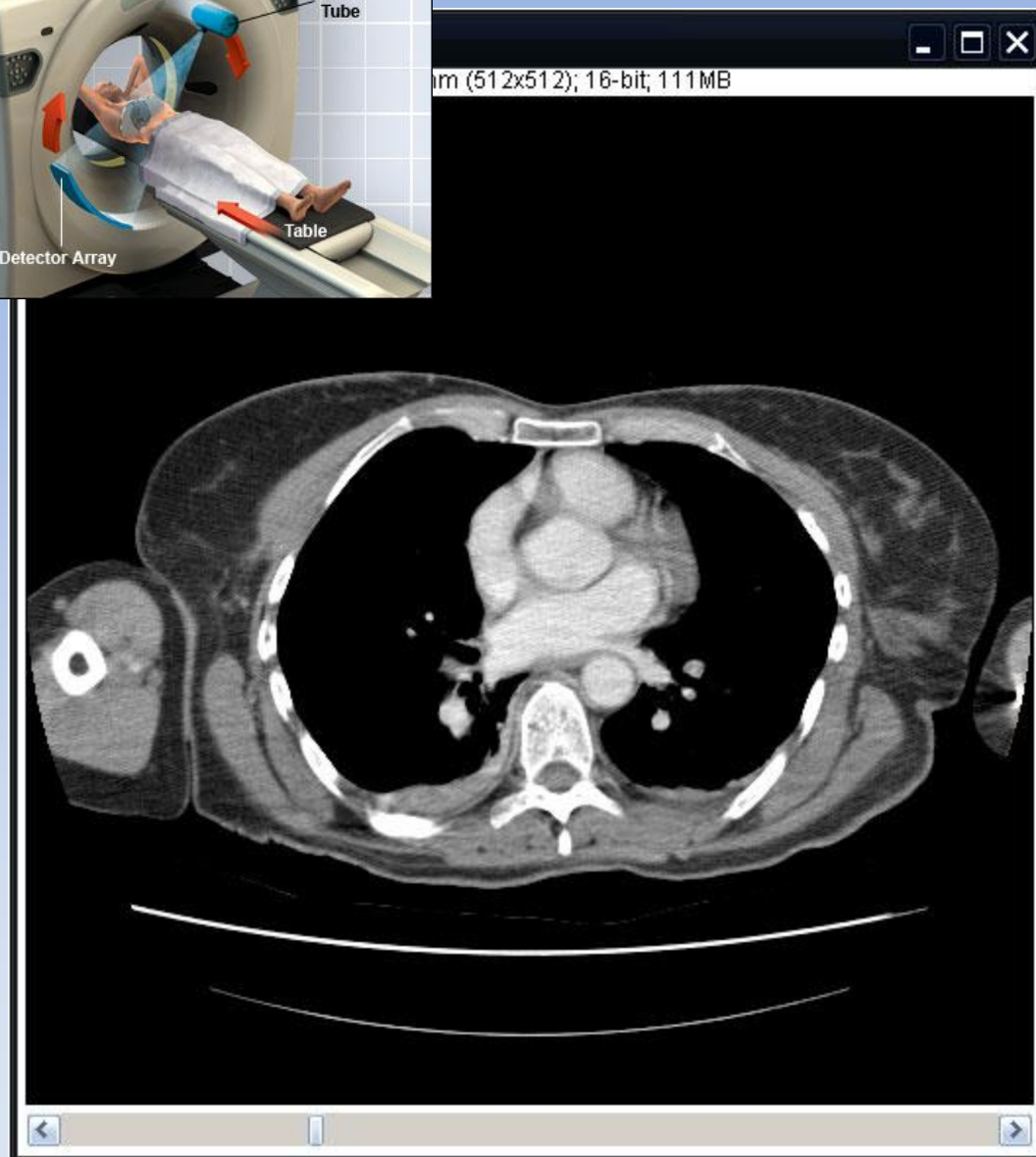
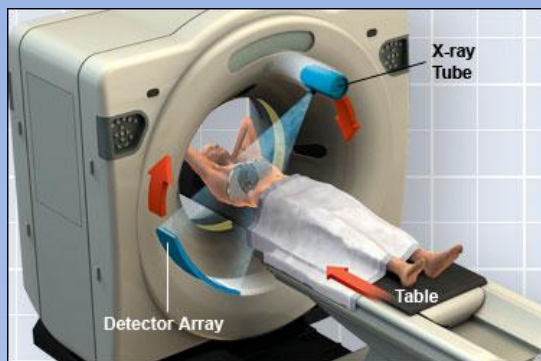
- $HU(\text{air}) = -1000$
- $HU(\text{water}) = 0$

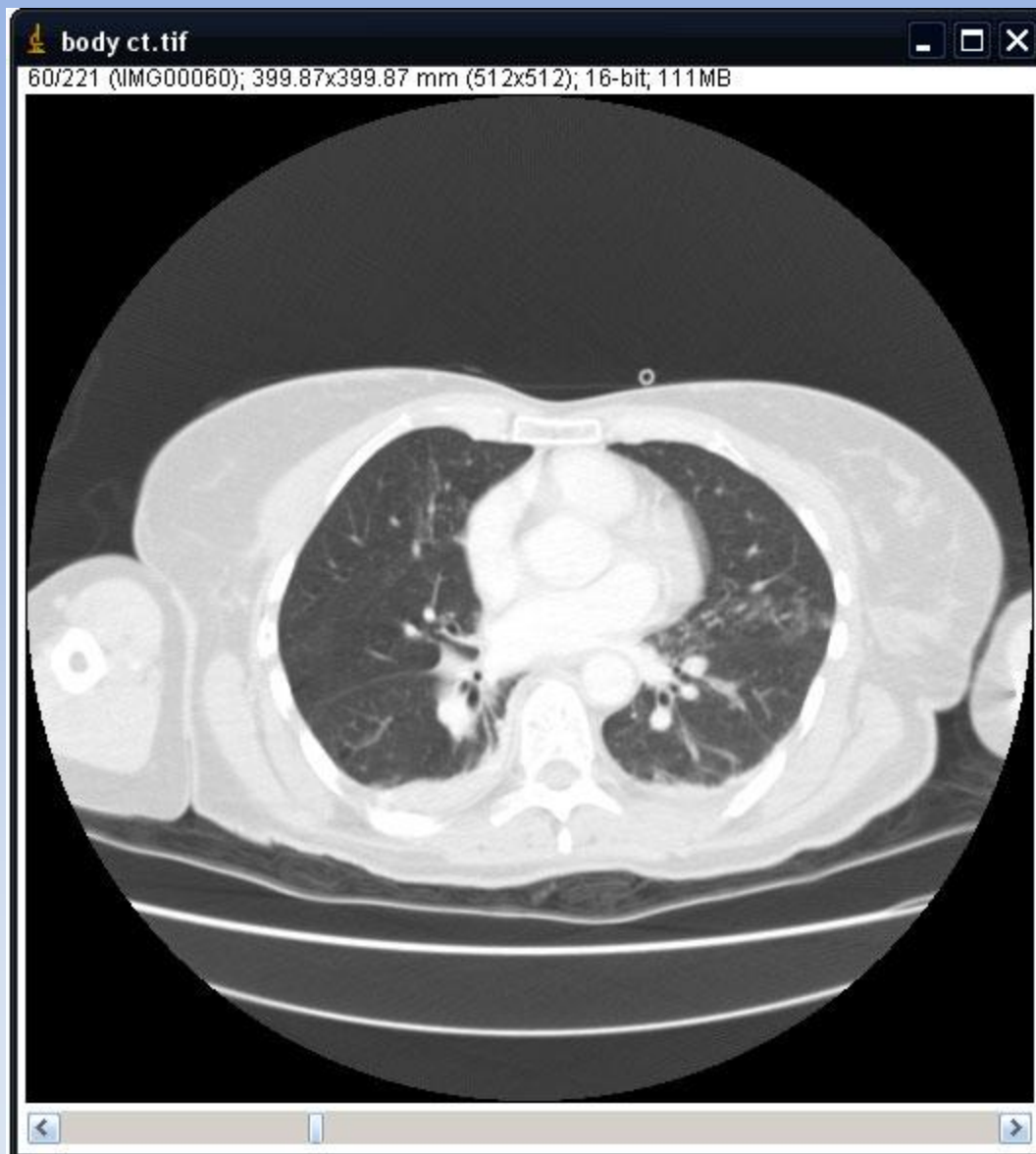
# test phantom



# measured CT Numbers

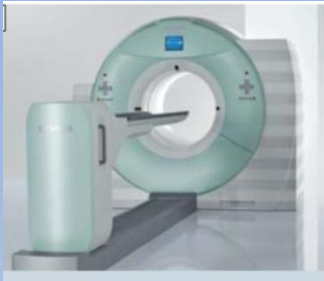




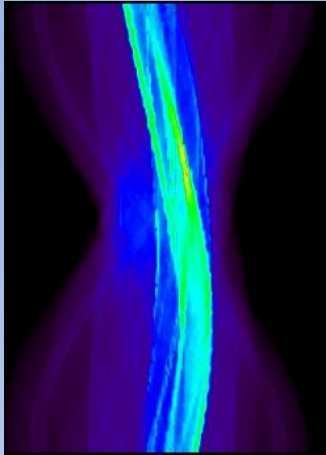




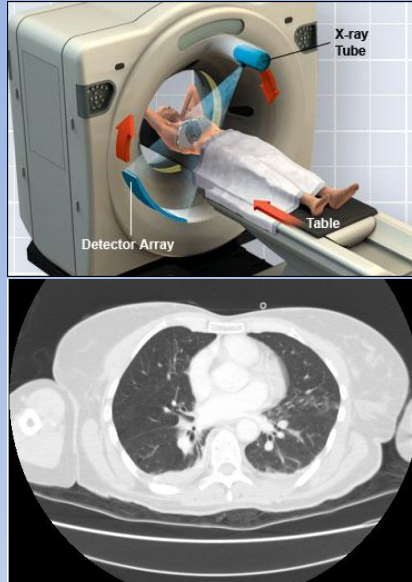
## PET calibration



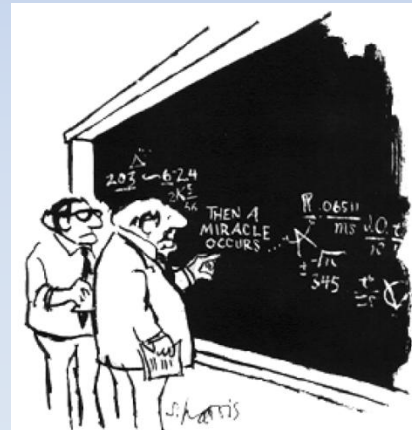
## PET acquisition



## CT acquisition

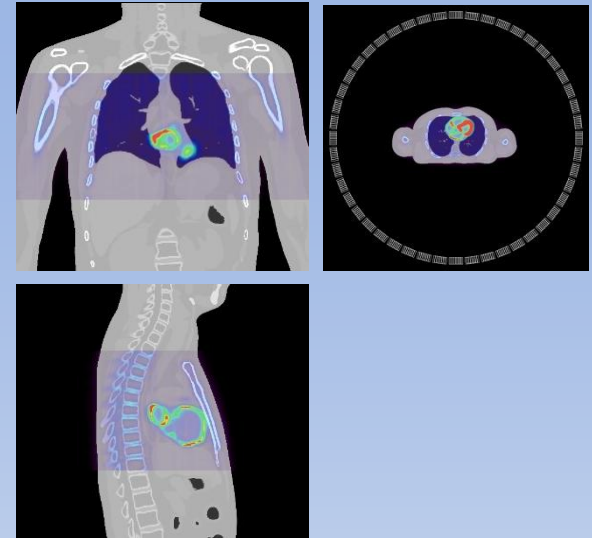


- HU to CT  $\mu$ 's
- CT  $\mu$ 's to  $\mu$ 's @ 511 keV

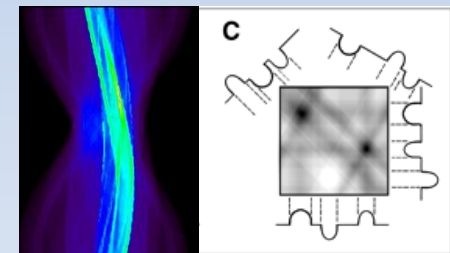


"I think you should be more explicit here in step two."

EMrecon: An Expectation Maximization Based Image Reconstruction Framework for Emission Tomography Data

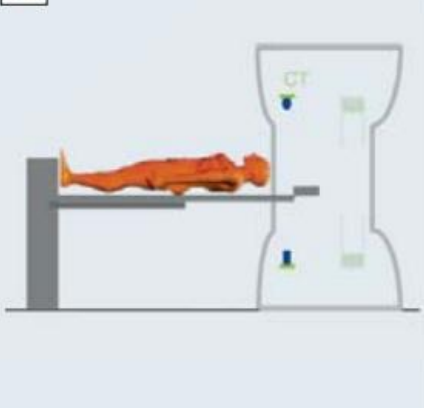
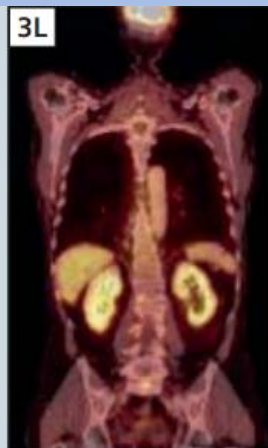


## Dose quantification



Back propagation algorithm  
including attenuation map



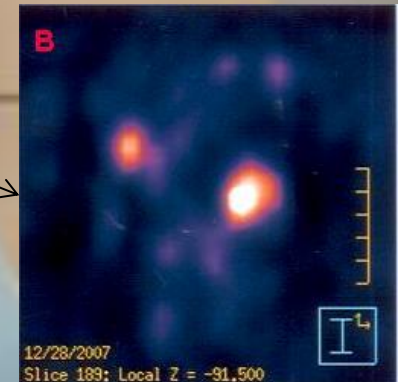
**3G****3H****3I****3J****3K****3L**

**3G-L** Schematic illustration of a standard PET/CT investigation: tracer injection, uptake time and patient positioning (**G**), topogram and scan range definition (**H**), CT acquisition for attenuation correction (**I**), emission scan (**J**), contrast-enhanced CT scan (**K**) and image reconstruction/fusion (**L**).

# PET functional & CT anatomy imaging

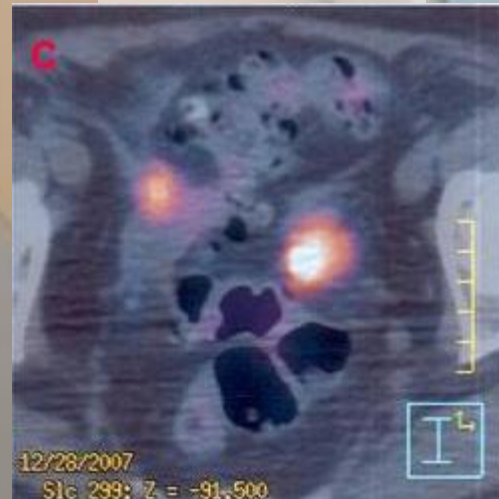


Anatomy and attenuation



Metabolism

PET – CT fusion



# PET cameras, a status report

- Positron Emission Tomography Products
- Acquisition
- Quantification



Based on material from :

- Etat de l'art sur les caméras TEP, Pierre Malik Koulibaly, Medical Physicist, Centre Antoine Lacassagne, Nice, France
- Development of Hybrid Imaging, Uwe Pietrzyk, research center Jülich and University of Wuppertal, Germany

# PET/CT Products

Three main suppliers :



And also :



**3A-F** Current commercial PET/CT systems: **(A)** Discovery series from General Electrics Healthcare, **(B)** Gemini series from Philips Healthcare, **(C)** Biograph mCT from Siemens Healthcare, **(D)** Acquiduo series from Toshiba Medical Systems, **(E)** Sceptre series from Hitachi Medical Systems, **(F)** Anyscan from Mediso (this device can be combined with a SPECT to form a triple-modality imaging system). Variations apply to the individual performance parameters of PET and CT.



Discovery  
ST, STE, STX

Optima  
560

Discovery  
600

Discovery  
610

Discovery  
690

Discovery  
710

High Level  
Range

BGO

BGO  
View Point HD

BGO  
Time of flight  
Sharp IR

LYSO  
Time of flight  
Sharp IR

LYSO  
Time of flight  
Sharp IR

Gemini  
LXL

Gemini TF  
(Big Bore)

TruFlight  
Select

Astonish  
TF

Ingenuity  
TF

High Level  
Range

LYSO

LYSO  
Time of flight

LYSO  
Time of flight

LYSO  
Time of flight  
Astonish TF

LYSO  
Time of flight  
Astonish TF

Biograph

Biograph  
TruePoint

Biograph  
mCT Excel

Biograph  
mCT

High Level  
Range

LSO

LSO  
4<sup>th</sup> ring

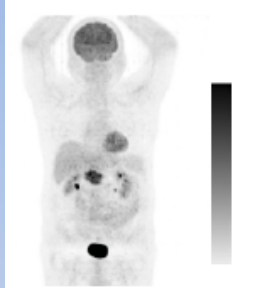
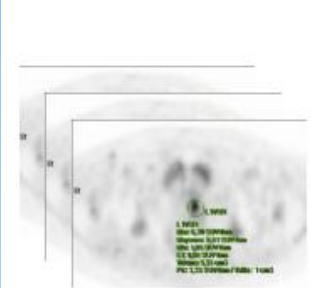
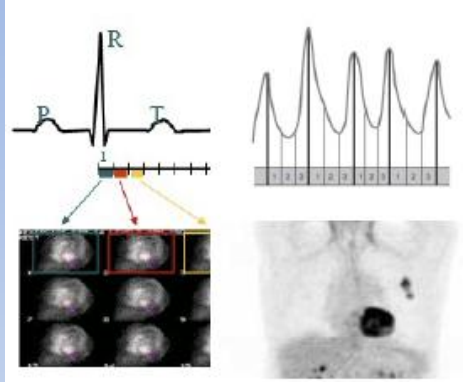

LSO  
Time of flight  
HD-PET

LSO  
Time of flight  
HD-PET

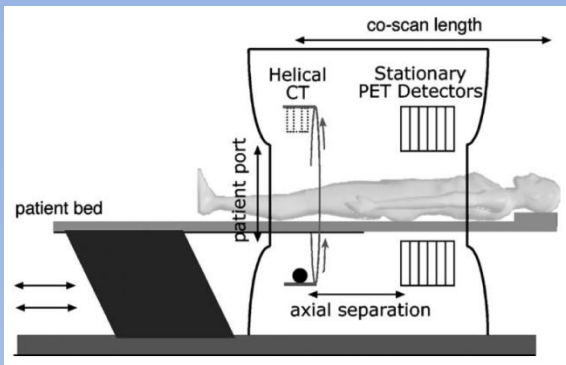
PHILIPS




SIEMENS

## Available acquisition modes

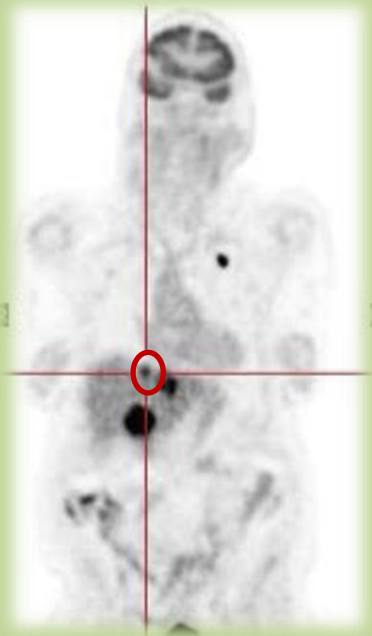
	Static	Dynamic	Gated
	 <p>18F-FDG</p>	 <p>18F-Choline</p>	
	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
<b>PHILIPS</b>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
<b>SIEMENS</b>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>





TEP module	Discovery 710 	Ingenuity TF 	Biograph mCT 
Crystal type	LYSO	LYSO	LSO
Crystal size	$4.7 \times 6.3 \times 30 \text{ mm}^3$	$4 \times 4 \times 22 \text{ mm}^3$	$4 \times 4 \times 20 \text{ mm}^3$
Number of crystals	13,824	28,336	32,448
Patient scan range	188 cm	194 cm	198 cm
Patient port	70 cm	70 cm	78 cm
Axial field of view	15.7 cm	18 cm	21.6 cm
time measurement resolution	550 ps	495 ps	555 ps
Coincidence window to accept events	4.9 ns	3.8 ns	4.1 ns
Energy window to accept events	425-650 keV	440-665 keV	435-650 keV
System sensitivity	7 cps per kBq	7.4 cps per kBq	9.5 cps per kBq
Transverse spatial resolution @ 1 cm	4.9 mm	4.7 mm	4.4 mm
Transverse spatial resolution @ 10 cm	6.3 mm	5.2 mm	4.9 mm
Axial spatial resolution @ 1 cm	5.6 mm	4.7 mm	4.5 mm
Axial spatial resolution @ 10 cm	6.3 mm	5.2 mm	5.9 mm

Quantification : extracting a physical value from an image  
In PET, it could be the uptake value of FDG in a given volume.

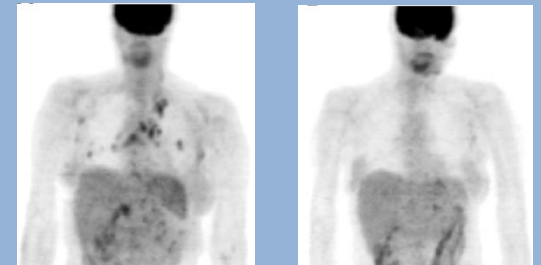


Measurement of the concentration of a radioelement within a ROI (MBq/kg)

**Prognostic** : provides information on tumor grade  
(survival probability)



**Therapeutic actions** : visible slow down in the glucose uptake is a good indicator of an efficient treatment.



PET images have to be corrected from all distortions

## Quantification in PET : Standard Uptake Value (SUV)

SUV is calculated over a region of interest

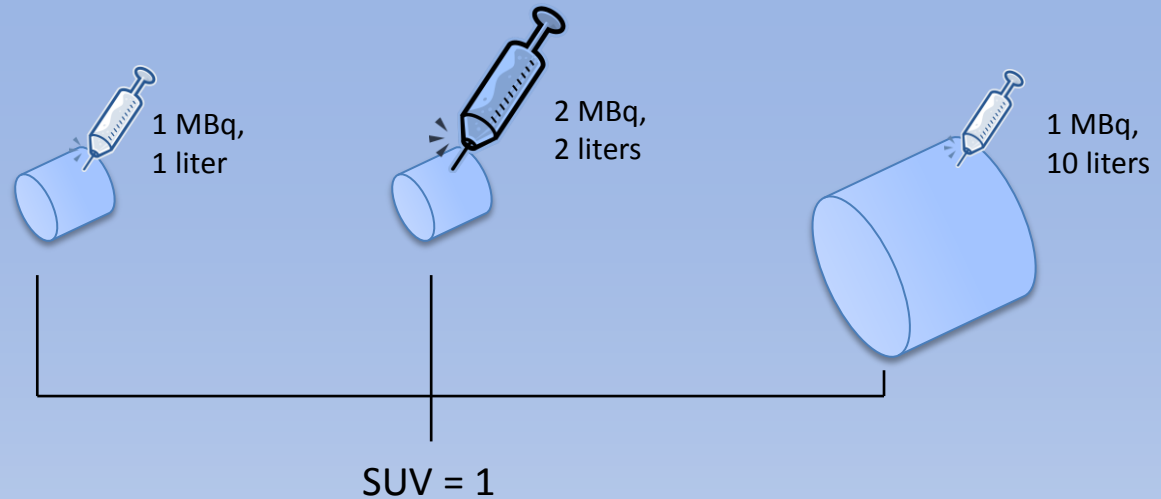
It is defined as follows :

$$\text{SUV} = \frac{\text{concentration of radiotracer (kBq/ml)}}{\text{Injected dose (kBq)/patient weight (g)}}$$

SUV is a precious common tool (quoted in all studies), even if not very accurate

- Injected dose is estimated with an accuracy of 5 -10 %
- The patient weight is known to a few percent
- The radiotracer fixation is estimated after many corrections

3 phantoms filled  
with homogeneous  
dilution



$SUV = 1$  indicates an homogenous spread of the radiotracer within the body. Any deviation from this value is a sign of hyper fixation.

# Why is quantification so difficult to estimate ?

## Patient side

- Spatial displacements (patient is moving, breathing, heart beating)
- Compton scattering
- Photon attenuation
- Random coincidences



## PET side

- Detectors response non uniform
- Spatial resolution not constant
- Dead time
- Partial volume effect

## Isotope decays

- Decreasing activity

## Reconstruction algorithm

- Bias and nonlinearities

# Corrections to reach correct quantification

## Patient side

- Breathing : triggered acquisition (gating)
- Heart beat : gating
- Attenuation : HU from CT-map to  $\mu$
- Compton scattering : estimated then subtracted
- Random coincidences : estimated then subtracted

## PET side

- Detector uniformity : normalization
- Arc geometry : transverse and longitudinal normalization
- Dead time : estimate real counting rate
- Spatial resolution not constant : measure the Point Spread Function
- Spatial resolution not constant : measure the Depth Of Interaction
- Partial volume effect : correction function

## Isotope decays

- Decreasing activity : compensate for exponential decrease

## Reconstruction algorithm

- Bias and nonlinearities : algorithm correction



# Corrections to reach correct quantification : breathing

Breathing induces 15-20 times a minute shifts with an amplitude up to 5 cm.

Shifts due to breathing affects many organs, in particular lung and liver

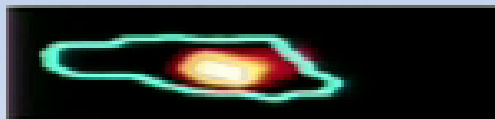
As a consequence, the volume and the intensity of the fixating target will be distorted.



Lung PET image



Tumor displacement



Fixed tumor

**Apparent tumor volume**

**increased by 10 to 30 %**

**Intensity of absorbed activity**

**drops by 5% to 100%**

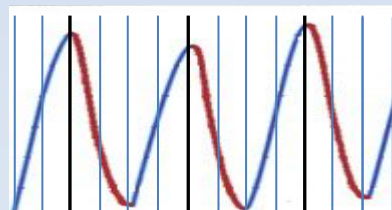
## Solution :

Gating techniques are adapted to respiratory motion

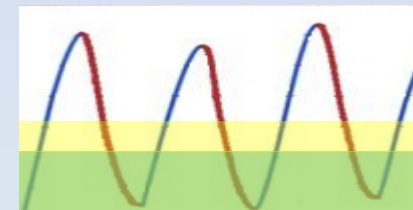
Chest amplitude checked :

- a belt around the patient chest measures the abdominal volume
- the motion of multiple fiducial markers are tracked simultaneously in two-dimensions (in the vertical plane) using a standard video camera.

**Time splitting :** The motion is split into different phases and images are reconstructed for each phase of the cycle.



**Amplitude splitting :** images are recorded if the motion lies between adjustable lower and upper limits



## Belts for respiratory motion monitoring

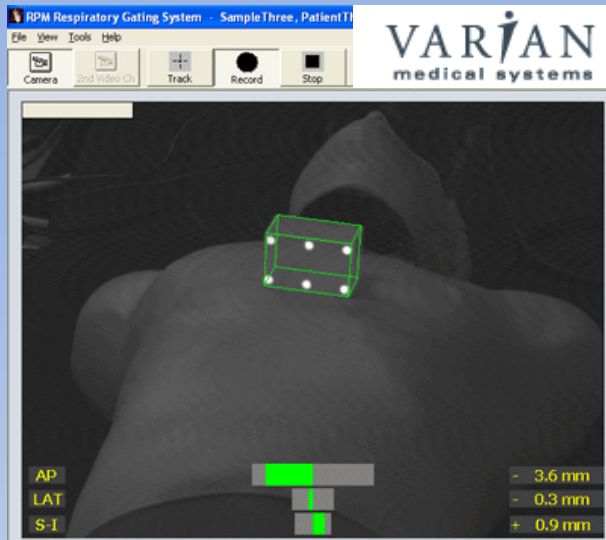
**PHILIPS**



Deformable belt that when placed across the patient's chest/abdomen measures abdomen circumference. It generates a breathing signal corresponding to the expansion and contraction of the abdomen. The breathing signal is fed to the PET/CT system.

**SIEMENS** ANZAI system





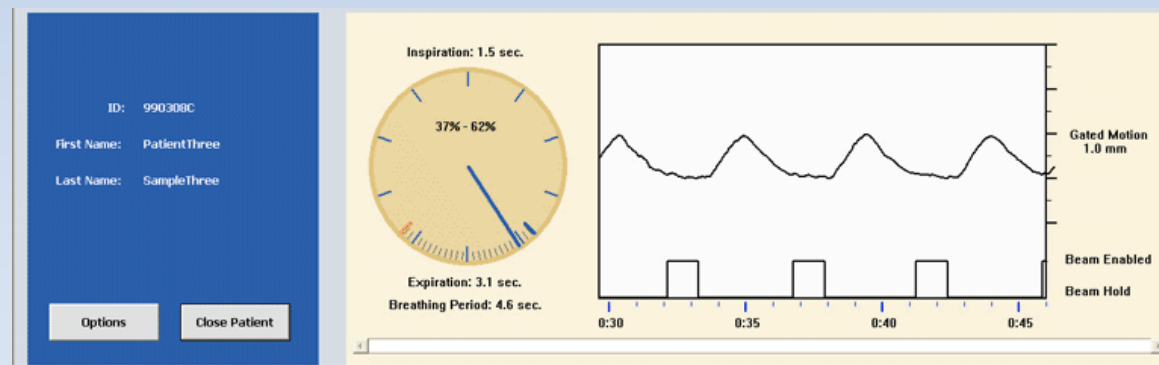
## Real-time Position Management (RPM) System :

(used in CT / simulator / clinac)

Reflective external marker placed on the abdomen of the chest

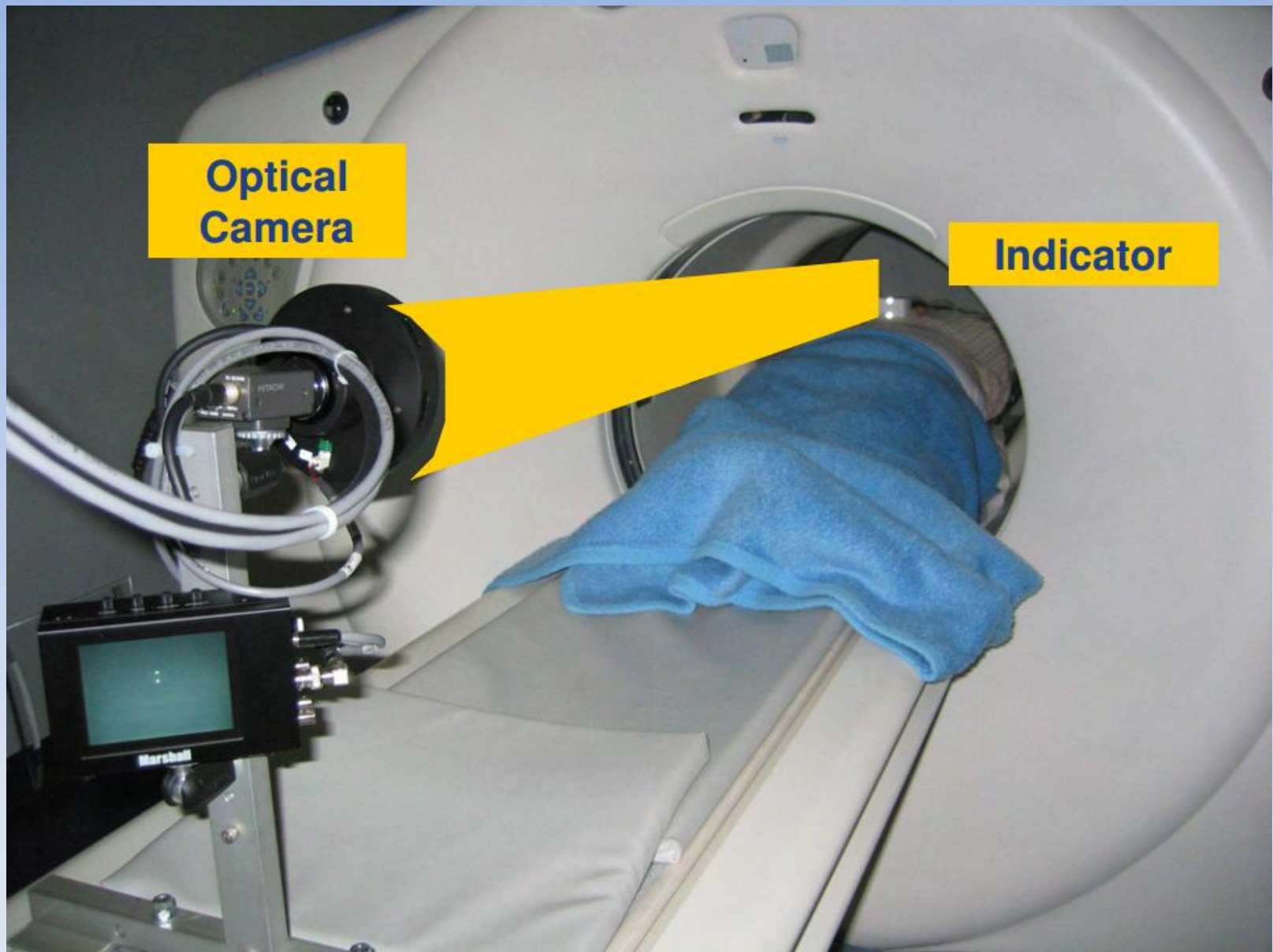
Infrared illuminator coupled with a CCD camera

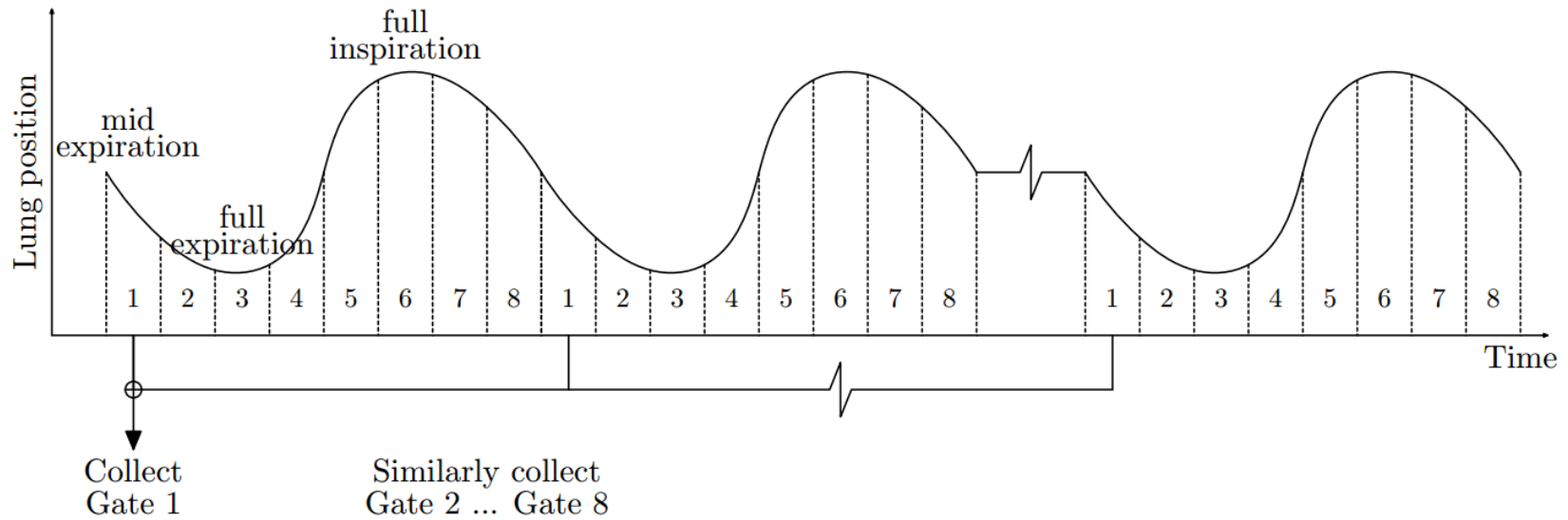
Workstation to process signals and generate triggers for PET CT acquisition.



**Optical  
Camera**

**Indicator**





Mid expiration triggers a sequence of 8 sub samples, or gates.

Gates created assuming a perfectly periodic breathing motion.

PET data are divided into a number of gates : “motion freeze”

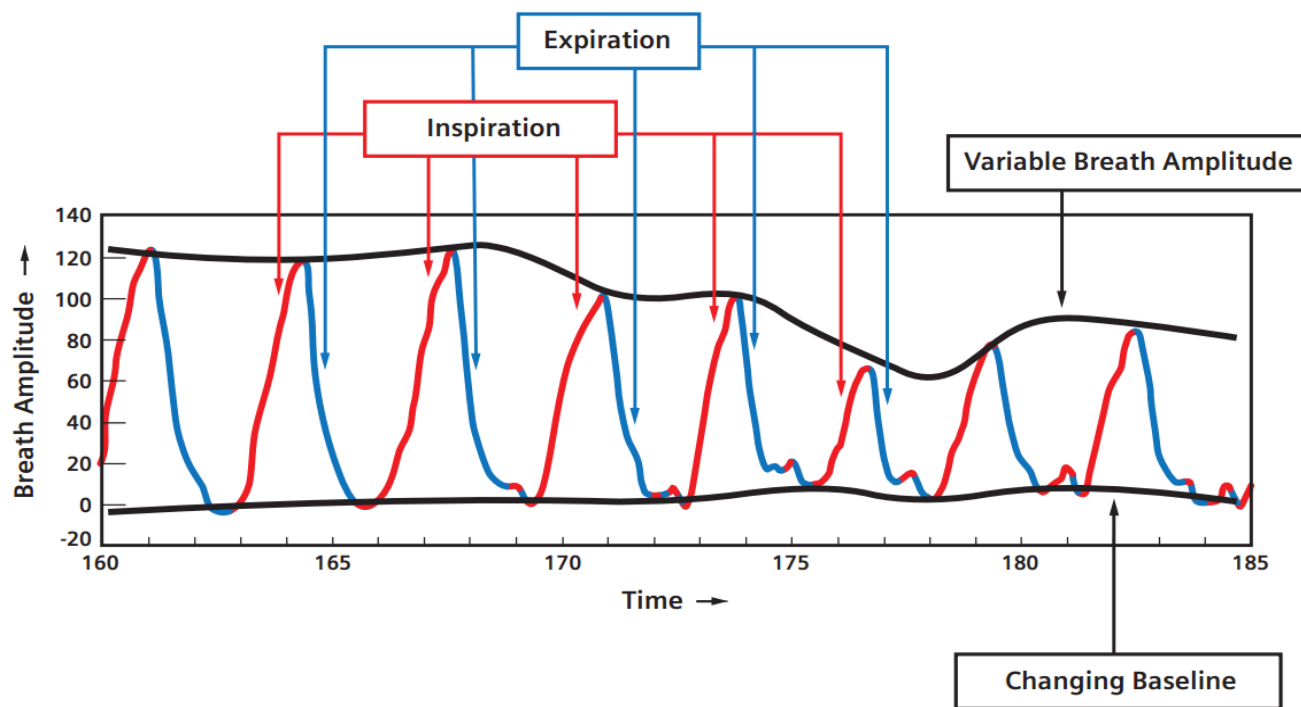
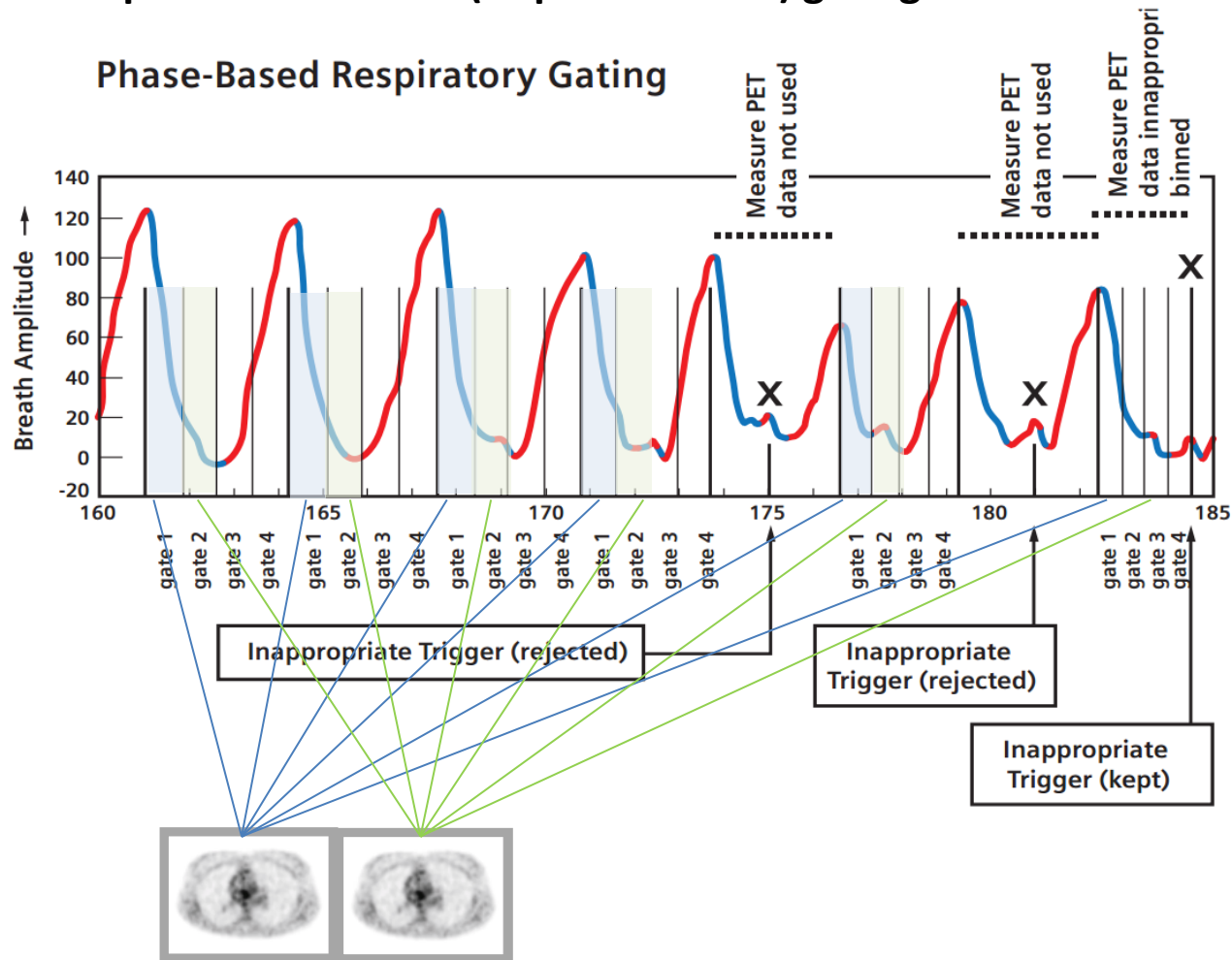


Fig. 1. Respiration signal vs. time in a 25-sec interval.



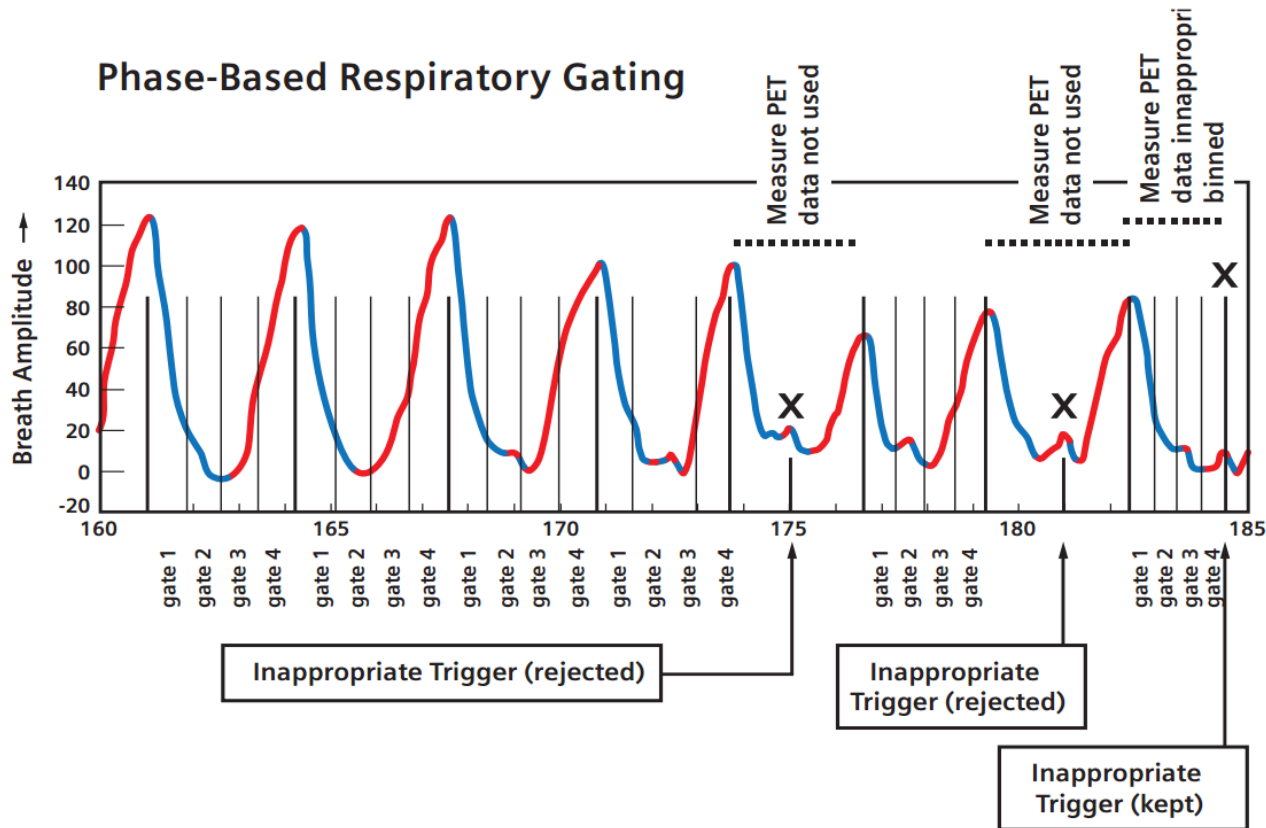
## Example of time based (or phase-based) gating



Set parameters at the beginning of the PET session :

- Trigger defined at the max. of respiratory motion (end of inspiration).
- Four gates are defined after the trigger.

Decide online whether or not to keep the data.



#### Time splitting :

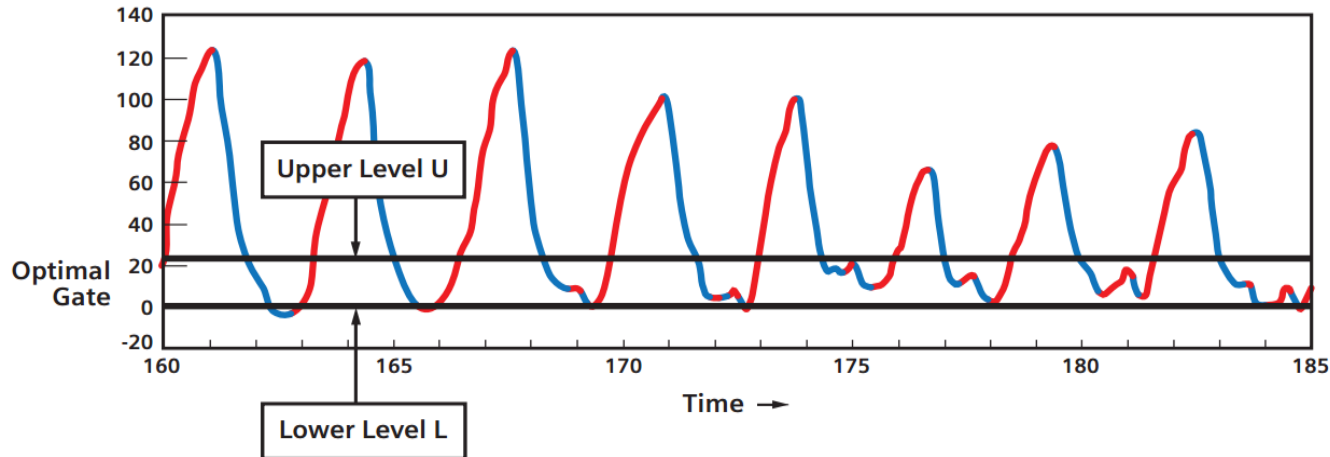
Splitting into different phases reduces the amount of available data : images are noisy.

Bad triggers will reject additional data, making the images noise worse

Some inappropriate triggers are kept, mixing bad data with good data

## Example of amplitude based gating

### HD•Chest Optimal Respiratory Gating



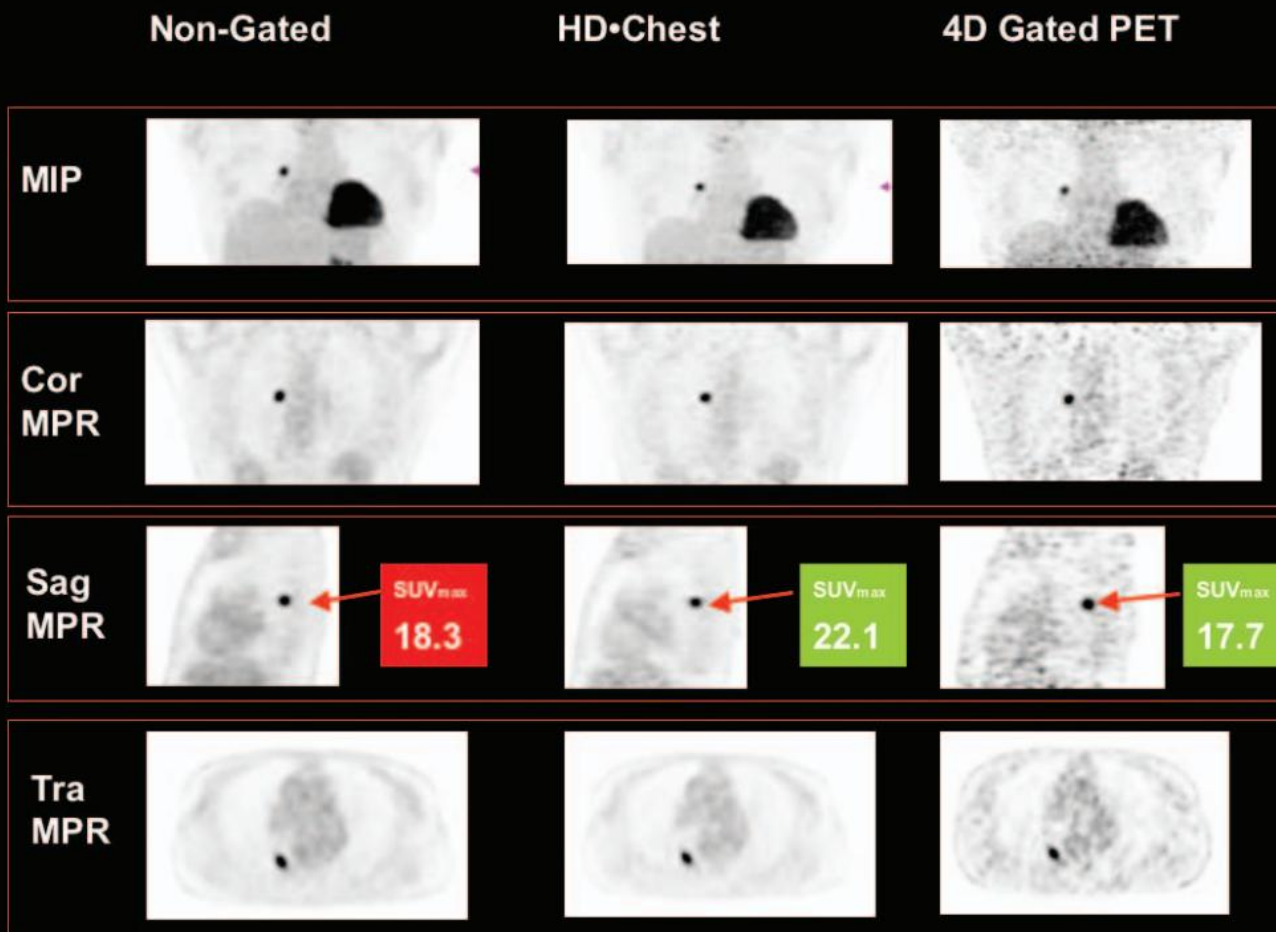
SIEMENS

#### Amplitude splitting :

SIEMENS HD Chest : acquisition is performed when the amplitude is above a lower level L but below an upper level U.

The user selects the percentage of data that will be kept, which set the value of U when L has been selected.

The data is analyzed at the end of the acquisition. After it has considers all possible L values, the computer determines which one gave the smallest range of respiratory motion. This determines the optimal setting for L and U,



**Figure 3.** A solitary pulmonary nodule in the posterior aspect of the right upper lobe, showing the improvement in SUV value with HD•Chest. Although the nodule is well delineated in the non-gated PET, respiratory motion related effects make the nodule appear slightly larger on the non-gated compared to the HD•Chest study. The HD•Chest study also shows higher SUV<sub>max</sub> compared with non-gated PET. (Data courtesy of University of Michigan)

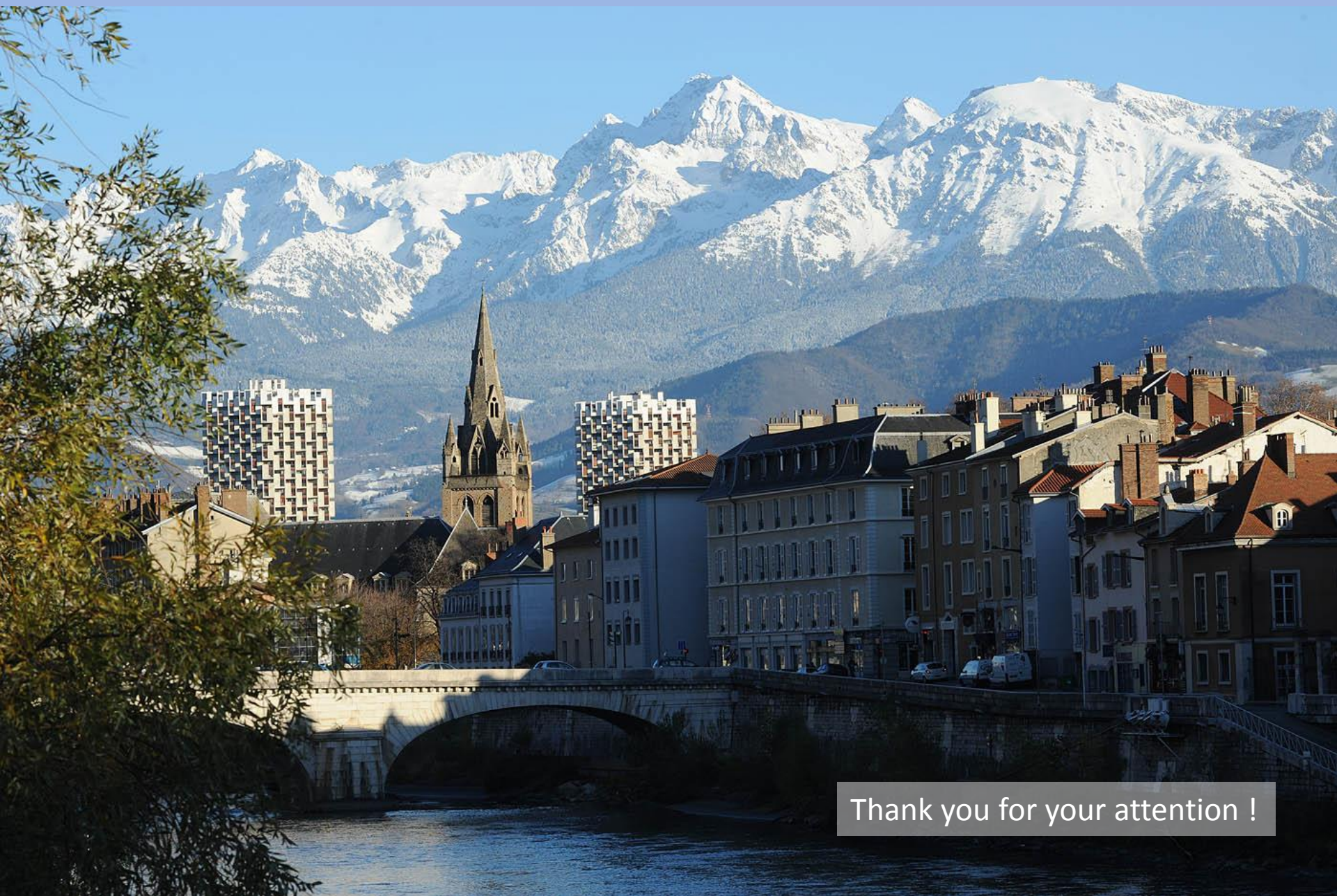
### Amplitude splitting : clear improvement in the SUV quality !

Apnea protocols with spirometer are being tested on selected patients (PET : 20 sec. hold x 3 times, CT : one 5s hold). Reduces acquisition time but gives results similar or worse as compared with gated acquisitions.

## Conclusion

- PET is evolving rapidly in many aspects (quantification, image quality, PET/CT)
- Mastering its features is at least a ½ full time job for a medical physicist :
  - Commissioning (individual and geometrical efficiencies)
  - Correction from natural organ motions and systematic effects to achieve proper SUV quantification :
    - 4D-CT,
    - amplitude based PET acquisition,
    - partial volume correction
- PET, a precious tool in nuclear medicine





Thank you for your attention !